

# NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE

2017<sup>v2</sup>

~~HUNGER~~  
FREE  
NYC

Including information on SNAP/Food Stamps,  
Meals for Kids, Senior Meals, Soup Kitchens, Food  
Pantries, Farmers' Markets, and more...

# ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER  
FREE NYC TO CONNECT THOSE IN NEED  
WITH FREE COMMUNITY RESOURCES.  
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, [www.hungerfreenyc.org/guides](http://www.hungerfreenyc.org/guides).

To order additional copies of this guide, call (646) 350-3833 or send us an email at [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).

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# SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

## TERMS

### EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

### SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."




## WHAT SHOULD I KNOW?

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- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 18.

## AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) <sup>1</sup>	MAX. MONTHLY SNAP BENEFITS <sup>2</sup>
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	<sup>1</sup> In effect 10/1/16 - 9/30/17.	<sup>2</sup> In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

## IMMIGRANT ELIGIBILITY

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Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

## HOW TO APPLY

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### Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

#### **Hunger Free NYC**

646 355 1475 & 646 350 1104

**2****ACCESSNYC**

Apply online at:

[www.nyc.gov/accessnyc](http://www.nyc.gov/accessnyc)

**3****Visit Your Local HRA Office**

Apply at a SNAP office near you:

**1 Richmond SNAP Center**

201 Bay St., 1st Floor, 10301

718 722 8013

**Mon-Fri** 8:30am-6pm, **Sat** 9am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



# FOOD FOR KIDS

## WOMEN, INFANTS & CHILDREN

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**WIC** is the Women, Infants & Children Program.

### QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

### HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

#### 2 Richmond University Medical Center

355 Bard Ave., 10310

718 818 2373

**Mon-Fri** 9am-3pm

#### 3 Northwell Health Physician Partners WIC Program - Bay Street

57 Bay Street., 2nd Floor, 10301

718 226 5235

**Mon-Fri** 9am-5pm

#### 4 Richmond University Medical Center- Mid-Island WIC

1775 Richmond Ave., 10314

718 818 2372

**Wed** 9:30am-1:30pm



**5 Northwell Health Physician Partners WIC Program - SIUH**

475 Seaview Ave., 10305

718 226 6270

**Mon-Fri** 9am-5pm**6 Staten Island University Hospital South WIC Program**

375 Sequine Ave., 10309

718 226 2461

**Wed** 8am-4pm**SCHOOL & SUMMER MEALS**

**SFSP** is the Summer Food Service Program, also known as Summer Meals.

**QUICK FACTS**

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit [www.schoolfoodnyc.org](http://www.schoolfoodnyc.org) for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



# JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

## EMPLOYMENT & TRAINING

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Visit the following sites to find out more about training and education programs across the city:

[www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml](http://www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml)

[www1.nyc.gov/site/hra/help/types-training-education.page](http://www1.nyc.gov/site/hra/help/types-training-education.page)



# SENIOR MEALS

## MEALS AT SENIOR CENTERS

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Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

### **FIND YOUR LOCAL SENIOR CENTER**

Call 311 and be prepared to provide your ZIP code to the operator.

## MEALS-ON-WHEELS PROGRAM

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If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

### **HOW TO APPLY**

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



# SOUP KITCHENS



# FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

## **NORTH SHORE**

10303, 10302, 10310

### **7 City Harvest Mariner's Harbor Mobile Market**

Basketball court at 22 Rockbury St., 10303

646 412 0600

**Mobile Market Pantry: 1st Wed, 3rd Sat 9:30am-11:30am**

Open only to residents of the Mariner's Harbor Houses, Todt Hill or West Brighton Houses, Arlington Terrace Apartments, Zip codes 10302, 10303, 10310 and 10314 only. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the MobileMarket Hotline at 866 444 0244.

### **8 Project Hospitality Mobile Pantry - St. Michael's Church**

207 Harbor Road, 10303

**Food Pantry: 4th Sun 1:00pm**

Come on time, pantry is mobile.

- 9 Catholic Charities Mobile Food Pantry - Anderson Avenue**  
120 Anderson Avenue, 10302  
718 448 5757 x17  
**Mobile Food Pantry: Tue** 1pm-3pm
- 10 Faith United Methodist Church**  
221 Heberton Ave, 10302  
718 442 5684  
**Food Pantry:** Call for an appt. Ask for Bill or Norcie Morris
- 11 Project Hospitality - El Centro De Hospitalidad**  
1546 Castleton Ave, 10302  
718 815 5538  
**Food Pantry: Thu** 4pm-5:30pm, **Sat** 9am-10:30am  
Please bring your own bags.
- **12 Community Health Action of Staten Island**  
2134 Richmond Terrace, 10302  
718 808 1870  
**Food Pantry: Tue** 10am-2pm (Seniors' Day), **Wed** 12pm-4pm,  
**Fri** 2pm-6pm, **Sat** 10am-2pm  
Photo ID and proof of family size required. Please bring bags as they are not always available.
- 13 Rescue Ministries/Ministerio Rescate**  
2083 Richmond Terrace, 10302  
718 448 4454  
**Soup Kitchen: Tue, Thu** 11:30am-1pm  
**Food Pantry: Tue, Thu** 8:30am-1pm  
Closed major holidays.
- 14 Salvation Army Port Richmond Corps**  
1295 Forest Ave, 10302  
718 442 2145 x203  
**Soup Kitchen: Tue-Thu** 11:30am-1pm  
**Food Pantry: Mon, Tue, Thu** 10am-2pm  
Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301-10303, 10310, 10311, 10313, 10314.

**15 Project Hospitality Mobile Pantry - Shiloh AME Zion Church**

779 Henderson Ave., 10310

718 447 0261

**Food Pantry: 1st Sun** 1:00pm

Come on time, pantry is mobile.

**ST. GEORGE, STAPLETON, THE HILLS**

10301, 10304, 10314

**16 Catholic Charities Mobile Food Pantry at St. Peter's Church**

53 St. Mark's Place, 10301

718 448 5757

**Mobile Food Pantry: Tue** 1pm-2pm

**17 Council of Jewish Organizations**

382 Jersey St., 10301

718 720 4047

**Food Pantry: Mon, Tue, Thu, Fri** 10am-2pm

ID and proof of residence required.

**18 New Brighton Church of God in Christ**

386 Jersey Street, 10301

**Food Pantry: Sat** 10am-1pm

ID preferred. One bag of food per family.

**19 Project Hospitality Mobile Pantry - Jersey St. & Benziger Ave.**

Jersey St. & Benziger Ave., 10301

**Food Pantry: Mon** 12:30pm

Come on time, pantry is mobile.

**20 Our Lady of Good Counsel Church**

42 Austin Place, 10304

718 447 1503

**Food Pantry: Sat** 10am-11am

Photo ID and proof of address for household members required first time.

**21 Trinity Lutheran Church**

309 St. Pauls Ave., entrance at 175 Beach St., 10304  
718 447 0526

**Food Pantry: Sat** 11am-1 pm

**Soup Kitchen: Sat** 12pm-1 pm

**22 Project Hospitality**

514 Bay St., 10304

718 815 0800

**Soup Kitchen: Tue, Thu** 12pm-1pm

**Food Pantry: Tue** 9am-11am, 1pm-3pm; **Thu** 9am-11am

Photo ID and proof of address required, bring your own bags.

**23 United Church of Praise Healthy Heart**

32 Sands Street, 10304

**Food Pantry: Sun, Fri** 1pm-3pm

ID and proof of address for family members required.

**24 Project Hospitality Mobile Pantry - Family Restoration Ministries**

70 Beach St., 10304

**Food Pantry: 3rd Sun** 9:30am

Come on time, pantry is mobile.

**25 Salvation Army Stapleton**

15 Broad Street, 10304

718 448 8480

**Soup Kitchen: Mon, Fri** 11:30am-1pm

**Food Pantry: Tue-Thu** 12:30pm-3pm by appointment (appt. not needed first visit).

ID with proof of address required. Closed all major federal holidays.

**26 Catholic Charities/Rusty Staub Mobile Food Pantry at Immaculate Conception Church**

128 Targee St., 10304

718 447 6330

**Food Pantry: Tue** 10am-11am

## **27 Stapleton Union AME Church**

49 Tompkins Ave, 10304

718 273 2857

**Soup Kitchen: Mon** 3pm-4pm, **Wed** 12pm-1pm

**Food Pantry: Tue, Fri** 10am-1pm

ID required for all household members for pantry. Kids afterschool program Tue, Wed 3pm-5pm with pantry bag to take home after. Clothing distribution Thu 7am.

## **28 City Harvest Stapleton Houses Mobile Market**

Tennis Courts behind 75 Hill Street in Stapleton Houses, 10304  
866 444 0244

**Mobile Pantry: 1st Tue, 3rd Sat** 9:30am-11:30am

Open only to participants in programs at the Stapleton Houses Sr Ctr, those w/ a student at IS 49, residents in Berry, Cassidy Coles, New Lane, Richmond Terrace, South Beach, or Stapleton Houses, or residents of 10301, 10304, 10305, 10310. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the MobileMarket Hotline at 866 444 0244.

## **29 Project Hospitality Mobile Pantry - Vanderbilt Ave. Moravian Church**

285 Vanderbilt Ave., 10304

**Food Pantry: Thu** 12:30pm

Come on time, pantry is mobile.

## **30 Project Hospitality Mobile Pantry - African Refuge Center**

185 Park Hill Ave., 10304

**Food Pantry: Wed** 12:30pm

Come on time, pantry is mobile.

## **31 Staten Island Liberian Community**

180 Park Hill Ave., Lobby C, 10304

718 496 7492

**Food Pantry: Wed** 2pm-4pm

ID preferred.



**32 Christian Pentecostal Church**

910 Richmond Rd. (entrance in rear), 10304

718 273 5850

**Food Pantry: Tue, Wed** 6pm-8pm

Photo ID required for registration. Serves residents of Staten Island.

**33 All Saints Church Episcopal Ministry**

2329 Victory Blvd., 10314

718 698 1338

**Food Pantry: Mon-Wed, Fri** 10am-12pm**34 Jewish Community Center of Staten Island**

1466 Manor Rd., 10314

718 475 5242

**Food Pantry: Mon-Thu** 10:30am-6:30pm; **Fri** 10am-12pm

All pantry pick-up by appointment only, ID required.

**EAST AND SOUTH SHORE**

10306, 10309, 10307

**35 Project Hospitality Mobile Pantry - Our Lady of Lourdes Chapel**

130 Cedar Grove Ave., 10306

**Food Pantry: 3rd Sun** 10:30am

Come on time, pantry is mobile.

**36 St. Edward's Food Pantry**

6581 Hylan Blvd., 10309

718 984 1625

**Food Pantry: Mon, Wed, Sat** 10am-1pm

Photo ID, proof of address and proof of household required first time. Can come to pantry once every two weeks.

**37 St. Paul's Methodist Church South Shore Food Pantry**

7558 Amboy Road, 10307

718 227 2485

**Food Pantry: Wed, Thu** 9am-1pm

Call first for appointment. Proof of address required.

**38 Project Hospitality Mobile Pantry - St. Stephen's Episcopal Church**

7516 Amboy Rd., 10307

**Food Pantry: 2nd Sun** 1:00pm

Come on time, pantry is mobile.



# FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

## FARMERS' MARKETS

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All farmers' markets listed accept EBT/SNAP (food stamps).

### **39 St. George Greenmarket**

Hyatt St. & St. Mark's Place, 10301

**Sat** 8am-2pm, year round

### **40 Staten Island Mall Greenmarket**

Marsh Ave. and Ring Rd., 10314

**Sat** 8am-3pm, May 6-Dec 23

## CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

### Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

**Contact:** [info@corbinhillfarm.com](mailto:info@corbinhillfarm.com), 646 254 2250

**Web:** [www.corbinhillfoodproject.org/new-farm-share/](http://www.corbinhillfoodproject.org/new-farm-share/)

### Just Food

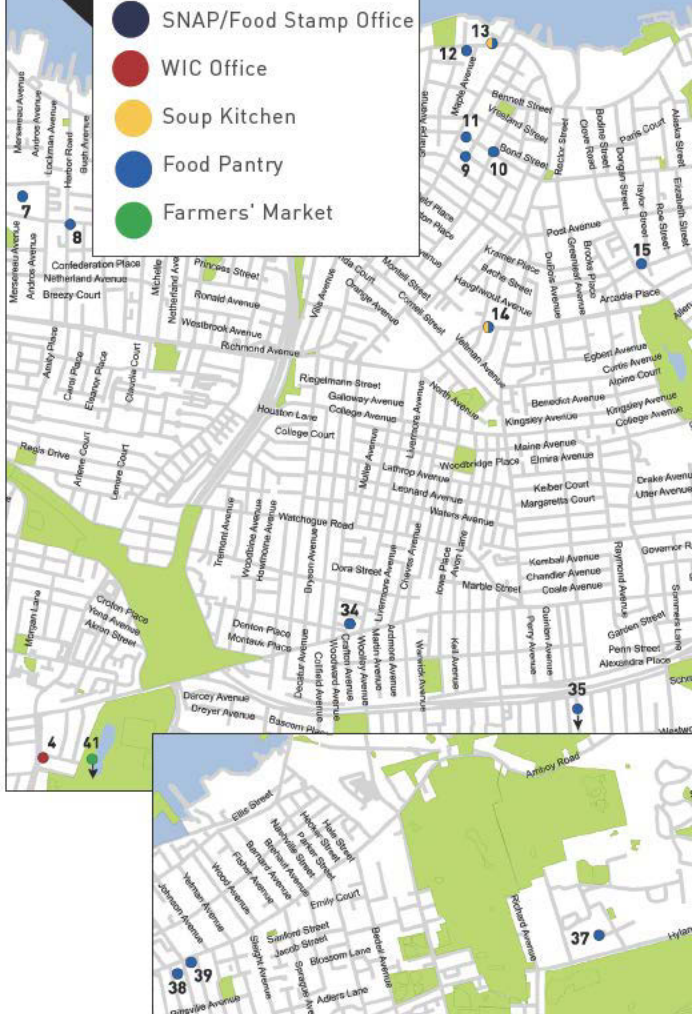
Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

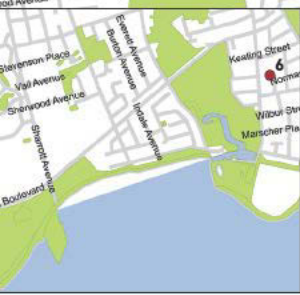
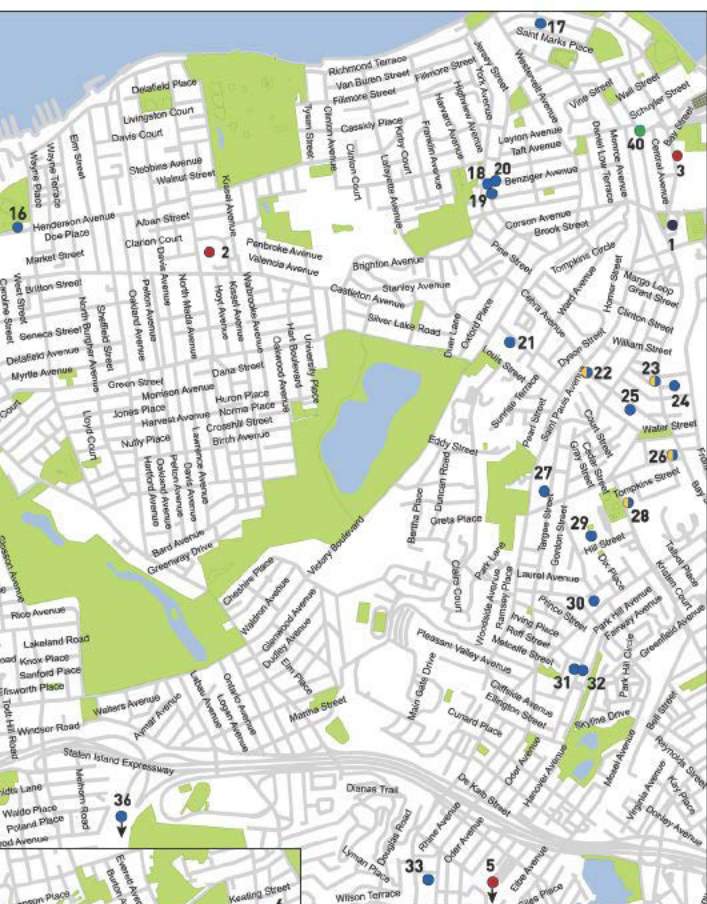
**Contact:** [info@justfood.org](mailto:info@justfood.org), 212 645 9880

**Web:** [www.justfood.org/csaloc](http://www.justfood.org/csaloc)

# KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market





# OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

## MEDICAL CARE

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### **Staten Island University Hospital North**

475 Seaview Ave., 10305  
718 226 9000

### **Staten Island University Hospital South**

375 Seguire Ave., 10309  
718 226 2000

### **Stapleton Family Health Center**

111 Canal St., 10304  
718 390 0712

### **Marine Harbor Family Health Center**

2040 Forest Ave., 10303  
718 761 2060

### **Richmond University Medical Center**

355 Bard Ave., 10310  
718 818 1234

### **Community Health Center of Richmond**

235 Port Richmond Ave., 10302  
718 876 1732

## HEALTH INSURANCE

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### **Affinity Health System**

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

**General Info** 866 694 9809

## LEGAL ASSISTANCE

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### **The City Bar Justice Hotline**

212 626 7383

**Mon–Thu** 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

### **www.lawhelpny.org**

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

## EMERGENCY NUMBERS

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**National Hunger Hotline** 866 3-HUNGRY (866 348 6479)

**NYC Hunger Hotline** 866 888 8777

**Police, Fire or Ambulance:** 911

**Emergency Shelter:** 311

**Homeless Hotline:** 800 994 6494, 212 533 5151

**Immigration Hotline:** 212 419 3737, 800 566 7636

**Center for Disease Control:** 800 232 4636

**Poison Control:** 800 222 1222

**AIDS Hotline:** 800 541 AIDS, 800 233 7432 (Spanish)

**Alcoholics Anonymous:** 212 647 1680

**Narcotics Anonymous:** 212 929 6262

**Gamblers Anonymous Hotline:** 855 222 5542

**Domestic Violence Hotline:** 800 621 4673

**Battered Women Hotline:** 718 499 2151

**Rape & Sexual Assault Hotline:** 212 423 2140, 212 227 3000

**Child Abuse Hotline:** 800 342 3720

**Runaway Hotline:** 800 786 2929 (800 RUN AWAY)

**Crime Victim Hotline:** 212 577 7777, 800 689 4357























**Suicide Hotline:** 800 273 8255

**National Crisis Line:** 800 999 9999

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## WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages  
School Breakfast & Lunch  
Free Summer Meals  
for Children



Meals at Soup Kitchens



Meals at Senior Centers  
Home-delivered Meals

~~HUNGER~~  
**FREE**  
**NYC**

Have any suggestions on how to make this Guide better? Email [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).