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CONTACT:

Nicole Aber, (646) 627-7741
Naber@hungerfreeamerica.org

More than 11 Percent of Working Adults in Mississippi Lack Sufficient Food, Finds New Report

“U.S. Hunger Atlas” Finds 1 in 5 Mississippi Children Live in Food Insecure Households

Annual Cost of Ending Hunger in Mississippi \$227 Million

Advocates Call Hunger Crisis an “Affordability Crisis”

More than 20 percent of all children in Mississippi lived in households that couldn't always afford enough food from 2016-2018, according to a new report by Hunger Free America, based on an analysis of federal data. That means 151,501 children in the state lived in households that did not always know where their next meal was coming from during the three-year time period. The total number of food insecure individuals in Mississippi from 2016-2018 was 488,567, making it the third most food insecure state.

The report, titled “The Affordability Crisis and Hunger: Soaring Costs for Housing and Other Basics of Living Leave Less for Food,” also found that 11.6 percent of working adults (140,958 people) in Mississippi suffered from food insecurity from 2016-2018. Without a state minimum wage, most Mississippi employees are covered under the federal minimum wage of \$7.25 per hour. Nationwide, states with minimum wages above the federal level correlated with declined hunger among working people. Mississippi was consistently among the top ten states with the highest rates of food insecurity among employed adults, children, and older Americans (ages 60+).

“The bottom line is that the U.S. hunger crisis is, at its core, an affordability crisis,” said Hunger Free America CEO Joel Berg. “The only way to end U.S. hunger is to help Americans better afford food, both by raising wages and ensuring a federal nutrition assistance safety net that is adequately-funded and easy-to-access, including benefits such as: SNAP (formerly known as food stamps); meals on wheels and senior center meals for older Americans; WIC for pregnant women and infants; and school breakfasts, lunches, and summer meals for children. Americans also need to be able to easily access affordable childcare, housing, and health care.”

Hunger Free America’s “U.S. Hunger Atlas” also found:

- 11.5 percent of older Americans living in Mississippi, a total of 74,275 people, were hungry during 2016-2018. This makes Mississippi the state with the second highest rate of food insecurity among older Americans; New Mexico has a higher rate at 12 percent.
- In states with a minimum wage set at \$10 or above, an average of 8.2 percent of employed adults were found to be food insecure, which is more than a full percentage point below the national average of 9.3 percent. In states with a minimum wage set at \$7.25 or below, an average of 9.5 percent of employed adults were food insecure, which is slightly above the national average.
- Food insecure Mississippi residents would need nearly \$227 million in additional food purchasing power each year to meet their basic food needs, spending as much on food as do non-hungry Mississippi residents. The increased food purchasing power could take the form of a combination of higher wages and increased federal nutrition assistance spending.

Berg added: “How can it be that, during a time when the official unemployment rate was very low and the wealthiest Americans were doing better than ever, that so many Americans were hungry and impoverished? The answer is simple: tens of millions of Americans earned too little to keep up with soaring costs for housing, health care, child care, and other basic costs of living. The national minimum wage in 2016-2018 was only \$7.25 per hour, the same level since 2009. The National Low-Income Housing Coalition calculated that a full-time worker would have needed to earn at least \$21.20 per hour to afford a modest two-bedroom apartment during that time period.”

The full report, “Affordability Crises and Hunger: Soaring Costs for Housing and Other Basics of Living Leave Less for Food,” can be found on Hunger Free America’s website, www.HungerFreeAmerica.org, through which anyone can also donate, volunteer, or find food resources for those in need. Anyone needing food can call the USDA Hunger Hotline, managed by Hunger Free America on behalf of the federal government, at 1-866-3-hungry.

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