

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2018

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.








The following zip codes are covered by this guide:
10001, 10002, 10003,
10004, 10005, 10006,
10007, 10009, 10010,
10011, 10012, 10013,
10014, 10016, 10017,
10018, 10019, 10022,
10036, 10038, 10280.



**HUNGER
FREE
NYC**

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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP




Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 22.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

 NUMBER OF PEOPLE IN HOUSEHOLD	 MONTHLY INCOME LIMIT (PRE-TAXES) ¹	 MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/17 - 9/30/18.	² In effect 10/1/17 - 9/30/18.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Get help from Hunger Free NYC

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 453 7905 & 646 836 9177

2**ACCESSNYC**

Apply online at:

www.nyc.gov/accessnyc

3**Visit Your Local HRA Office**

Apply at a SNAP office near you:

1 Waverly SNAP Center

12 W. 14 St., 4th Floor, 10011

718 722 8013

Mon–Fri 8:30am–6pm, **Sat** 9am–5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- You can work and still get WIC.
- You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

2 Mt. Sinai Health System WIC Program- Roosevelt

515 W. 59 St., 2nd Floor, 10019
212 523 6539

Mon, Wed, Thu 9am-5pm; **Tue** 9am-7pm; **Fri** 9am-4pm

3 Bellevue - East Side WIC

462 1 Ave., Ground Floor, 10016
212 562 6124

Mon, Wed, Fri 8:30am-5pm; **Tue, Thu** 8:30am-6pm, **2nd Sat** 8am-3:30pm by appt. only

4 Bellevue - Chinatown WIC

221 Canal Street, 10013
212 274 9655

Mon 8:45am-5:45pm, **Tue-Fri** 8:45am-4:15pm, **2nd Sun** 8:30am-3:30pm by appt. only

- 5 Gouverneur Hospital Chinatown WIC**
125 Walker St., 10013
212 226 8375
Mon-Wed 9am-5pm, **Sat** by appt. only
- 6 William F. Ryan - NENA Community Health Center WIC**
279 E 3rd Street, 10009
212 477 8500
Mon, Thu 8:30 am-7pm, **Tue, Wed, Fri** 8:30 am- 4:30 pm
- 7 Gouverneur Hospital WIC**
227 Madison Street, 10002
212 238 7145
Mon-Fri 8am-5pm, **Sat** by appt. only
- 8 New York Presbyterian Lower Manhattan WIC - Chinatown**
244 Grand St, 4th Fl., 10002
646 588 2646
Mon-Fri 8am-4pm
- 9 New York Presbyterian Lower Manhattan WIC**
69 Gold St., Lobby Level, 10038
212 312 5831
Mon-Fri 8am-5pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

10 Grand Central Food Program - 51st & Broadway

SW corner of 51st St. and Broadway, 10019
212 776 2000

Mobile Soup Kitchen: Everyday 7:15pm; Come on time -
distribution is mobile.

11 St. Paul's House

335 W. 51st St., 10019
212 265 5433

Soup Kitchen: Mon, Wed, Fri 8am - 8:40am

Food Pantry: Tue 10am-11am.

Must live between 10th St. and 89th St. on the West Side. ID and proof of residence required for pantry.

- 12 Grand Central Food Program (Coalition for the Homeless)**
108 E. 51st St, 10022
212 776 2000
Mobile Soup Kitchen: Mon, Tue 5:30pm-10pm, **Wed** 5pm-5:30 pm at St. Bartholomew's Church
- 13 St. Peter's Lutheran Church**
619 Lexington Ave. at 54th St, 10022
212 935 2200
Soup Kitchen: Tue 7am-8:30am.
Doors open at 7am, service starts at 7:15am.
- 14 Central Synagogue Breakfast Program**
123 E. 55th St, 10022
212 838 5122
Soup Kitchen: Thu, Fri 6am-7:30am.
Hot meal with bagged lunch to go.
- 15 Momentum Project at St. Peter's Lutheran Church**
619 Lexington Ave. at 54th St., 10022
212 691 8100
Soup Kitchen: Tue 5:30pm-6:30pm. Clients must complete intake at 3pm.
- 16 Crossroads Community Services at St. Bartholomew's Church**
108 E. 51st Street, 10022
212 378 0229
Soup Kitchen: Everyday 5:30pm-6:30pm; **Sun, Mon, Wed** 7am-8:30am; **Sat** 9:30am-11am
Food Pantry: Thu 10am-2pm
For pantry can come once/month, appointment required, call to make appointment 212-378-0234
- 17 St. Luke's Lutheran Church**
308 W. 46th St., 10036
212 246 3540
Soup Kitchen: Tue, Thu 1pm-2pm

18 St. Clements Food Pantry

423 W. 46th St., 10036
212 246 7277 x22

Food Pantry: Fri 4pm-6pm (except the first Fri of the month), **Sat (except 1st Sat)** 9:00am-11:30am.

ID required first time to register.

19 Crossroads Food Pantry

329 W. 42nd St, 10036
212 246 4732

Food Pantry: Every other Sat 11am-1pm.

Proof of residence and income required.

20 The Dwelling Place of N.Y., Inc.

409 W. 40th St., 10018
212 564 7887

Soup Kitchen: Wed 5:30pm-6:30pm.

For women age 30+ only.

21 Sylvia Rivera Food Pantry

446 W. 36th St., 10018
212 629 7440

Food Pantry: Thu 9am-10am (groceries); **Tue-Fri** 2pm-3pm (snack bags); **Tue-Fri** 1pm-3pm for people living with AIDS; Tue-Fri 10am-3pm emergency pantry.

Bring your own bag for pantry.

22 Rauschenbusch Metro Ministries - Metro Baptist Church

410 W. 40th St, 10018
212 594 4464

Food Pantry: Sat 11am-11:30am (no pantry 5th Sat).

One visit per month. ID and proof of address for all household members required.

23 Holy Apostles Soup Kitchen

296 9th Ave., 10001

212 924 0167

Soup Kitchen: Mon – Fri: 10:30am - 12:30pm

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

24 St. Francis of Assisi

135 W. 31st St., 10001

212 736 8500

Soup Kitchen: Everyday 7am-7:30am.

Sandwiches and coffee, line starts at around 6:30am.

Food pantry: Fri, Sat 9am.

Must register by calling 212-471-4246.

25 Gay Men's Health Crisis

446 West 33 Street, 10001

212 367 1000

Food Pantry: Tue, Wed, Fri 1pm-4pm, **Thu** 11am-2pm.

After first visit, must become a member - call 212 367 1057 to make an appt.

26 St. John's Bread of Life

213 West 31st St., 10001

212 564 9070 x 203

Food Pantry: Wed 12pm-2:30pm

Must live between 14th St. and 60 St. ID and proof of address for all household members required.

27 New Alternatives for Children

37 West 26th Street, 6th Floor, 10010

212 994 7919

Food Pantry: Mon, Tue 2pm - 5pm

28 Grand Central Neighborhood Social Services Corp

120 E. 32nd St, 10016

212 883 0680 x322

Soup Kitchen: Everyday 6am-7am (breakfast), 12pm-1:30pm (lunch), 4pm-6pm (dinner).

29 Grand Central Food Program - 35th & FDR

35th Street under FDR Drive, 10016

212 776 2000

Mobile Soup Kitchen: Everyday 7:15pm

CHELSEA, WEST VILLAGE

10011-10014

30 Xavier Mission at the Church of St. Francis Xavier

55 W 15th St., 10011

212 627 2100

Soup Kitchen: Sun 12:30pm - 3pm.

Seniors and disabled line up on 15 St. for soup kitchen, all others on 16th St. (elevator for those unable to navigate stairs on 15th St).

Food Pantry: 2nd Sat 10am-11:30am

Pantry is client choice; open only to residents of 10001-10003, 10009-10014, 10016. ID and proof of address for all adult household members required for pantry.

31 Salvation Army New York Temple

132 W. 14th St., 10011

212 337 7469

Soup Kitchen: Mon, Tue, Wed, Thu 12pm - 1pm

Food Pantry: Mon - Fri 9:30am - 11am, 1:30pm - 3pm.

Food pantry requires photo ID and proof of address in 10002-10007, 10009-10014, 10038, 10041, 10047, or 10048 at first visit. Please call 212-337-7469 for an appt.

32 St. Peter's Episcopal Church

346 W. 20th St., 10011
212 929 2390

Food Pantry: Sat 10:30am-11:30am. Referrals requested when available.

33 Hebrew Union College-Jewish Institute of Religion

1 West 4th St., 10012
212 674 5300

Soup Kitchen: Mon 5pm-6pm.

Entrance on Mercer Street. During the school year, warm balanced meals, clothing, toiletries, music, and free legal advice from NYU law students inside. In summer months, service is 5pm-5:30pm outside.

34 Grand Central Food Program - Lafayette & Leonard

Lafayette St. and Leonard St., 10013
212 776 2000

Mobile Soup Kitchen: Everyday 7:45pm; Come on time - distribution is mobile.

35 New York City Rescue Mission

90 Lafayette Street, 10013
212 226 6214

Soup Kitchen: Everyday 6:30am - 7am, 5:00pm - 6:30pm. ID required. SNAP and Medicaid Enrollment Mon, Wed 4pm-6pm, Overnight shelter intake Mon-Sun 3-5pm. Clothing distribution Tue, Thu 11am-2pm.

36 Church of St. Joseph in Greenwich Village

371 6th Ave, 10014
212 741 1274

Soup Kitchen: Sat 1:00pm-3pm

EAST VILLAGE, LOWER EAST SIDE, CHINATOWN

10003, 10009, 10002

37 Village Temple Soup Kitchen

33 East 12th Street, 10003

212 674 2340

Soup Kitchen: Sat 9am-4pm

38 St. Joseph House/Catholic Worker

36 East 1st St., 10003

212 254 1640

Soup Kitchen: Mon-Fri 10am-11:30am.

Men only, Clothing rummage room Mon & Fri 2:30pm-4pm

39 St. George's Common Table

209 East 16th Street, 10003

646 723 4178

Soup Kitchen: Thu 12:00pm-12:45pm.

Doors open at 11:30am.

40 Momentum Project at Middle Collegiate Church

50 E. 7th St., 10003

212 477 0666

Soup Kitchen: Mon 11am-1pm, 5:30pm-6:30pm.

Food Pantry, Bi-Monthly during Soup Kitchen hours; call, or visit <http://www.middlechurch.org/about/calendar> to see dates.

41 Street Life Ministries - Tompkins Square Park

Ave A & 7th Street (Tompkins Square Park), 10009

718 539 2324

Mobile Soup Kitchen: Tue 9am - 12pm

42 Chilis on Wheels

Tompkins Square Park (E 9th St and Ave B), 10009

303 618 0528

Soup Kitchen: Sat 1pm-3pm. Personal care products available every week (including women's hygiene products). Clothing distribution once/month, care package distribution seasonally. Vegan, suitable for all food allergies.

43 The Father's Heart Ministries

543-545 East 11th Street, 10009
212 375 1765

Soup Kitchen: Tue 6pm-7pm (for KidZone attendees), **Sat** 10am-11am (except 1st Sat)

Food Pantry: Tue 6pm-6:30pm (for KidZone attendees), **Sat** 10am-11am (except 1st Sat).

SNAP (food stamps) pre-screening available. Free GED and ESL classes Sat 10am-11:30am, Tue 6pm-7:30pm; legal aid desk 2nd Sat

44 Trinity Services and Food for the Homeless

602 E 9th St., 10009
212 228 5254

Soup Kitchen: Mon-Fri 11am - 12pm

Food Pantry: Mon-Fri 12:30pm-1:30pm.

ID for all household members required for pantry. Pantry is client choice, may be received once a calendar month. www.safhny.org

45 University Community Social Services

137 East 2nd St., 10009
347 850 2230

Soup Kitchen: Sat 9am-11pm, 1-2:30pm.

Food Pantry: Sat 1pm-2:30pm

46 Grand Coalition of Seniors-Grand Street Settlement

80 Pitt St, 10002
646 201 4251

Soup Kitchen: Mon-Fri 9am-10 am, 12pm-1pm;
Seniors (60+) only, ID required.

47 The Bowery Mission

227 Bowery, 10002
212 674 3456

Soup Kitchen: Everyday breakfast 8am - 9am, lunch 1pm - 2pm, dinner 6pm - 7pm.

Food Pantry: Mon-Fri 9am - 11am. Other social services provided, call or visit for details.

48 Grand Central Food Program - Bowery Mission

Bowery Mission-Bowery between Stanton & Rivington, 10002
212 776 2000

Mobile Soup Kitchen: Everyday 8:20PM;

Come on time - distribution is mobile.

49 UJC of the East Side

7 Willett St, 10002

Food Pantry: Mon-Fri 9:30am-2pm

Soup Kitchen: Mon-Fri 12pm-1pm, doors open 11:30am.

For seniors (60+) only. ID required.

50 Cabrini Immigrant Services of NYC

139 Henry St., 10002

212 791 4592

Food Pantry: Tue 9:30am-12:30pm,

Non-members need to bring some type of document to show an address. Non-members are allowed to receive food once every other month.

DOWNTOWN

10271, 10004-10007

51 Trinity Church Brown Bag

75 Broadway, 10006

212 602 0800

Soup Kitchen: Sun 2-2:30pm, Mon-Sat 12:45pm-1:15pm (Fri and Sat at St. Paul's Chapel 209 Broadway)

Brown bag meal



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

52 57th Street Greenmarket

W. 57th St. & Ninth Ave. (Balsley Park), 10019

Wed, Sat 8am-5pm, Jun 2-Nov 21, Closed 7/4.

53 Rockefeller Center Greenmarket

Rockefeller Plaza between W. 50th St. & W. 51st St, 10112

Wed, Thu, Fri 8am - 5pm. Dates TBD see website for details:

<https://www.grownyc.org/greenmarket/ourmarkets>

54 Dag Hammarskjold Plaza Greenmarket

E. 47th St. & Second Ave, 10017

Wed 8am-4pm, year round. Closed 7/4 & 9/26.

55 Down to Earth Hudson Yards Farmers Market - EBT only at the farm stand

Hudson Blvd. East at 34th Street, 10001

Thu 10am-6pm, May-Nov

CHELSEA, WEST VILLAGE

10011-10014

56 Chelsea Down to Earth Farmers' Market

23rd St. at 9th Ave., 10011

Sat 9am-4pm, May-Dec

57 Down to Earth Chelsea Farmers Market

W. 23rd Street off of 9th Avenue, 10011

Sat 9am-4pm, May-Dec**58 PS 11 Farm Market**

W. 21 St. between 8 Ave. & 9 Ave., 10011

Wed 8am-10am, Jun-Nov**59 Abingdon Square Greenmarket**

W. 12 St. & 8th Ave., 10014

Sat 8am-2pm, Year round**EAST VILLAGE, LOWER EAST SIDE, CHINATOWN**

10003, 10009, 10002

60 Gouverneur Health Youthmarket

227 Madison St, 10002

Thu 8:30am-2pm, July 5-Nov 15, 2018**61 Union Square Greenmarket**

E. 17 St. & Broadway, 10003

Mon, Wed, Fri, Sat 8am-6pm, year round.

11/23 resched. to Tue 11/20

62 Stuyvesant Town Greenmarket

14th St. Loop & Ave. A (in the Oval), 10009

Sun 9:30am-4pm, May 20-Nov 18**63 Tompkins Square Greenmarket**

E. 7 St. & Ave. A, 10009, 10009

Sun 9am-6pm, year round.**DOWNTOWN**

10271, 10004-10007

64 Tribeca Greenmarket

Greenwich St. & Chambers St., 10007

Wed, Sat 8am-3pm

Wed: 6/6 - 11/21; Sat year round. Closed 7/4.

65 City Hall Greenmarket

Broadway & Chambers St., 10007

Tue, Fri 8am-4pm, Year Round, 11/23 resched. to Wed 11/21.

Closed 12/25 & 1/1.

66 Oculus Place

Church at Fulton Street, on Oculus Plaza Manhattan, 10013

Tue 7am-7pm, 6/5 -10/30

67 Bowling Green Greenmarket

Broadway & Battery Pl., 10004

Tue, Thu 8am-5pm. Year round. 11/22 rescheduled to W 11/21.

Closed 12/25 & 1/1.

68 Staten Island Ferry/Whitehall Greenmarket

4 South St. (inside terminal), 10004

Tue, Fri 8am-7pm, year round. Closed 11/23. Closed 12/25 & 1/1.

69 Water Street Greenmarket

Water Street and Coenties Slip, 10004

Thu 8am-6pm, 6/7 - 12/20. 11/22 resched. To Wed 11/21

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

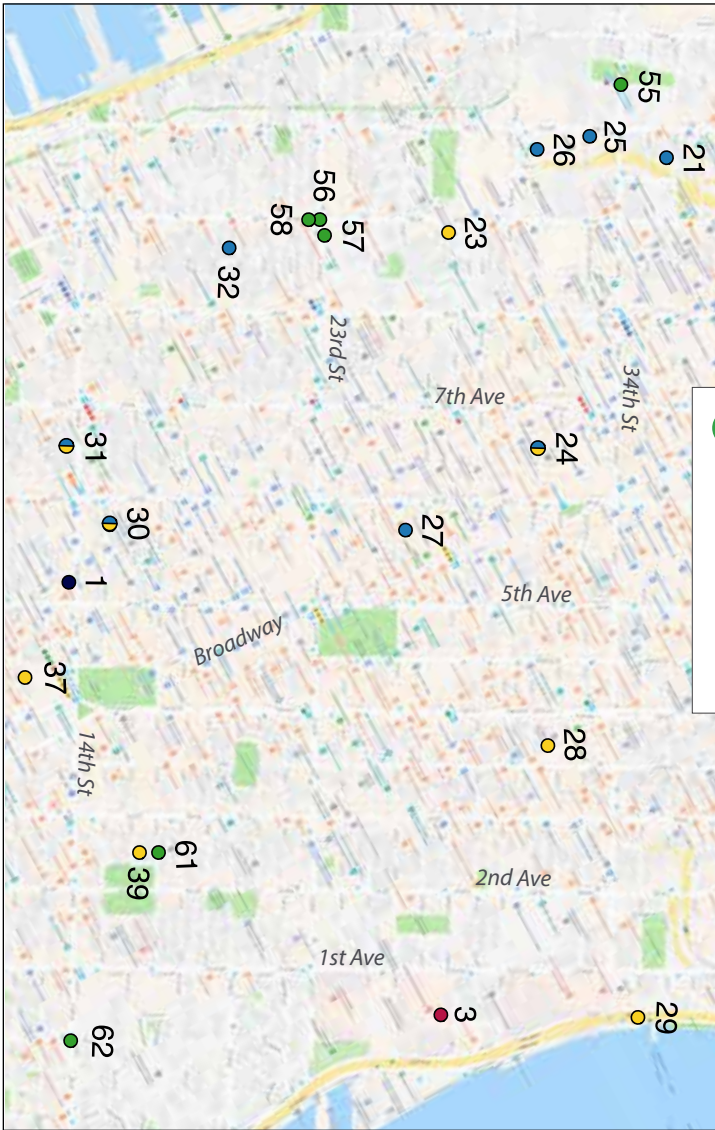
Web: www.corbinhillfoodproject.org/new-farm-share/

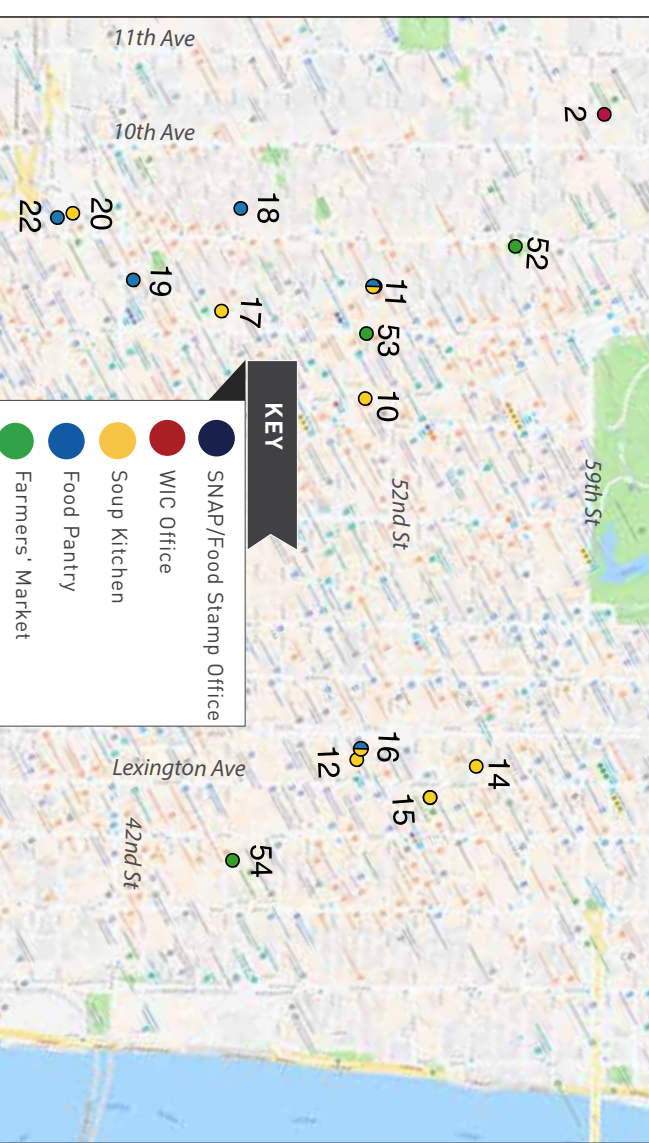
Just Food

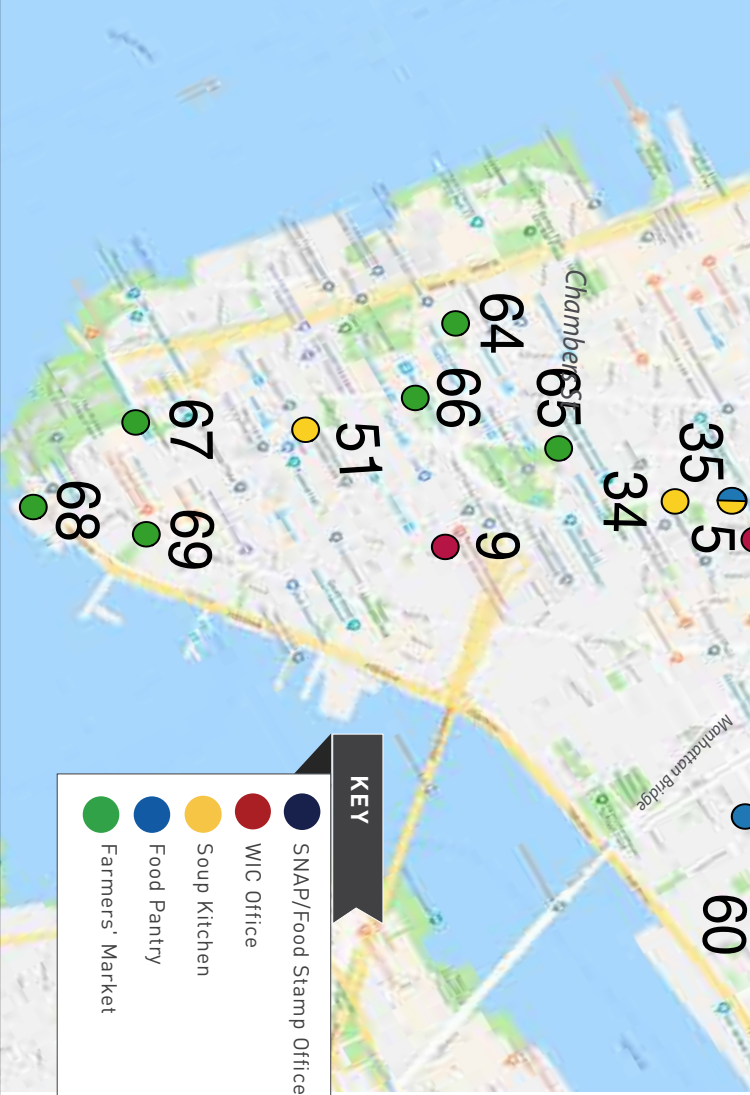
Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880






Web: www.justfood.org/csaloc

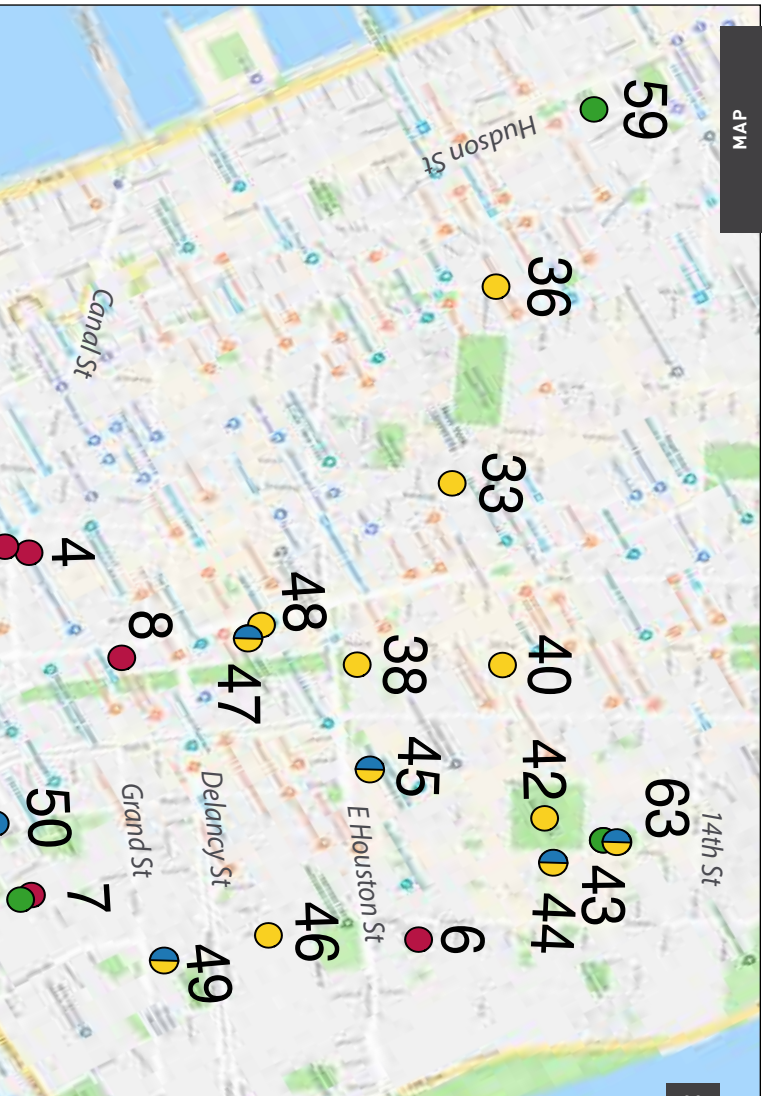






KEY

-  SNAP/Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Bellvue Hospital

462 1 Ave., 10016
212 562 5525

Gouverneur Hospital

227 Madison St., 10002
212 238 5110

New York Presbyterian Lower Manhattan Hospital

170 William St., 10038
212 312 5110

William F. Ryan Chelsea Clinton Community Health Center

645 10 Ave., 10019
212 265 4500

Judson Health Center

34 Spring St., 10012
212 925 5000

Roberto Clemente Health Center

540 E. 13 St., 10009
212 387 7400

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

88 East Broadway, Unit 142, 10002

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

Credits: Icons adapted from The Noun Project collection. Map data © OpenStreet-Map contributors.

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.