

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2017^{v2}

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

THIS GUIDE WAS PRODUCED BY HUNGER FREE NYC TO CONNECT THOSE IN NEED WITH FREE COMMUNITY RESOURCES. WE HOPE IT PROVES USEFUL TO YOU.

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.

The following zip codes are covered by this guide:
10001, 10002, 10003,
10004, 10005, 10006,
10007, 10009, 10010,
10011, 10012, 10013,
10014, 10016, 10017,
10018, 10019, 10022,
10036, 10038, 10280.



**HUNGER
FREE
NYC**

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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP




Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 22.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

 NUMBER OF PEOPLE IN HOUSEHOLD	 MONTHLY INCOME LIMIT (PRE-TAXES) ¹	 MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2**ACCESSNYC**

Apply online at:

www.nyc.gov/accessnyc

3**Visit Your Local HRA Office**

Apply at a SNAP office near you:

1 Waverly SNAP Center

12 W. 14 St., 4th Floor, 10011

718 722 8013

Mon–Fri 8:30am–6pm, **Sat** 9am–5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

2 Mt. Sinai Health System WIC Program- Roosevelt

515 W. 59 St., 2nd Floor, 10019
212 523 6539

Mon, Wed, Thu 9am-5pm; **Tue** 9am-7pm; **Fri** 9am-4pm

3 Bellevue - East Side WIC

462 1 Ave., Ground Floor, 10016
212 562 6124

Mon, Wed, Fri 8:30am-5pm; **Tue, Thu** 8:30am-6pm, **2nd Sat** 8am-3:30pm by appt. only

4 Bellevue - Chinatown WIC

221 Canal Street, 10013
212 274 9655

Mon 8:45am-5:45pm, **Tue-Fri** 8:45am-4:15pm, **2nd Sun** 8:30am-3:30pm by appt. only

- 5 Gouverneur Hospital Chinatown WIC**
125 Walker St., 10013
212 226 8375
Mon-Wed 9am-5pm, **Sat** by appt. only
- 6 William F. Ryan - NENA Community Health Center WIC**
279 E 3rd Street, 10009
212 477 8500
Mon 9am-7pm, **Tue-Fri** 9am-5pm
- 7 Gouverneur Hospital WIC**
227 Madison Street, 10002
212 238 7145
Mon-Fri 8am-5pm, **Sat** by appt. only
- 8 New York Presbyterian Lower Manhattan WIC - Chinatown**
244 Grand St, 4th Fl., 10002
646 588 2646
Mon-Fri 8am-4pm
- 9 New York Presbyterian Lower Manhattan WIC**
69 Gold St., Lobby Level, 10038
212 312 5831
Mon-Fri 8am-5pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

10 Church of St. Paul the Apostle Loaves and Fishes

405 West 59th Street, 10019

212 265 3495

Soup Kitchen: Tue, Thu 11:30am-12:15pm

Food Pantry: Tue, Thu 11:30am-12:15pm

11 St. Paul's House

335 W. 51st St., 10019

212 265 5433

Soup Kitchen: Mon, Wed, Fri 7:15am-8:30am

Food Pantry: Tue 10am-11am

Must live between 10th St. and 89th St. on the West Side. ID and proof of residence required for pantry.

- **12 Encore Senior Center**
239 W 49th Street, 10019
212 581 2910
Soup Kitchen: Mon-Fri 9am-10am, 11am-1pm
For seniors (60+) only.
- 13 Grand Central Food Program - 51st & Broadway**
SW corner of 51st St. and Broadway, 10019
212 776 2000
Mobile Soup Kitchen: Everyday 7:15pm
Come on time - distribution is mobile.
- 14 Grand Central Food Program - SONY Building**
55th St. between Madison and 5th Ave., 10022
212 776 2000
Mobile Soup Kitchen: Everyday 9:15pm
Come on time - distribution is mobile.
- 15 Central Synagogue Breakfast Program**
123 E. 55th St, 10022
212 838 5122
Soup Kitchen: Thu, Fri 6am-7:30am
Hot meal with bagged lunch to go.
- 16 St. Peter's Lutheran Church**
619 Lexington Ave. at 54th St, 10022
212 935 2200
Soup Kitchen: Tue 7am-8:30am
Doors open at 7am, service starts at 7:15am.
- 17 Momentum Project at St. Peter's Lutheran Church**
619 Lexington Ave. at 54th St., 10022
212 691 8100
Soup Kitchen: Tue 4pm-6:30pm
Clients must complete intake at 3pm.
- 18 Grand Central Food Program (Coalition for the Homeless)**
108 E. 51st St, 10022
212 776 2000
Mobile Soup Kitchen: Everyday 5:30pm-7pm
At St. Bartholomew's Church

19 Crossroads Community Services at St. Bartholomew's Church

108 E. 51st Street, 10022

212 378 0231

Soup Kitchen: Sun, Mon, Wed 7am-8:30am; **Sat** 9:30am-11am

Food Pantry: Thu 10am-2pm

For pantry can come once/month, appointment required, call to make appointment 212-378-0234

20 St. Luke's Lutheran Church

308 W. 46th St., 10036

212 246 3540

Soup Kitchen: Tue, Thu 1pm-2pm

21 The Relief Bus - Port Authority

9th Ave. between 40th and 41st, 10036

800 736 2773

Soup Kitchen: Sat 7:30pm-10:30pm

22 Crossroads Food Pantry

329 W. 42nd St, 10036

212 246 4732

Food Pantry: Every other Sat 11am-1pm

Proof of residence and income required.

23 The Dwelling Place of N.Y., Inc.

409 W. 40th St., 10018

212 564 7887

Soup Kitchen: Wed 5:30pm-6:30pm

For women age 30+ only.

24 Rauschenbusch Metro Ministries - Metro Baptist Church

410 W. 40th St, 10018

212 594 4464

Food Pantry: Sat 11am-11:30am (no pantry 5th Sat)

One visit per month. ID and proof of address for all household members required.

25 Sylvia Rivera Food Pantry

446 W. 36th St., 10018

212 629 7440

Food Pantry: Tue-Fri 2pm-3pm (snack bags); **Thu** 9am-10am (groceries - for all); **Tue-Fri** 2pm-3pm (groceries - for people living with AIDS); **Tue-Fri** 10am-3pm emergency pantry
Bring your own bag for pantry.

26 Grand Central Food Program - Port Authority

40th St., between Dyer and 10th Ave., 10018

212 776 2000

Mobile Soup Kitchen: Everyday 7:30pm

Come on time - distribution is mobile.

27 Gay Men's Health Crisis

446 West 33 Street, 10001

212 367 1000

Food Pantry: Tue, Wed, Fri 1pm-4pm; **Thu** 11am-2pm

After first visit, must become a member - call 212 367 1057 to make an appt.

28 AIDS Service Center NYC

64 W. 35th St., 3rd Fl., 10001

212 645 0875

Food Pantry: Fri 10am-3pm

ID required.

29 Grand Central Food Program - Penn Station

West side 8th Ave. at 33rd St., 10001

212 776 2000

Mobile Soup Kitchen: Everyday 9pm

Come on time - distribution is mobile.

30 The Relief Bus - Chelsea Park

28th St., between 9th & 10th Ave., 10001

800 736 2773

Soup Kitchen: Wed, Fri 10am-2pm

31 Holy Apostles Soup Kitchen

296 9th Ave., 10001
212 924 0167

Soup Kitchen: Mon-Fri 10:30am-12:30pm

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

32 St. Francis of Assisi

135 W. 31st St., 10001
212 736 8500

Soup Kitchen: Everyday 7am-7:30am (Sandwiches and coffee, line starts at around 6:30am)

Food pantry: Fri, Sat 9am

Must register for pantry by calling 212-471-4246.

33 Grand Central Food Program - Madison Square Park

5th Ave. and 27th St., 10001
212 776 2000

Mobile Soup Kitchen: Everyday 8:35pm

Come on time - distribution is mobile.

34 New Alternatives for Children

37 West 26th Street, 6th Floor, 10010
212 994 7919

Food Pantry: Mon, Tue 2pm-5pm

35 Grand Central Food Program - 35th & FDR

35th Street under FDR Drive, 10016
212 776 2000

Mobile Soup Kitchen: Everyday 7:15pm

Come on time - distribution is mobile.

CHELSEA, WEST VILLAGE

10011-10014

36 St. Peter's Episcopal Church

346 W. 20th St., 10011
212 929 2390

Food Pantry: Sat 10:30am-11:30am

Referrals requested when available.

37 Hope for our Neighbors in Need at Church of the Village

201 W. 13 St., 10011
212 243 5470

Soup Kitchen: Tue 1pm-2:30pm, **Sat** 12pm-1:30pm

Food Pantry: Tue 1pm-2:30pm, **Sat** 12pm-1:30pm

Doors open 30 minutes before food service begins.

38 Salvation Army New York Temple

132 W. 14th St., 10011
212 337 7469

Soup Kitchen: Mon-Thu 12pm-1pm

Food Pantry: Mon-Fri 9:30am-11am, 1:30pm-3pm.

Food pantry requires photo ID and proof of address in 10002-10007, 10009-10014, 10038, 10041, 10047, or 10048 at first visit.

Please call 212-337-7469 for an appt.

39 Xavier Mission at the Church of St. Francis Xavier

55 W 15th St., 10011
212 627 2100

Soup Kitchen: Sun 12:45pm-3pm

Seniors and disabled line up on 15 St., all others on 16th St. (elevator for those unable to navigate stairs on 15th St)

Food Pantry: 2nd Sat 10am-11:30am; Pantry is client choice; open only to residents of 10001-10003, 10009-10014, 10016. ID and proof of address for all adult household members required for pantry.

40 Church of the Ascension

12 West 11th St., 10011
212 254 8620

Food Pantry: 2nd, 4th Sat 8:30am

Arrive early to get in line. First come first served. Often 200+ people in line. Line up on north side of West 11th Street starting at 5th Ave.

41 Church of St. Joseph in Greenwich Village

371 6th Ave, 10014
212 741 1274

Soup Kitchen: Sat 1:30pm-3pm

42 Judson Memorial Church

55 Washington Square South, 10012
212 477 0351

Soup Kitchen: 1st Wed 7:15pm

Potluck meal, doors open 7pm, meal followed by a performance.

43 Hebrew Union College-Jewish Institute of Religion

1 West 4th St., 10012
212 674 5300

Soup Kitchen: Mon 5pm-6pm

Entrance on Mercer Street. During the school year, warm balanced meals, clothing, toiletries, music, and free legal advice from NYU law students inside. In summer months, service is 5pm-5:30pm outside.

44 New York City Rescue Mission

90 Lafayette Street, 10013
212 226 6214

Soup Kitchen: Everyday 6:30am-7am, 5pm-6:30pm

Food Pantry: Every other Mon, Wed, Fri 1:30pm-2:30pm

ID required for pantry. Medical and Social Worker (complete at front desk) Fri 7am-11am, SNAP and Medicaid Enrollment Mon, Wed 3pm-5:30pm; Fri 2:15pm-4pm, New women's shelter intake every day 3pm-4pm, New men's shelter intake every day 4pm-5:30pm

45 Grand Central Food Program - Lafayette & Leonard

Lafayette St. and Leonard St., 10013
212 776 2000

Mobile Soup Kitchen: Everyday 7:45pm

Come on time - distribution is mobile.

EAST VILLAGE, LOWER EAST SIDE, CHINATOWN

10003, 10009, 10002

46 Village Temple Soup Kitchen

33 East 12th Street, 10003
212 674 2340

Soup Kitchen: Sat 2:30pm-4pm

47 St. George's Common Table

209 East 16th Street, 10003
646 723 4178

Soup Kitchen: Thu 12pm-12:45pm

Doors open at 11:30am.

48 The Hetrick-Martin Institute

2 Astor Pl., 3rd FL., 10003
212 674 2400

Soup Kitchen: Mon-Fri 6pm-7:15pm; **Sat** 1pm-2pm, 4pm-5pm

For youth only (13-24). Must complete intake to become client (Mon-Fri 5:30pm, Sat 12pm) with photo ID, proof of age. Provide academic enrichment, arts and culture, health and wellness, counseling, job readiness, and homeless services. www.hmi.org

49 Momentum Project at Middle Collegiate Church

50 E. 7th St., 10003
212 477 0666

Soup Kitchen: Mon 11am-1pm, 4pm-6:30pm

Intake at 3pm for evening clients.

50 St. Joseph House/Catholic Worker

36 East 1st St., 10003
212 254 1640

Soup Kitchen: Tue-Fri 10am-11:30am

Men only, Clothing rummage room Mon-Fri 2:30pm-4pm

51 Father's Heart Ministries

543-545 East 11th Street, 10009
212 375 1765

Soup Kitchen: Tue 6pm-7pm (only for KidZone attendees), **Sat** 10am-11am (except 1st Sat)

Food Pantry: Tue 6pm-6:30pm (only for KidZone attendees), **Sat** 10am-11am (except 1st Sat)

SNAP (food stamps) pre-screening available. Free GED and ESL classes Sat 10am-11:30am, Tue 6pm-7:30pm; legal aid desk 2nd Sat.

52 Chilis on Wheels

Tompkins Square Park (E 9th St and Ave A), 10009
303 618 0528

Soup Kitchen: Sat 1pm-3pm

Clothing distribution once/month, care package distribution seasonally.

53 Trinity Services and Food for the Homeless

602 E 9th St., 10009
212 228 5254

Soup Kitchen: Mon-Fri 11am-12pm

Food Pantry: Mon-Fri 12:30pm-1:30pm

ID for all household members required for pantry. Pantry is client choice, may be received once a calendar month. www.safhny.org

54 University Community Social Services

137 East 2nd St., 10009
347 850 2230

Soup Kitchen: Sat 8am-2:30pm

Food Pantry: Sat 1pm-2:30pm

55 The Bowery Mission

227 Bowery, 10002
212 674 3456

Soup Kitchen: Everyday 8am-9am, 1pm-2pm, 6pm-7pm

Food Pantry: Mon-Fri 9am-11am

Other social services provided, call or visit for details.

56 Grand Central Food Program - Bowery Mission

Bowery Mission-Bowery between Stanton & Rivington, 10002
212 776 2000

Mobile Soup Kitchen: Everyday 8:20PM

Come on time - distribution is mobile.

● 57 Grand Coalition of Seniors-Grand Street Settlement

80 Pitt St, 10002
646 201 4251

Soup Kitchen: Mon-Fri 9am-10 am, 12pm-1pm

Seniors (60+) only, ID required.

58 Dewitt Reformed Church Food Pantry

280 Rivington St., 10002

212 674 3341

Food Pantry: Mon, Thu 10am-12pm**59 UJC of the East Side**

7 Willett St, 10002

Soup Kitchen: Mon-Fri 12pm-1pm, doors open 11:30am.**Food Pantry: Mon-Fri** 9:30am-2pm

For seniors (60+) only. ID required.

60 Primitive Christian Church

207 East Broadway, 10002

212 673 7868

Food Pantry: 1st Thu 8am-finish

ID required.

61 Grand Central Food Program - Allen St.

25 Allen St. (Lower East Side Harm Reduction), 10002

212 776 2000

Mobile Soup Kitchen: Everyday 7:30pm

Come on time - distribution is mobile.

62 Cabrini Immigrant Services of NYC

139 Henry St., 10002

Food Pantry: Tue 9:30am-12:30pmBring photo ID. Emergency pantry walk-ins as necessary M-F
9am-5pm.**DOWNTOWN**

10271, 10004-10007

63 Trinity Church Brown Bag

75 Broadway, 10271

212 602 0800

Soup Kitchen: Sun 2pm, **Mon-Sat** 12:45pm-1:15pm (Fri and Sat
at St. Pauls Chapel 209 Broadway)

Brown bag meal.

64 Grand Central Food Program - Staten Island Ferry Terminal

Staten Island Ferry, 10004

212 776 2000

Mobile Soup Kitchen: Everyday 8:00pm

Come on time - distribution is mobile.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

65 57th Street Greenmarket

W. 57th St. & Ninth Ave. (Balsley Park), 10019

Wed, Sat 8am-5pm, May 17-Dec 23

66 Dag Hammarskjold Plaza Greenmarket

E. 47th St. & Second Ave, 10017

Wed 8am-4pm, year round. Closed Sept 20.

67 Hudson Yards Down to Earth Farmers' Market

Hudson Blvd. East at 34th St., 10001

Thu 11am-6pm, Jun-Dec

CHELSEA, WEST VILLAGE

10011-10014

68 Chelsea Down to Earth Farmers' Market

23rd St. at 9th Ave., 10011

Sat 9am-4pm, May-Dec

69 PS 11 Farm Market

W. 21 St. between 8 Ave. & 9 Ave., 10011

Wed 8am-10am, Jun-Nov

70 Abingdon Square Greenmarket

W. 12 St. & 8th Ave., 10014

Sat 8am-2pm, year round

EAST VILLAGE, LOWER EAST SIDE, CHINATOWN

10003, 10009, 10002

71 Union Square Greenmarket

E. 17 St. & Broadway, 10003, 10003

Mon, Wed, Fri, Sat 8am-6pm, year round. Closed Fri after Thanksgiving.

72 St. Mark's Church Greenmarket

E 10 St. & 2 Ave., 10003

Tue 8am-6pm Jun 6-Nov 21. Closed Independence Day.

73 Stuyvesant Town Greenmarket

14th St. Loop & Ave. A (in the Oval), 10009, 10009

Sun 9:30am-4pm, May 14-Dec 19

74 Tompkins Square Greenmarket

E. 7 St. & Ave. A, 10009, 10009

Sun 9am-6pm, year round.

DOWNTOWN

10271, 10004-10007

75 Tribeca Greenmarket

Greenwich St. & Chambers St., 10007

Wed 8am-3pm, Mar 1-Dec 21; **Sat** 8am-3pm, year round.

76 City Hall Park Greenmarket

Broadway & Chambers St., 10007

Tue, Fri 8am-4pm, Mar 3-Dec 22. Closed Independence Day.

77 Bowling Green Greenmarket

Broadway & Battery Pl., 10004

Tue, Thu 8am-5pm, year round. Closed Independence Day and Thanksgiving.

78 Staten Island Ferry/Whitehall Greenmarket

4 South St. (inside terminal), 10004

Tue, Fri 8am-7pm, year round. Closed Independence Day and Fri after Thanksgiving.

79 Water Street Greenmarket

Water Street and Coenties Slip, 10004

Thu 8am-6pm, Jun 1-Nov 16

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc



JOB TRAINING & RESOURCES

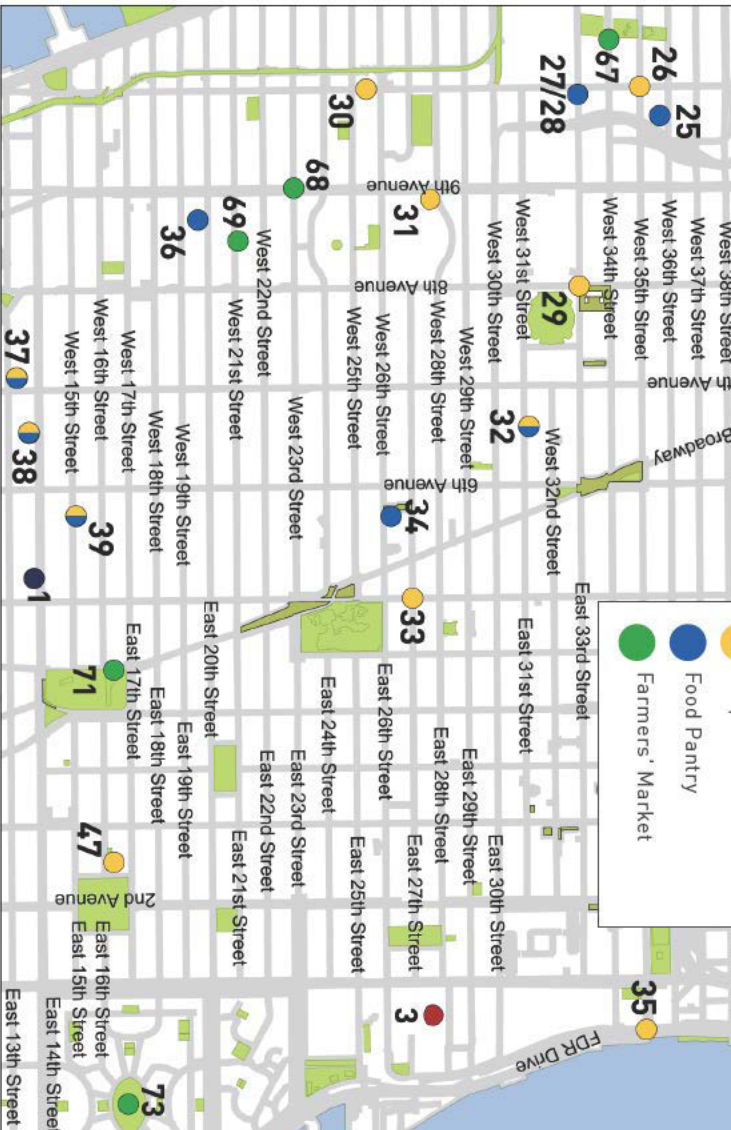
Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

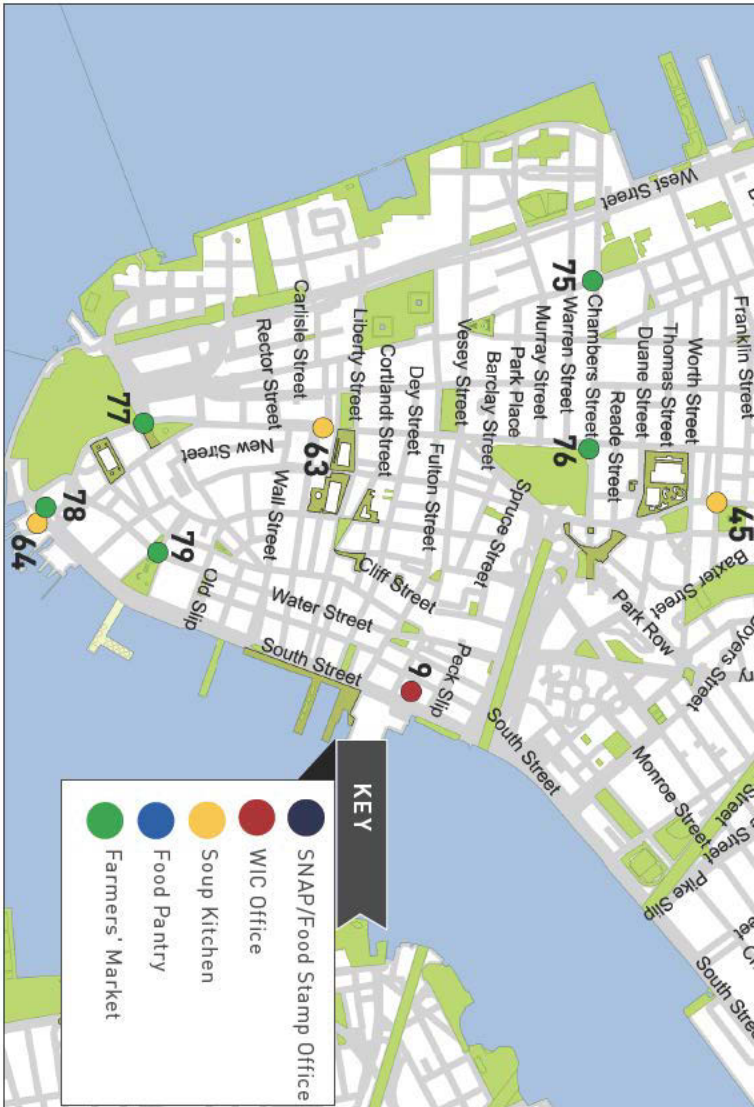
Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page

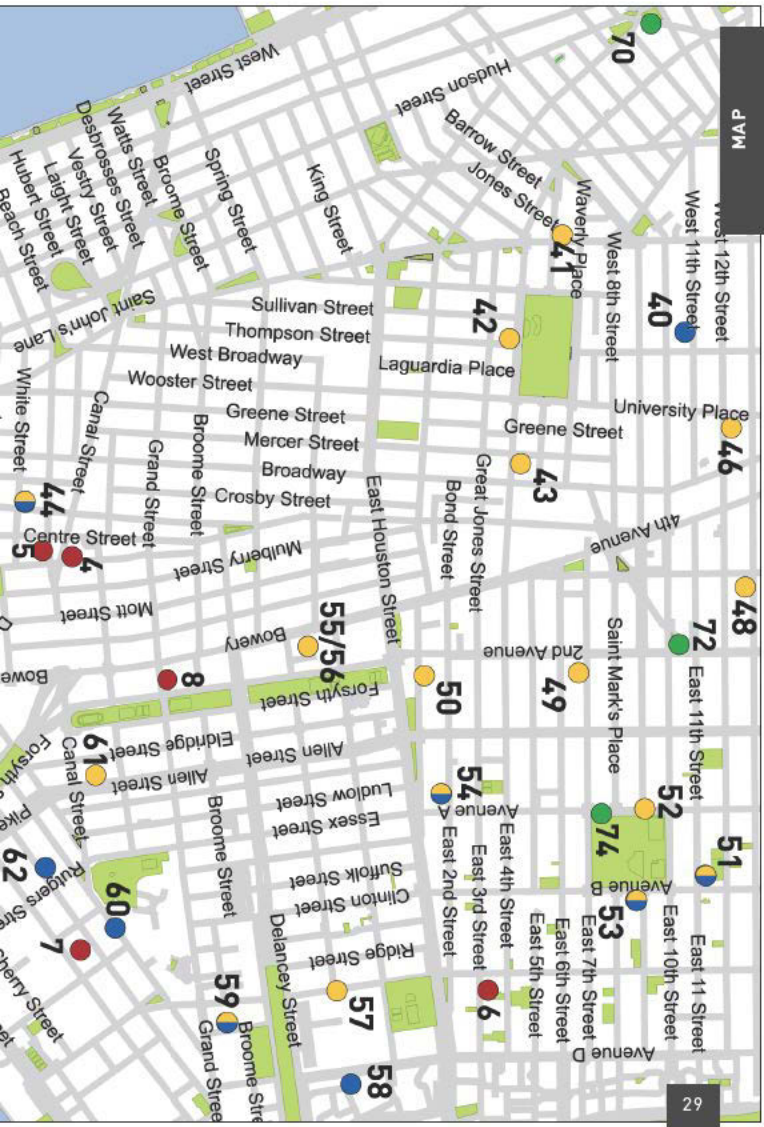






KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Bellvue Hospital

462 1 Ave., 10016
212 562 5525

Gouverneur Hospital

227 Madison St., 10002
212 238 5110

New York Presbyterian Lower Manhattan Hospital

170 William St., 10038
212 312 5110

William F. Ryan Chelsea Clinton Community Health Center

645 10 Ave., 10019
212 265 4500

Judson Health Center

34 Spring St., 10012
212 925 5000

Roberto Clemente Health Center

540 E. 13 St., 10009
212 387 7400

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

88 East Broadway, Unit 142, 10002

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.