

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2017^{v2}

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.








The following zip codes are covered by this guide:
11203, 11204, 11209,
11210, 11214, 11218,
11219, 11220, 11223,
11224, 11226, 11228,
11229, 11230, 11232,
11234, 11235, 11236.



**HUNGER
FREE
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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP




Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 20.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2**ACCESSNYC**

Apply online at:

www.nyc.gov/accessnyc

3**Visit Your Local HRA Office**

Apply at a SNAP office near you:

1 Coney Island SNAP Office

2857-2865 W. 8 St., 1st Floor, 11224

718 722 8013

Mon-Fri 8:30am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

2 NYU Lutheran - Sunset Terrace WIC

514 49th St., 11220
718 633 0067

Mon, Tue, Thu, Fri 8am-4:30pm; **Wed** 8am-6pm

3 NYU Lutheran - Family Support Center WIC

6025 6th Ave., 11220
718 630 7161/8531

Mon, Wed 8am-6pm; **Tue** 8am-7pm; **Thu, Fri** 8am-5pm

4 Brooklyn Hospital Center - 61st St Family Health Center

771 61st St., 11220
718 745 3259

Mon-Thu 9am-5pm, **Fri** 8:30am-4:30pm, **every other Sat** 9am-4pm

- 5 Maimonides Medical Center WIC**
5613 Fort Hamilton Parkway, 11219
718 854 3190
Mon, Wed, Thu 7:45am-4:45pm; **Tue** 7:45am-7pm; **Fri** 8am-2pm;
3rd Sun 9am-1pm
- 6 Brooklyn Hospital Center - Coney Island**
485 Coney Island Ave., 11218
718 282 8904
Mon, Wed 11am-6:30pm; **Tue, Thu** 9am-4:30pm **Fri** 8:30am-4:30pm
- 7 Yeled v'Yalda Early Childhood Center (38th St.)**
1312 38th St., 11218
718 686 3799
Mon 10:30am-7pm; **Tue, Wed** 8:30am-4:30pm; **Thu** 7am-3:30pm;
Fri 8:30am-12:30pm; **Sun once/month** 9am-12pm
- 8 Kings County Hospital Center WIC Office**
451 Clarkson Ave. T Building, Room 153, 11203
718 245 3123
Mon, Tue, Thu 8am-5:30pm; **Wed** 8am-7pm (last appt. at 3:45pm); **Fri** 8am-5pm (last appt. at 2pm)
- 9 Kings County Hospital Center - Church Ave. WIC**
4310B Church Ave., 11203
718 282 1702
Mon-Wed, Fri 9am-2:30pm; **Thu** 8am-2:30pm
- 10 Kings County Hospital Center - Nostrand Ave. WIC**
2266 Nostrand Ave., 11210
718 338 2588
Mon-Fri 9am-5pm
- 11 Yeled v'Yalda Early Childhood Center (Farragut Rd)**
6002 Farragut Rd., 11236
718 943 8812
Tue, Wed 10am-5pm
- 12 Coney Island Hospital WIC Program**
2601 Ocean Parkway, Room 1N1, 11235
718 616 4338
Mon-Fri 8am-7pm, **Sat** 9am-4pm

13 Public Health Solutions Ocean Ave. WIC Center

2555 Ocean Avenue, 2nd Floor, 11229

718 332 4059

Mon 11am-6:30pm, **Tue-Fri** 8:30am-4pm, **alternating Sat and**

Sun 8:30am-4pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.

➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.

➔ Eligibility for school meals is not impacted by immigration status.

➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

SUNSET PARK, BAY RIDGE

11232, 11220, 11209

14 Sunset Park Emergency Food Program / The Center for Family Life

443-39th St., 11220

718 492 3585

Food Pantry: Tue 10am-1pm; **Wed, Thu** 11am-1pm

ID required after first visit.

15 Salvation Army Sunset Park Corp.

520 50th St., 11220

718 438 1771

Soup Kitchen: Mon-Fri 12pm-1pm

Food Pantry: Mon-Thu 1:30pm-4:30pm, **Fri** emergencies only.

For pantry only: Appointment necessary, call or visit office Mon-Fri 9am-5pm first to make appointment. ID and proof of residence in 11215, 11218-11220, 11231, 11232 required. No requirements for soup kitchen.

16 Basilica of Our Lady of Perpetual Help

526 60th Street, 11220

718 439 5100

Food Pantry: 1st, 2nd Sat 10am-12pm

Must live between Ft. Hamilton Pkway and the waterfront, from 54th St to 65th St. Photo ID and proof of address required for adults, birth certificate or health plus card for children.

17 Bay Ridge Center

411 Ovington Ave., 11209

718 748 0650

Soup Kitchen: Mon, Wed 12pm - 2pm (brown bag meal)**Food Pantry: Last Wed** of the month 10am-3pm

ID and proof of address in Brooklyn required for pantry.

18 Catholic Charities Our Lady of Angels

336 73rd St., 11209

718 680 6344

Food Pantry: Mon, Wed 9:30am-1:30pm

ID required for all household members. Proof of residence in Brooklyn required

KENSINGTON, BORO PARK, BENSONHURST, DYKER HTS

11219, 11228, 11204, 11214

19 Zichron Acheinu Levy Menachem Tzion

928 44th St., 11219

718 774 0741

Food Pantry: Fri 11:30am-12:30pm

ID preferred. Call 347 742 0552. Must live in the neighborhood.

20 Masbia of Boro Park

5402 New Utrecht Ave., 11219

718 972 4446

Soup Kitchen: Sun-Thu 6:30pm-8pm**Food Pantry: Fri** 7am-11am. Meals are kosher.**21 Catholic Charities Holy Spirit Church**

1712 47th St., 11204

718 436 5565

Food Pantry: every other Fri 9am-10:30am

22 Reaching Out Community Services Inc.

7708 New Utrecht Ave., 11214

718 373 4565

Food Pantry: Mon-Fri 9am-5pm

Call first to confirm. SNAP assistance available - to apply bring photo ID, benefits card, and utility bill (any kind). Call first for appointment, 718 373 4565 ext 101.

23 Bensonhurst COJO / Kosher Food Program

8635 21st Ave., Ste. 1B, 11214

718 333 1834

Food Pantry: Tue 10am-4pm

All food is kosher.

FLATBUSH, EAST FLATBUSH, MIDWOOD, DITMAS PARK, FLATLANDS, CANARSIE

11218, 11226, 11210, 11230, 11203, 11234, 11236

24 Calvary Pentecostal Church

151 Woodruff Ave., 11226

718 469 8252

Food Pantry: Thu 11am-1pm

Photo ID required. Can come to pantry twice per month.

25 FAOG Food Pantry Program

2170 Bedford Ave., 11226

718 974 0107

Food Pantry: Mon 12pm-2pm

ID required.

26 CAMBA Beyond Hunger Emergency Food Pantry

2241 Church Ave., 3rd Floor, 11226

718 282 3082

Food Pantry: Tue, Thu 10am-12:30pm

ID required after first visit. Please bring your own bags and/or cart. Can visit once per month - 1st week last names A-F, 2nd week last names G-L, 3rd week last names M-S, 4th week last names T-Z.

27 Holy Cross Church Food Pantry

2530 Church Ave., 11226

718 469 5900

Food Pantry: Tue, Thu 2pm-3:30pm

- 28 Gospel Tabernacle Church of Jesus Christ**
2314 Snyder Ave., 11226
718 284 3497
Food Pantry: Every other Sat 10am-12pm, call to confirm week
- 29 Flatbush SDA Church**
261 East 21st Street, 11226
718 693 9180
Soup Kitchen: Mon 11am-1pm
ID required after first visit.
- 30 CAMBA**
1720 Church Ave., 2nd FL., 11226
718 287-2600
Food Pantry: Tue, Wed, Thu 10am-1pm
- 31 Fernande Valme Ministries**
1120 Flatbush Ave, 11226
718 284 1809
Food Pantry: Thu 10am-11am
- 32 Worldwide Evangelical Outreach**
3102 Clarendon Road, 11226
718 284 3551
Food Pantry: Thu 1pm-3pm
Register first visit, can come every other week.
- **33 Hazel Brooks Senior Ctr.**
961 Ocean Ave., 11226
347 435 3287
Soup Kitchen: Mon-Fri 9am-10am, 12:30 pm-1:30 pm
Free for seniors (60+). Under 60: \$1 for breakfast, \$4 for lunch.
- 34 Our Lady of Refuge Pantry**
2020 Foster Ave., 11210
718 434 2090
Food Pantry: Wed 10am-1pm
Bring photo ID.
- 35 Admirable Church**
1910 Flatbush Ave., 11210
347 779 7192
Food Pantry: Sat 9am-12pm

36 Masbia of Flatbush

1372 Coney Island Ave., 11230

718 972 4446

Soup Kitchen: Sun-Thu 3pm-7:30pm

Food Pantry: Fri 7am-11am

Meals are Kosher

● 37 Shalom Senior Center

483 Albany Ave., 11203

718-774 9213

Food Pantry: Mon-Fri 2pm-3pm

38 Breakthrough Pantry/Triumphant Full Gospel Assembly

889 Rutland Rd., 11203

718 774 4696

Food Pantry: Thu 4pm-6pm

Photo ID required. No pantry on holidays.

39 United Community Baptist Kitchen

545 Utica Ave., 11203

718 467 7708

Soup Kitchen: Sat 10am-12pm

ucbonline.com

40 Society of St. Vincent de Paul at Saint Catherine of Genoa Church

520 Linden Boulevard, 11203

718 282 7162

Food Pantry: Thu 10:30am-2pm

41 God's Battalion Prayer Church

661 Linden Blvd., 11203

718 773 9249

Food Pantry: Tue, Thu 9am-12pm

42 Brooklyn Faith SDA Church

5518 Church Avenue, 11203

718 342 8421

Soup Kitchen: Fri 1pm until food runs out (by 4pm)

Food Pantry: Thu 2pm-4pm

43 Bread of Life Food Pantry
781 East 93rd Street, 11236
347 955 4403
Food Pantry: Sat 1pm-3pm
ID required.

44 Light House of Hope Food Pantry
602 E. 89th St., 11236
347 742 7651
Food Pantry: Sat 10am-1pm.
ID required.

45 Our Lady of Miracles Parish-Canarsie Food Pantry
757 E. 86th St., 11236
718 257 2400
Food Pantry: Sat 10am-11:30am
ID required.

46 Zion Church of the Truth
8315 Flatlands Ave., 11236
718 241 8167
Food Pantry: Sat 1pm-3pm
Must sign in and provide proof of household.

**CONEY ISLAND, BRIGHTON BEACH, SHEEPSHEAD BAY,
GRAVESEND, MILL BASIN, MARINE PARK**
11223, 11224, 11235, 11229

47 Sephardic Bikur Holim
425 Kings Hwy, 11223
718 787 1100 x354
Food Pantry: Mon 9am-12pm; **Tue-Thu** 9am-12:30pm; **Thu** 2pm-3:30pm, **Fri** 9am-11am
Kosher food. ID required first time.

48 Salt and Sea Mission
2417 Stillwell Ave., 11223
718 372 3576
Food Pantry: Tue, Thu 12pm-2pm
ID and proof of residence required.

49 River Fund Mobile Unit - Brooklyn
2002 Neptune Avenue, 11224
Food Pantry: 2nd, 4th Sat 12pm-1:30pm

50 St. John's Bread and Life Mobile Soup Kitchen - Coney Island

Corner of West 20th and Mermaid Ave., 11224

Mobile Soup Kitchen: Mon 10am-12pm, **Thu** 10:30am-12pm

51 Coney Island Lighthouse Mission

2114 Mermaid Ave., 11224

718 415 1170

Soup Kitchen: Wed, Fri 6:30pm-7:30pm

Food Pantry: Tue 6pm-7pm, **Thu** 11am-12pm

ID required for food pantry, must register beforehand.

Registration Mon, Wed, Fri 10am-2pm.

● **52 Haber House Senior Center**

3024 W. 24th St., 11224

718 372 5775

Food Pantry: Mon-Fri 9am-11:30am

Upon availability - call first to confirm. ID required after first visit. Kosher.

53 Shorefront Jewish Community Council

128 Brighton Beach Avenue, 4th floor, 11235

718 743-0575

Food Pantry: Mon-Thu 9am-5pm, **Fri** 9am-2pm

Food is kosher.

54 Catholic Charities St. Marks

2609 E. 19th St., 11235

718 891 0443

Food Pantry: Tue-Thu 9:30am-11:30am

55 Kings Bay YM-YWHA

3495 Nostrand Avenue, 11229

718 648 7703

Food Pantry: Mon-Fri 9am-5pm

Proof of address for all household members required.



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

SUNSET PARK, BAY RIDGE

11232, 11220, 11209

56 Sunset Park Greenmarket

59 St. & 4 Ave., 11220

Sat 8am-3pm, Jul 1-Nov 18

57 Bay Ridge Greenmarket

95 St & 3 Ave., 11209

Sat 8am - 3pm, May 13-Nov 18

KENSINGTON, BORO PARK, BENSONHURST, DYKER HTS

11219, 11228, 11204, 11214

58 Bensonhurst Greenmarket

81 St. & 18 Ave., 11214

Sun 9am-4pm, Jun 4-Nov 19

59 Borough Park Greenmarket

14 Ave. - 49 St. & 50 St., 11219

Thu 8am-3pm, Jul 6 - Nov 21

FLATBUSH, EAST FLATBUSH, MIDWOOD, DITMAS PARK, FLATLANDS, CANARSIE

11218, 11226, 11210, 11230, 11203, 11234, 11236

60 Cortelyou Greenmarket

Cortelyou Rd. and Rugby Rd., 11226

Sun 8am-3pm, year round.

61 Parkside Greenmarket

Parkside Ave. and Ocean Ave., 11226

Sun 8am-4pm, Jun 11-Nov 19

62 Youth Farm Market

Kingston Ave. between Rutland and Withrop, 11203

Wed 2:30pm-6:30pm, Jun-Oct

63 Harvest Home Kings County Hospital Market

Clarkson Ave. between E. 37th & E. 38th, 11203

Wed 8am-4pm, Jun 7-Nov 22

**CONEY ISLAND, BRIGHTON BEACH, SHEEPSHEAD BAY,
GRAVESEND, MILL BASIN, MARINE PARK**

11223, 11224, 11235, 11229

64 Harvest Home Coney Island Market

Ocean Parkway between Ave. Z & Shore Rd., 11235

Wed, Fri 8am-4pm, Jun 7-Nov 22

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc

Feel free to use this space for your own notes.

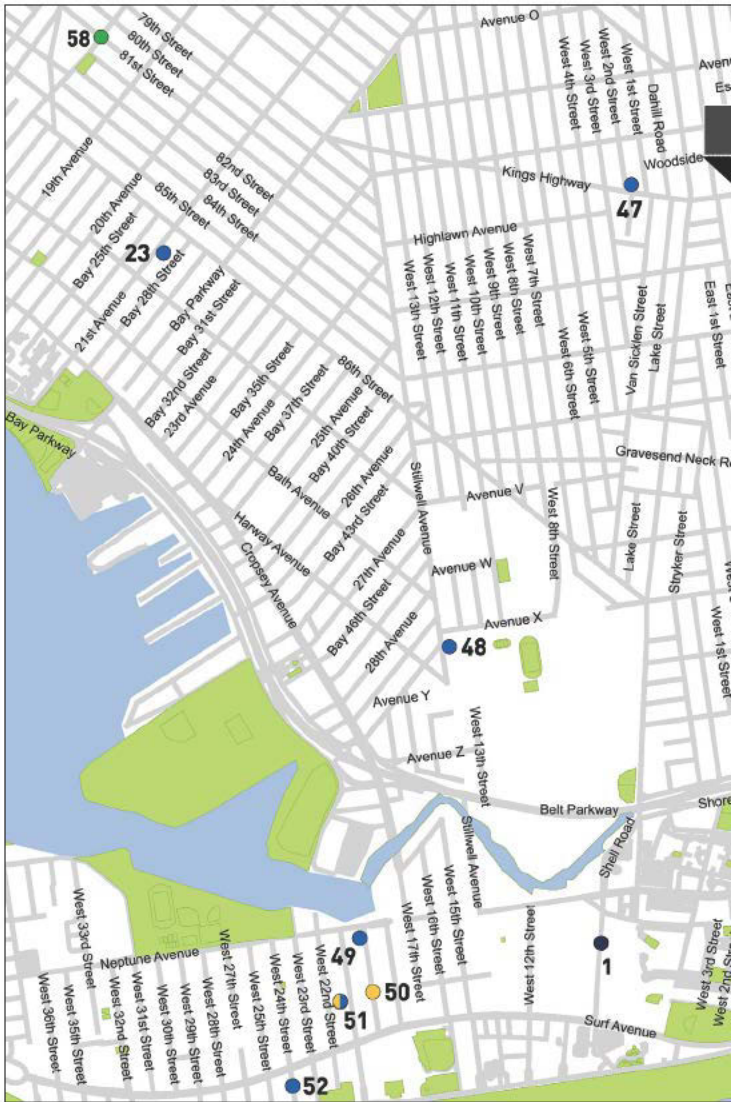
NOTES











58

23

47

48

49

50

51

52

1

79th Street
80th Street
81st Street

19th Avenue
20th Avenue
21st Avenue

82nd Street
83rd Street
84th Street

Bay 25th Street
Bay 28th Street
Bay 31st Street

Bay 32nd Street
Bay 35th Street
Bay 37th Street

23rd Avenue
24th Avenue
25th Avenue
26th Avenue

Harway Avenue
Cropsey Avenue
Bay 43rd Street
Bay 46th Street

Highlawn Avenue
West 7th Street
West 8th Street
West 9th Street
West 10th Street
West 11th Street
West 12th Street
West 13th Street

Avenue V
Avenue W
Avenue X
Avenue Y
Avenue Z

Avenue O
Kings Highway
West 1st Street
West 2nd Street
West 3rd Street
West 4th Street

West 8th Street
West 13th Street
West 15th Street
West 16th Street
West 17th Street

West 12th Street
Shell Road
Surf Avenue

West 33rd Street
West 35th Street
West 36th Street
Neptune Avenue
West 27th Street
West 28th Street
West 29th Street
West 30th Street
West 31st Street
West 32nd Street
West 24th Street
West 25th Street
West 26th Street
West 22nd Street
West 23rd Street

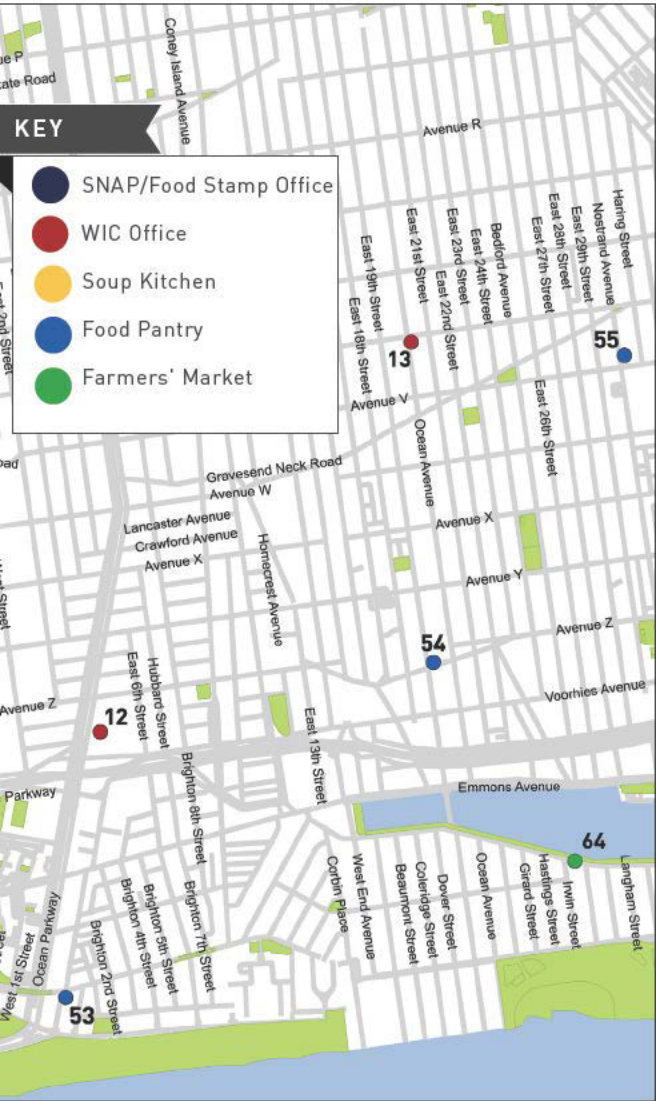
Van Sickle Street
Lake Street
Stryker Street

Gravesend Neck R

East 1st Street
East 2nd Street
East 3rd Street
Shore

KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Kings County Hospital Center

451 Clarkson Ave., 11203
718 245 3131

Coney Island Hospital

2601 Ocean Parkway, 11235
718 616 3000

Maimonides Medical Center

4802 10 Ave., 11219
718 283 6000

Lutheran Medical Center

150 55 St., 11220
718 630 7000

Homecrest Health Center

1601 Avenue S, 11229
718 616 5102

Ida G. Israel Health Center

2925 W 19 St., 11224
718 692 9540

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

5221 8th Ave., 11220
857 Flatbush Ave., 11226

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

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Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.