

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE

2017^{v2}

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

This Guide was made possible by funding from the New York City Council through a grant administered by the New York City Human Resources Administration and the Walmart Foundation.

This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.

The following zip codes are covered by this guide:
11411, 11412, 11413,
11415, 11416, 11417,
11418, 11419, 11420,
11421, 11423, 11427,
11428, 11429, 11432,
11433, 11434, 11435,
11436, 11451, 11691,
11692, 11694.



**HUNGER
FREE
NYC**

50 Broad Street, Suite 1103
New York, NY 10004
(212) 825-0028
www.hungerfreenyc.org

CONTENTS

	Food Stamps/SNAP	4	
	Food for Kids	8	
	Senior Meals	11	
		Soup Kitchens & Food Pantries	12
	From the Farm	22	
	Employment & Training	23	
	Map of Locations	24	
	Other Assistance	30	
	Emergency Numbers	31	



SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP




Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 22.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2**ACCESSNYC**

Apply online at:

www.nyc.gov/accessnyc

3**Visit Your Local HRA Office**

Apply at a SNAP office near you:

1 Jamaica SNAP Center

165-08 88 Ave., 3rd Floor, 11432

718 722 8013

Mon-Fri 8:30am-6pm, **Sat** 9am-5pm

2 Rockaway SNAP Center

219 Beach 59 St., 1st Floor, 11692

718 722 8013

Mon-Fri 8:30am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

3 Jamaica Hospital

134-20 Jamaica Ave, 11418
718 206 8600

Mon-Fri 7:30am-5:30pm, **Wed** open until 7pm, **every other Sat**
8am-3pm

4 Queens Hospital Center - Queens General WIC

79-18 164th St., 11432
718 883 4868

Mon, Tue, Thu, Fri 8am-5pm (last appt. 5pm); **Wed** 8am-7pm

5 Public Health Solutions Jamaica WIC Center

90-40 160th St, 11432
718 526 4633

Mon 11am-6:30pm, **Tue-Sat** 8:30am-4pm

- 6 Catholic Charities Jamaica WIC Site**
161-10 Jamaica Ave, 11432
718 657 2580
Mon 8am-7pm, **Tue-Fri** 8am-4:30pm, **Sat** once/month by appt. only
- 7 Queens Hospital Center - South Jamaica WIC**
114-02 Guy R. Brewer Blvd., 11434
718 883 6630
Mon, Wed-Fri 8am-5pm; **Tue** 8am-7:30pm; **every other Sat** 8:30am-3:30pm
- 8 Joseph P. Addabbo Community Health Center - Farmers Blvd.**
114-39 Sutphin Blvd., 11434
718 945 7150
Mon, Wed-Fri 8am-5pm; **Tue** 8am-6pm; **Sat** 8:30am-2pm
- 9 Jamaica Hospital - MediSys Hollis Ave.**
188-03 Jamaica Ave, 11423
718 479 0873
Wed 8:30am-5pm
- 10 Joseph P. Addabbo Community Health Center**
1288 Central Ave., 11691
718 945 7150
Mon 8am-6pm, **Tue-Fri** 8am-5pm, **Sat** 8:30am-2pm, **Sun** 12pm-5pm
- 11 Joseph P. Addabbo Community Health Center - Beach Channel**
6200 Beach Channel Dr., 11692
718 945 7150
Mon, Tue, Thu, Fri 8am-5pm; **Wed** 8am-6pm; **Sat** 8:30am-2pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.

➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.

➔ Eligibility for school meals is not impacted by immigration status.

➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

KEW GARDENS, OZONE PARK, WOODHAVEN, RICHMOND HILL 11414-11421

12 All Nations Baptist Church of Woodhaven

86-74 80th St., 11421
718 847 4229

Food Pantry: Sat 1pm (Sept-May), 11am (Jun-Aug)
Sign up 8am-9am.

13 St. Mary Gate of Heaven

101-18 104th St., 11416
718 847 6260

Food Pantry: Every other Thu 11am-1pm
ID with address required, serves residents of 11416 and 11417.

14 Elohim Community Development and Outreach

87-47 111th Street, 11418
917 418 7906

Food Pantry: Fri 9am-11am
Bring ID and proof of address first time to register.

15 Richmond Hill SDA Community Services

114-08 Jamaica Ave, 11418

718 301 3179

Food Pantry: Sun 8am-9am**16 The River Fund**

89-11 Lefferts Blvd., 11418

718 441 1125

Food Pantry: Sat 7am-11am

Benefits Enrollment and Recertification Mon-Fri 9am-2:30pm.

17 Saint Benedict Joseph Labre Church Food Pantry

94-40 118th St., 11419

718 849 4048

Food Pantry: 3rd Thu 10am-11:30am

Photo ID and proof of address required.

18 Christina Home Care Food Pantry

120-13 Liberty Ave., 11419

917 592 8686

Food Pantry: Fri 2pm-5pm. Occasionally opens at 11am

Services for employment training, job placement, home care available.

19 St. Theresa of Avila Church Community Services

109-26 130th Street, 11420

718 322 5547

Food Pantry: Mon, Thu 9am-11am

ID required.

20 Leviticus Church of God in Christ

114-12 Van Wyck Expressway, 11420

718 322 1095

Food Pantry: Wed 1pm-2pm, **Sat** 12pm-1pm**21 Our Lady of Grace Parish Ministries**

158-10 101st Street, 11414

718 845 6635

Food Pantry: Tue, Thu 10:30am-1pm

ID required.

JAMAICA

11432-11436

22 Brooks Memorial United Methodist Church

143-22 109th Ave., 11435

718 658 8822

Food Pantry: Thu 6pm-8pm; 1st, **3rd Sat** 10am-12pm

Photo ID required.

23 Blanche Memorial Church

109-74 Sutphin Blvd., 11435

718 298 8335

Food Pantry: Tue 9am-9:45am

ID required.

24 Christ Apostolic Church

108-02 Sutphin Blvd., 11435

718 658 8981

Food Pantry: Sat 10am-12pm

Clothing pantry, food stamps screening, and counseling services available.

25 ACQC (AIDS Center of Queens County), Jamaica

89-74 162nd St., 11432

718 896 2500

Food Pantry: Tue, Thu 8:30am-11am

Get there early to get a ticket, first come first served, only 75 people will be served. ID required.

26 Salvation Army Jamaica Citadel

90-23 161st Street, 11432

718 297 4860

Soup Kitchen: Mon-Wed 12pm-1pm

Food Pantry: Thu 10am-11am

For food pantry, must register in person for food pantry with valid photo ID and proof of address. Must register ahead of time on Mon, Tue, or Wed 2pm.

27 First Reformed Church of Jamaica

159-29 90th Ave., 11432

718 658 6333

Soup Kitchen: Mon 5pm-6pm

- 28 First Presbyterian Church in Jamaica**
89-60 164th St., 11432
718 526 4775 x29
Soup Kitchen: Wed 5:30pm-6:30pm
Food Pantry: Tue 10am-12pm; **4th Sat** 9am-11am
Photo ID and proof of address required for pantry, clients can pick up once per month.
- 29 Presentation of the Blessed Virgin Mary**
88-19 Parsons Blvd., 11432
718 739 0241
Soup Kitchen: Thu 5:30pm-7pm
- 30 Jamaica Hispanic SDA Church**
88-28 161st St., 11432
718 736 5291
Food Pantry: Sun 8am-9am
Sign in required.
- 31 First United Methodist Church of Jamaica**
162-10 Highland Ave, 11432
718 739 2269
Food Pantry: Mon 8:30am-9:30am
Current ID and proof of address required. Closed on holidays
- 32 St. Nicholas of Tolentine Church**
150-75 Goethals Ave., 11432
718 969 3226
Food Pantry: Mon-Fri 9am-12pm, 1pm-4pm (referral required);
Thu 9am-12pm (no referral required)
- 33 Tabernacle of Prayer**
90-07 Merrick Blvd., between 90th & 91st, 11432
718 657 4210
Food Pantry: Fri 10am-11:15am
ID required.
- 34 River Fund Mobile Unit - Queens**
Rufus King Park, 150 St between 89 Ave. & Jamaica Ave., 11432
Food Pantry: 1st, 3rd Tue 11am-12:30pm

- **35 Jamaica Service Program for Older Adults**
92-47 165th St., 11433
718 657 6618
Food Pantry: Mon-Fri 8:30am-4:30pm
Serves seniors (60+) but will provide pantry bag first time for those under 60 and refer to other pantries.

- 36 The Harding Ford Vision, Inc**
157-22 South Road, 11433
347 661 7382
Soup Kitchen: Wed 10am-12pm
Food Pantry: Wed 10am-12pm, Sat 2pm-4pm
Bring cart or bags.

- 37 St. Bonaventure-St. Benedict the Moor Food Pantry**
171-17 110th Avenue, 11433
718 526 0040
Food Pantry: 2nd, 4th Tue 10am-12pm
ID required.

- 38 Bethany Baptist Church of Jamaica**
157-11 111th Ave, 11433
718 659 1091
Soup Kitchen: Wed 12pm-3pm
Food Pantry: Tue 11am-1pm

- 39 Calvary Baptist Church Food Pantry**
111-10 Guy R. Brewer Blvd., 11433
718 523 8986
Food Pantry: Wed 10am-12pm, Thu 11:30am-1:30pm
ID required.

- 40 Greater Allen A.M.E. Cathedral of New York**
110-31 Merrick Blvd., 11433
718 206 4600
Soup Kitchen: Mon, Thu 11am-1pm
Food Pantry: Mon, Thu 11am-1pm

- 41 St. Clement Pope Roman Catholic Church**
141-11 123rd Ave., 11436
718 529 0273
Food Pantry: 1st, 3rd Thu 5pm-6pm

- 42 Morris Brown AME Church - Helping Hand**
145-03 Rockaway Blvd., 11436
718 322 7596
Soup Kitchen: Sat 1pm-2pm
Food Pantry: Wed 10am-12pm
ID preferred for pantry.
- 43 Union United Methodist Church**
126-22 150th Street, 11436
718 529 3691
Soup Kitchen: Tue 6:30pm-7:30pm
Food Pantry: Fri 4pm-5:30pm
Call for emergency food.
- 44 Holy Ghost Upper Room Filling Station Ministry**
146-17 133rd Ave., 11436
718 529 2060
Food Pantry: Sat 10am-11am
ID and proof of address needed for all household members.
- 45 National Sorority Phi Delta Kappa "Big Sister"/Phi Delta Kappa Ruby S. Couche Big Sister Center**
117-08 Merrick Blvd., 11434
718 723 1119
Food Pantry: Tue, Thu 4pm-6pm
- 46 Christ Church International**
122-20 Merrill St., 11434
516 860 4432
Food Pantry: 2nd, 3rd, 4th Sat 10am-12pm
ID required.
- 47 Project Hope Charities Inc.**
170-20 140th Ave., 11434
718 529 0005
Food Pantry: Sat 11am-1pm
- 48 Church of Christ the King Pantry**
145-39 Farmers Blvd., 11434
718 528 6010
Food Pantry: Tue 2pm-3pm
ID preferred.

ST. ALBANS, SPRINGFIELD GARDENS, QUEENS VILLAGE, CAMBRIA HEIGHTS, HOLLIS

11423, 11427-11429, 11411-11413

49 Walk in Love Family Center

202-11 Jamaica Avenue, 11423

Food Pantry: Wed 1pm-3:30pm, **Thu** 5pm-6:30pm, **Sun** 1pm-3pm. Distribution is while supplies last.

50 Catholic Charities Church of the Incarnation/Incarnation Parish Pantry

89-28 207th Street, 11427

718 726 9790

Food Pantry: Fri 1pm-3pm
ID required.

51 International Shining Stars Family Inc.

220-20 94th Drive, 11428

646 4097146

Food Pantry: Sat 11am-3pm

52 Hollis Avenue Congregational Church

211-04 Hollis Ave., 11429

718 468 1498

Food Pantry: Tue 11:30am-1pm
ID preferred, serves residents of Hollis Ave/Cambria Heights.

53 Genesis Transitional Housing Ministries Inc.

195-12 Hollis Ave, 11412

718 217 6530

Food Pantry: 2nd, 4th Fri 9am-1pm

54 Second Chance Deliverance Church

200-12 Hollis Avenue, 11412

917 767 6262

Food Pantry: Tue 11am-2pm

55 Grace United Methodist Church

200-08 Murdock Ave, 11412

718 465 5621

Food Pantry: Sat 1pm-finished

- 56 First Church of God in Christ**
 187-10 Baisley Blvd., 11412
 718 712 4831
Soup Kitchen: Wed 12pm-1:30pm
Food Pantry: Thu 1:30pm-3pm
 Photo ID required for pantry, tickets handed out at 12pm.
- 57 Our Lady of Light Food Pantry**
 118-22 Riverton St., 11412
 718 528 1220
Food Pantry: every other Wed 12:30pm-1:30pm
- 58 St. Albans Baptist Church**
 196-20 119 Ave., 11412
 718 723 8005
Food Pantry: 1st, 3rd Sat 10am-12pm
- 59 Queens Tabernacle Church**
 114-03 Colfax St., 11411
 718 465 4448
Food Pantry: Tue 3pm, **Sat** 11am (often starts earlier in the winter)
- 60 Kerith SDA Church**
 230-11 Linden Blvd., 11411
 917 523 7476
Food Pantry: Wed 5:30pm-7:30pm
- 61 Queens Faith Temple Outreach Center**
 217-03 Merrick Blvd., 11413
 917 603 9295
Food Pantry: Sun 2pm-4pm
- 62 St. Luke Baptist Church Food Pantry**
 133-28 232nd St., 11413
 718 276 7066
Food Pantry: Mon-Wed 9am-3pm; periodically open Thu, Fri - call/visit to confirm.
- 63 First Presbyterian Church of Springfield Gardens**
 216-02 137th Ave., ramp to basement, 11413
 718 528 7744
Food Pantry: Wed 11am-12pm
 ID required.

64 Gethsemane Soul Saving Outreach

145-41 228th Street, 11413

917 519 6051

Food Pantry: Wed 1pm-2pm

THE ROCKAWAYS

11691-11693

65 St. Camillus RC Church

99-15 Rockaway Beach Blvd., 11694

718 634 8229

Food Pantry: Wed 10am-2pm

ID required. Serves residents from Beach 95th St and above

66 Beach Church

224 Beach 97th St., 11693

718 634 2424

Food Pantry: Sat 10am-2pm

67 Catholic Charities BFFY - St. Vincent de Paul at St. Rose of Lima

130 Beach 84th Street, 11693

718 634 7394

Food Pantry: Tue, Fri 10am-12pm

Must live between Beach 54th to Beach 94th St. Photo ID and proof of address required first visit. Can visit once/month.

68 The Action Center Food Pantry

57-10 Beach Channel Drive, 11692

718 869 0031

Food Pantry: every other Wed 11:30am-12:30pm, **Sat** 10am-1:30pm

ID required for registration.

69 Full Gospel Tabernacle Food Pantry

361 Beach 42nd St., 11691

718 327 2221

Food Pantry: 3rd Sat 10am-12pm

Photo ID required.

70 J.U.S.T.I.C.E. Organization/Jesus is Justice Mission Inc.

219 Beach 28 St., 11691

718 772 7951

Food Pantry: Wed 12pm-2pm

- **71 St. Mary Star of the Sea**
1920 New Haven Avenue, 11691
718 327 1133
Food Pantry: Tue or Fri 1pm-2:30pm
Call to confirm day. Photo ID and proof of address required. 1st, 3rd week for non-seniors; 2nd, 4th week for seniors; 5th week open to all.

- 72 ACQC (AIDS Center of Queens County), Far Rockaway**
1139 Foam Place, 11691
718 868 8645
Food Pantry: Wed, Fri 1pm-3pm
Can come once/month. Photo ID required.

- 73 Jewish Community Council of the Rockaway Peninsula**
1525 Central Avenue, 11691
718 327 7755
Food Pantry: Tue, Thu 9:30am-1:30pm
ID required, can come once/month, serves residents of the Rockaways.

- 74 First Church of God**
21-23 Birdsall Ave., 11691
718 327 1114
Food Pantry: 2nd, 4th Sat 1pm-3pm.

- 75 First Baptist Church/H.O. Scott Education and Community Center**
15-10 Redfern Avenue, 11691
718 327 2208
Food Pantry: Mon, Wed 12pm-2pm

- 76 First Presbyterian Russell Sage Memorial Food Pantry**
896 Central Avenue, 11691
718 909 5953
Food Pantry: Sat 9am-10:30am
Must be 18 yrs or older.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

77 Jamaica Friday Down to Earth Farmers' Market

Parsons Blvd. between Archer and Jamaica Ave., 11432

Fri 8:30am-4pm, Jun-Nov

78 Jamaica Saturday Down to Earth Farmers' Market

160th St. & Jamaica Ave., 11432

Sat 8:30am-4pm, Jun-Nov

79 Edgemere Farm Market

Beach Channel Dr. and Beach 45 St., 11691

Sat, Sun 9am-2pm, May-Oct

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc



JOB TRAINING & RESOURCES

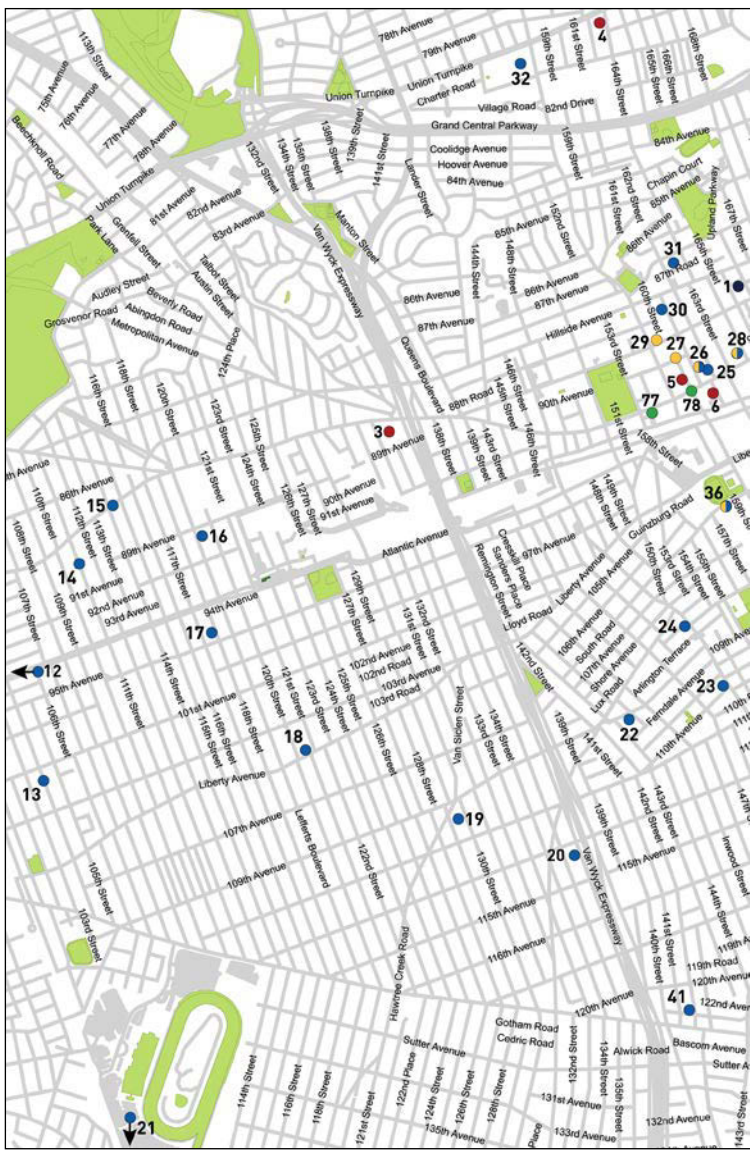
Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

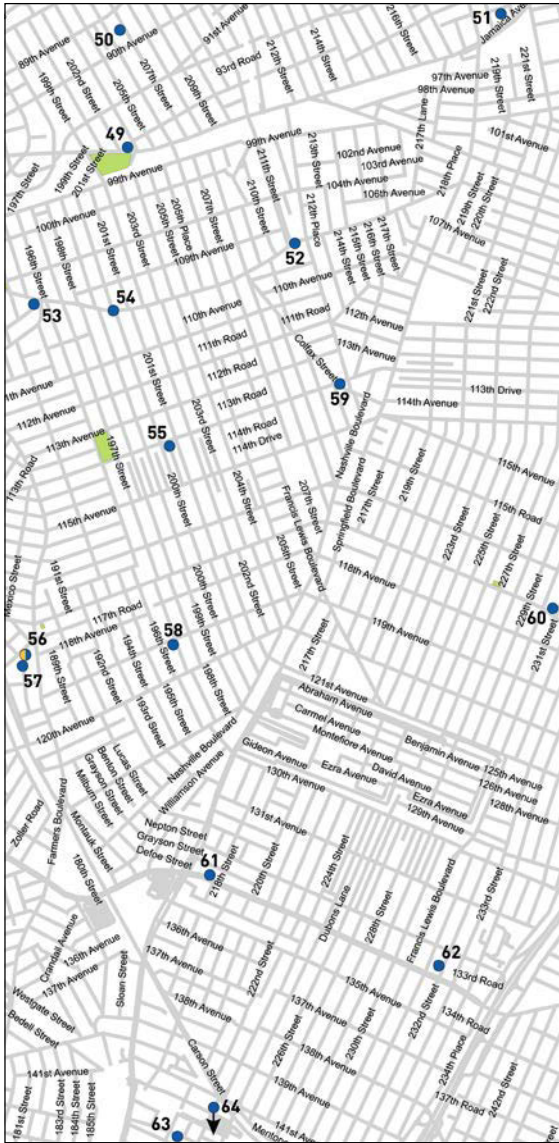
www1.nyc.gov/site/hra/help/types-training-education.page





KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Queens Hospital Center

82-68 164 St., 11432
718 883 3000

Jamaica Hospital

8900 Van Wyck Expressway, 11418
718 206 6000

South Queens Health Center

114-02 Guy R. Brewer Blvd., 11434
718 883 6699

Charles B. Wang Community Health Center

136-26 37 Ave., 11354
718 886 1200

Queens Health Network Medical Center at Parsons

90-37 Parsons Blvd., 11413
718 334 6440

Joseph P. Addabbo Family Health Center

6200 Beach Channell Dr., 11692
718 945 7150

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

168-22 Jamaica Ave., Jamaica 11432

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

Credits: Icons adapted from The Noun Project collection. Map data © OpenStreet-Map contributors.

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.