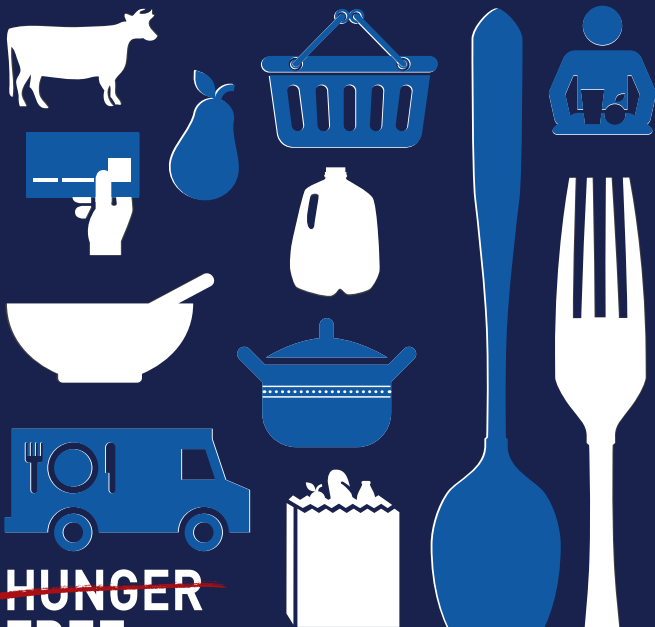


# NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



~~HUNGER~~  
FREE  
NYC

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

# ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER  
FREE NYC TO CONNECT THOSE IN NEED  
WITH FREE COMMUNITY RESOURCES.  
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, [www.hungerfreenyc.org/guides](http://www.hungerfreenyc.org/guides).

To order additional copies of this guide, send us a request at [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org), if you do not have access to a computer, call (646) 350-3833.

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# SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

## TERMS

### EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

### SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."




## WHAT SHOULD I KNOW?

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- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 28.

## AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

 NUMBER OF PEOPLE IN HOUSEHOLD	 MONTHLY INCOME LIMIT (PRE-TAXES) <sup>1</sup>	 MAX. MONTHLY SNAP BENEFITS <sup>2</sup>
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	<sup>1</sup> In effect 10/1/17 - 9/30/18.	<sup>2</sup> In effect 10/1/17 - 9/30/18.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

## IMMIGRANT ELIGIBILITY

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Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

## HOW TO APPLY

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### Get help from Hunger Free NYC

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

#### **Hunger Free NYC**

646 865 0793 & 646 350 1104

**2****ACCESSNYC**

Apply online at:

[www.nyc.gov/accessnyc](http://www.nyc.gov/accessnyc)

**3****Visit Your Local HRA Office**

Apply at a SNAP office near you:

**1 Concourse SNAP Center**

1375 Jerome Ave., 2nd Floor, 10452

718 722 8013

**Mon-Fri** 8:30am-6pm; **Sat** 9am-5pm

**2 Hunts Point SNAP Center**

845 Barretto St., Level B, 10474

718 722 8013

**Mon-Fri** 8:30am-5pm

**3 Crotona SNAP Center**

1910 Monterey Ave., 5th Floor, 10457

718 722 8013

**Mon-Fri** 8:30am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



# FOOD FOR KIDS

## WOMEN, INFANTS & CHILDREN

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**WIC** is the Women, Infants & Children Program.

### QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

### HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

#### 4 Lincoln Medical & Mental Health Center

234 E. 149 St., 10451  
718 579 5397

**Mon** 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm

#### 5 Montefiore Medical Center- 161 St WIC

432 E. 161 St., 10451  
718 585 4695

**Mon, Wed-Fri** 8am-4pm; **Tue** 9am-5pm all by appt. only

#### 6 Lincoln Hospital - Morrisania Neighborhood Family Health Center WIC Program

1225 Gerard Ave., 10452  
718-960-2805

**Mon-Thu** 8am-8pm; **Fri** 8am-5pm, **every other Sat** 8:30am-4pm, all by appt. only



- 7 Bronx Lebanon Hospital Center**  
21 East Mount Eden Ave, 10452  
718 583 4278  
**Mon, Tue, Thu** 8am-3pm; **Wed** 8am-6pm, later hours only if working/in school; **Fri** 8am-12pm; **2nd Sat** 9am-2pm by appointment only.
- 8 Lincoln Hospital - Morrisania Neighborhood Family Health Center WIC Program**  
1225 Gerard Ave., 10452  
718 960 2805  
**Mon-Thu** 8am-8pm; **Fri** 8am-5pm, **every other Sat** 8:30am-4pm, all by appt. only
- 9 Lincoln Hospital - Morrisania Longwood WIC Program**  
1125 Grand Concourse (entrance on McClellan Ave.),, 10452  
718 588 1887/1501  
**Mon, Tue, Thu** 9am-5pm; **Wed, Fri** 8:30am-4:30pm, **every other Sat** 8:30am-4:30pm all by appt. only
- 10 Morris Heights Health Center - Walton**  
25 E. 183rd St., 10453  
718 839 8903  
**Mon, Wed** 8:30am-7:30pm; **Tue** 8am-5pm; **Thu** 8:30am-5pm; **Fri** 9:30am-5pm; **1st, 2nd, 4th Sat** 9:30am-2pm
- 11 Morris Heights Health Center**  
85 W. Burnside Ave, 10453  
718 716 4400  
**Mon** 8:30am-8pm, **Tue** 8am-5pm, **Wed** 8:30am-7:30pm, **Thu** 8:30am-7pm, **Fri** 9:30am-5pm, **Sat** 9:30am-2pm
- 12 St. Barnabas Hospital**  
2021 Grand Concourse, 1st Floor, 10453  
718 901 9510  
**Mon-Thu** 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm

- 13 Morris Heights Health Center - St. Ann's**  
625 E. 137th St., 10454  
718 425 3888  
**Mon-Wed** 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat**  
once/month 9:30am-2pm
- 14 Lincoln Hospital - Segundo Ruiz Belvis Center**  
545 E. 142 St., 10454  
718-579-1707  
**Mon** 7:30am-7pm, **Tue-Fri** 7:30am-5pm
- 15 Public Health Solutions East Tremont WIC Center**  
519 East Tremont Avenue, 10457  
718 589 4776  
**Mon** 11am - 6:30pm, **Tue - Fri** 8:30am - 4pm
- 16 St. Barnabas Hospital - 188th St.**  
260 E. 188 St., 10458  
718 220 2020  
**Mon-Thu** 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm
- 17 Montefiore Medical Center - Fordham Plaza WIC**  
1 Fordham Plaza, 5th floor, 10458  
718 405 4066  
**Mon-Wed, Fri** 8am-4pm, **Thu** 9am-5pm all by appt. only
- 18 Urban Health Plan - Bronx WIC**  
1070 Southern Blvd., 10459  
718 589 4776  
**Mon** 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu**  
7:30am-5pm, **Fri** 9am-3pm, **Sat** 8:30am-1pm
- 19 Montefiore Medical Center - Westchester Square WIC**  
22 Westchester Square, 10461  
718-829-4401  
**Mon, Tue, Thu, Fri** 8am-4pm; **Wed** 9am-5pm all by appt. only

**20 Morris Heights Health Center - Parkchester**

2019 Westchester Avenue, 10462  
718 931 2030

**Mon-Wed** 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat**  
**once/month** 9:30am-2pm

**21 Montefiore New Rochelle - White Plains WIC**

3401 White Plains Road, 10467  
718-547-6345

**Mon** 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri,**  
**Sat** 9am-12:30pm

**22 Montefiore New Rochelle - 233 St WIC**

1600 E. 233rd St., 10466  
718 231 5800

**Mon 9am-6pm; Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri,**  
**Sat** 9am-12:30pm

**23 Morris Heights Health Center - Vanguard**

825 E. 233rd St., 10466  
347 418 3399

**Mon-Wed** 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat**  
**once/month** 9:30am-2pm

## SCHOOL & SUMMER MEALS

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**SFSP** is the Summer Food Service Program, also known as Summer Meals.

### QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit [www.schoolfoodnyc.org](http://www.schoolfoodnyc.org) for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



# SENIOR MEALS

## MEALS AT SENIOR CENTERS

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Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

### **FIND YOUR LOCAL SENIOR CENTER**

Call 311 and be prepared to provide your ZIP code to the operator.

## MEALS-ON-WHEELS PROGRAM

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If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

### **HOW TO APPLY**

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



# SOUP KITCHENS



# FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

## SOUTH BRONX (Lower)

10454, 10455, 10451

### 24 B00M!Health Harm Reduction Center

226 East 144th St., 3rd Floor., 10451

718 292 7718 x228

**Soup Kitchen: Thu** 12:15pm-1:15pm

### 25 Missionary Church of Christ

937 Teller Avenue, 10451

718 588 4545

**Food Pantry: Sat** 10am-12pm

### 26 Shout For Joy Baptist Church

421 East 161 St, 10451

718 991 1040

**Food Pantry: Sat** 9am-11am. ID required.

**27 Every Day is a Miracle**

411 East 143rd St., 10454  
347 618 1162

**Food Pantry: Fri** 10am-1:30pm.  
ID required.

**28 Abraham House**

340 Willis Avenue, 10454  
718 292 9321 x22

**Food Pantry: Sat** 6:30am-7:30am.  
ID required.

**29 Abundant Life Tabernacle**

2692 3rd Ave., 10454  
718 292 8734

**Food Pantry: Tue, Thu** 12:30pm-2pm.  
Must call at before 11am on Thursday to schedule pick up. ID  
and proof of address required for every family member.

**30 St. Jerome Community Food Pantry**

330 E. 138th St., 10454  
718 402 7866

**Food Pantry: Wed** 4pm - 6pm. ID required, must live in 10454.

**31 St. Luke's Food Pantry**

623 E. 138th St., 10454  
718 665 6677

**Food Pantry: Fri** 10am-12pm.  
ID required.

**32 Way Out Church Ministries**

518 East 148th Street, 10455  
718 665 8069

**Food Pantry: Tue** 8am-12pm  
Vegetables available every day 10am-2pm

● **33 Catholic Charities Bronx Center**

402 E 152 St, 10455

718 292 9090

**Food Pantry: Wed** 5pm-7pm (for working families); **Thu** 10pm-12pm; **Fri** 10pm-12pm (for seniors).

ID and proof of address required.

**34 The Relief Bus - Bronx Brook Ave.**

Brook Ave. between 147th and 148th, 10455

800 736 2773

**Mobile Soup Kitchen: Sat** 10am - 2pm.

**35 United Bronx Parents Soup Kitchen**

1006 East 151st St., 10455

718 991 7100

**Soup Kitchen: Mon-Fri** 11:30 am-1 pm, 2:30 pm- 4pm

**Food Pantry: Wed and Fri** 10 am-12pm

First come, first served.

**36 St. Margaret's Episcopal Church**

940 E. 156th St., 10455

718 589 4430

**Soup Kitchen: Sun** 9am-10am, **Wed** 6pm-7pm

## **SOUTH BRONX (Upper)**

10452, 10453, 10457, 10456, 10459, 10474, 10460

**37 Bread Basket at Woodycrest United Methodist Church**

89 West 166th St, 10452

718 538 7500

**Soup Kitchen: Wed** 12pm-2pm

**38 The Momentum Project at Church of God of Prophecy**

85 East 165th St at Gerard & Walton Aves, 10452

212 691 8100

**Soup Kitchen: Wed** 11:30am-1pm, 5:30pm-6:30pm.

Dinner clients must complete intake at 3pm.



- 39 Grand Central Food Program - 164th St. & Ogden**  
NE corner of 164th St. & Ogden Ave., 10452  
212 776 2000  
**Mobile Soup Kitchen: Everyday** 8:25pm;  
Come on time - distribution is mobile.
- 40 Grand Central Food Program - 170th & Jerome**  
170th St. & Jerome, 10452  
212 776 2000  
**Mobile Soup Kitchen: Everyday** 8:30pm;  
Come on time - distribution is mobile.
- 41 Tolentine Zeiser Community Life Center**  
1261 Shakespeare Ave., 10452  
917 549 8958  
**Food Pantry: Fri** 9am-11am.  
Emergencies anytime. Can come once/month.
- 42 WHEDCo - Women's Housing and Econ. Dev. Corp.**  
50 East 168th Street, 10452  
718 839 1100  
**Food Pantry: Wed** 9:30am.  
Tickets distributed starting at 7:30am to first 30 people. ID and proof of address required. Emergency bags provided as needed Mon-Fri 9am-5pm.
- 43 Community Food Pantry at Highbridge**  
1363 Ogden Ave., 10452  
718 960 2262  
**Food Pantry: Monday - Friday:** 9:30 AM - 5 PM.  
ID with photo and current address required.
- 44 Grand Concourse Food Pantry**  
1275 Grand Concourse, 10452  
**Food Pantry: Wed** 1:30pm-4pm

● **45 Bronx Works Morris Innovative Senior Center**

80 East 181st St., 10453

718 933 5300

**Food Pantry: 2nd Fri** 1:30pm-2:30pm (seniors only); **last Fri** 1:30pm-2:30pm (open to community).

Tickets for pantry are distributed at 7:30am, everyone with a ticket is guaranteed a bag.

**46 True Gospel Tabernacle Church**

1 West Tremont Ave., 10453

718 901 2786

**Food Pantry: Tue** 12pm-4pm, **Wed** 2pm-4pm, **Thu** 11am-1pm.

Photo ID required. Food distributed by last name - A-F starts 1st Thu, G-L 2nd Thu, M-R 3rd Thu, S-Z 4th Thu, 5th Thu no pantry.

**47 Davidson Community Center**

2038 Davidson Ave., 10453

718 731 6360

**Food Pantry: Wed** 10am-12pm

**48 St. Edmunds Youth Programs, Inc.**

1905 Morris Avenue, 10453

(718) 466-9370

**Food Pantry: Thu** 12pm-2pm.

Tickets distributed Thu 8am. Occasional Monday distribution, call to check.

● **49 Heights Pantry/ Bronxworks, Inc.**

200 West Tremont Ave., 3rd Fl, 10453

718 299 0300

**Food Pantry: 1st, 3rd Fri** 9am.

1st Fri is for first 80 in the community, 3rd Fri for first 80 60+ (seniors only). Tickets are passed out around 7:30 a.m. Pantry bags are distributed at 9:00 a.m. Everyone with a ticket is guaranteed a pantry bag.

**50 Morrisania Revitalization Corp. Food Pantry**

576 East 165th St., 10456

718 541 4597

**Food Pantry: Fri** 10am-12pm.

Photo ID preferred.

**51 St. Augustine Food Pantry & Clothing Distribution**

1183 Franklin Ave., 10456

718 893 0072 ext.15

**Food Pantry: Mon** for all (Picture ID required) 10:30am-1pm, **Thu** for working people only 5pm-7pm (Pay stub & ID required).**52 Inspirational Food Pantry**

1211 Brook Avenue, 10456

347 272 0596

**Food Pantry: Sat** 11am-1pm.

Photo ID required.

**53 Evangelistic Communities Outreach Bronx (Client's Choice Food Pantry)**

755 Home St., 10456

(646) 327-6254

**Food Pantry: Mon- Wed:** 10 am- 12 pm, **Thu:** 10 am - 5pm**54 Worldwide Movement Father Son & Holy Spirit**

1055 Findlay Ave, 10456

347 272 9533

**Food Pantry: Sat** 9am to 12pm**55 New Covenant Community Development Corporation**

1175 Boston Road, 10456

718 328 6072 x119

**Food Pantry: Thu** 10am-1pm.

ID required for registration.

**56 Vineyard Food Pantry**

1140 Teller Avenue, 10456

718 865 4011

**Food Pantry: Sat** 10am-12pm, Photo

ID required

**57 Libres Por Jesucristo**

609 E. 182nd St., 10457

646 408 3909

**Food Pantry: Wed** 1pm-2pm.

Tickets distributed Wed 9am.

**58 Abrigo Del Altisimo**

2009 Monterey Ave., 10457

718 669 4826

**Food Pantry: Tue** 2pm-4pm

**59 Bronx Seventh Day Adventist Church**

1695 Washington Avenue, 10457

917 351 8777

**Food Pantry: Thu** 2pm-5pm.

ID required for registration. Provide emergency food, food delivery services (if eligible), clothing pantry, and referrals.

**60 Joshua and Caleb Ministries Inc.**

1688 Webster Avenue, 10457

**Food Pantry: Sat** 11:00 am - 12:00 pm

**61 Cardinal McCloskey Services**

951-953 Southern Blvd. #303, 10459

718 542 0255

**Food Pantry: Mon, Wed, Fri** 8:30am-12pm.

Emergency pantry, requires a referral.

**62 The HopeLine**

884 E. 163rd St., 10459

718 402 1212

**Food Pantry: Wed, Thu** by appointment only;

Must be Bronx resident and provide photo ID and proof of address. Diaper bank: Tuesday, by appointment only

**63 Loyal Baptist Church**

881 East 167th Street, 10459

718 328 3512

**Food Pantry: Thu** 11am - 3pm

- 64 Bright Temple AME Church**  
812 Faile St., 10474  
718 542 7777  
**Food Pantry: Fri** 10am-12pm
- 65 St. Anthony Catholic Church**  
1496 Commonwealth Ave., 10460  
718 931 4040  
**Soup Kitchen: Sat** 11am-2pm (hot meal)

- 66 Grace Episcopal Church**  
1909 Vyse Ave., 10460  
718 542 1946  
**Soup Kitchen: Tue, Sat** 12pm-1:30pm.  
**Food Pantry: Thu** 9am-1pm. ID required for pantry.

## EAST BRONX

10472, 10473, 10461, 10462

- 67 Saint Joan of Arc Church - Youth Ministries for Peace and Justice**  
1372 Stratford Avenue., 10472  
718 842 2233  
**Soup Kitchen: Sat** 10am-1pm or until food runs out.  
Closed July and August.
- 68 El Amanecer De La Esperanza**  
1779 East 172nd Street, 10472  
718 863 4440  
**Food Pantry: Fri** 9am-12pm.  
Photo ID preferred.
- 69 Fellowship Covenant Church**  
720 Castle Hill Ave., 10473  
718 829 2116  
**Soup Kitchen: 1st, 3rd Sat** 1-3pm  
**Food Pantry: Wed** 10am-11:30am.  
ID required, can come once/month. Call on Tuesday for pick up  
Wednesday.

**70 The Love Kitchen of St. Peter's Church - Westchester Square**

2500 Westchester Ave, 10461

718 931 9270

**Soup Kitchen: Thu** 12pm-1:30pm

**Food Pantry: 1st, 3rd Tue** 10am-12pm

Bring cart for pantry.

**71 St. Paul's Evangelical Lutheran Church**

1891 McGraw Avenue, 10462

(718) 822-4535

**Food Pantry: Fri** 8am-10am.

Photo ID, proof of address required on first visit, and birth certificates for all children preferred.

**72 Jewish Community Council of Pelham Parkway**

2157 Holland Avenue, 10462

(718) 792-4744

**Food Pantry: Tue, Wed, Thu** 1pm - 4pm.

ID preferred.

**73 LAMP Catholic Ministries**

2704 Schurz Ave., 10465

718 409 5062

**Food Pantry: Tue-Sat** 12 PM - 1 PM

## **NORTHWEST BRONX**

10458, 10468

**74 Christ Apostolic Church WOSEM Citadel of God Almighty**

442 East 183rd Street, 10458

718 364 4320

**Food Pantry: Wed** 7:30pm-8:30pm

**75 New St. John Baptist Church**

2409 Lorillard Place, 10458

917 400 4830

**Food Pantry: Tue** 8 am-1 pm, **Thu** 8 am - 3pm, **Fri** 8am - 10am,

**Sun** 12pm - 2pm

ID required.

**76 Our Lady of Refuge**

290 E. 196th St., 10458  
718) 367 4690

**Food Pantry: Wed** 9am-10am.

ID required. Can come once/month.

**77 Grand Central Food Program - Fordham & Webster**

Fordham Rd. & Webster Ave., 10458  
(212) 776-2000

**Mobile Soup Kitchen: Everyday** 9:10pm;

Come on time - distribution is mobile.

**78 Part of the Solution (POTS)**

2759 Webster Avenue, 2nd FL, 10458  
(718) 220-4892

**Soup Kitchen/Dining Room: Mon-Sun** 12:30pm-3:30pm;

**Food Pantry: Mon-Sat** 9:00-12:00pm, **Sat** 3:30-5:30pm to "shop"  
(free) in the Food Pantry.

Food Pantry services are available on a monthly basis to households in the following zip codes: 10453, 10457, 10458, 10460, 10463, 10467, and 10468. If you missed your appointment, come any other day during the times listed above. Showers Mon-Fri 8:30am-10:45am; Haircuts Tue, Thu 8am; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri. Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon, Tue, Wed, Fri, Sat 9am - 3pm.

**79 BOOM! Health**

540 E. Fordham Rd., 10458  
(718) 295-5605

**Food Pantry: Mon-Fri** 9am-4pm

**80 Louise's Pantry at Park Avenue Thorpe**

406 East 184th Street, 10458  
646-713-2732

**Food Pantry: Wed** 8:30am-9:30am.

Served on alternating last name basis; A-L or M-Z. Call in advance to see which last names will be served. Provides clothing, toiletries, housing counseling, youth programming and job readiness workshops.

### **81 Grand Central Food Program - Fordham & University**

Fordham Rd. and University Ave., 10468  
(212) 776-2000

**Mobile Soup Kitchen: Everyday** 8:45pm

Come on time - distribution is mobile.

### **82 Creston Avenue Baptist Church**

114 E. 188th St., 10468

718-367-1754

**Soup Kitchen: Sat** 12 PM - 2 PM

**Food Pantry: Mon, Wed, Fri** 12 PM - 2 PM

Photo ID and proof of address (or letter from an agency if homeless) required for food pantry, can come once/month.

### **83 Heavenly Vision Christian Center**

2868 Jerome Ave., 10468

(718) 220-8124

**Food Pantry: Tue** 9am - 11am, ID required.

## **NORTHEAST BRONX**

10467, 10469, 10466, 10475

### **84 Shiloh Temple Pentacostal Church**

719 E. 223rd St., 10466

(718) 882-8909

**Soup Kitchen: Thu** 9am-1pm

**Food Pantry: Tue** 8am-12pm

### **85 Faith Apostolic Gospel Temple**

3956 Bronxwood Avenue, 10466

718-882-6717

**Food Pantry: Saturday** 10-12pm

### **86 Church of St. Frances of Rome**

760 Whitehall Place, 10466

718-324-5361

**Food Pantry: Bi-monthly Fri** 9am-12pm



**87 City of Faith Church of God Food Pantry**

3453 White Plains Rd., 10467  
(718) 798-3052

**Food Pantry: 1st, 3rd Tue** 1-2:30pm

ID required first time. Alternate weeks for last names A-M and N-Z.

**88 Helping Hands of Immaculate Conception Church**

754 East Gun Hill Road, 10467

**Soup Kitchen: Mon-Fri** 1 pm - 2 pm

**Food Pantry: Every 3rd Sat** 10 am - 12 pm

ID and proof of address required. Serves residents of 10467 and 10469.

**89 Astor Family Services**

750 Tilden St., 10467  
(718) 231-3400

**Food Pantry: Thu** 2pm-2:30pm.

Call Wed for appt, service zip code 10466, 10467, 10469; Calls are taken on Wednesday from 2 to 3pm for appointment to the community and referrals.

**90 Church of Pentecost**

621 East 216th Street, 10467  
718-405-5381

**Food Pantry: Every other Thu** 1pm-2pm.

Call first to confirm.

**91 Christ Disciples International Ministries**

3031-31 Webster Ave., 10467  
(646) 294-7726

**Food Pantry: Wed, Sat** 10:30am-1pm.

Bring ID and proof of household size, client-choice pantry

**92 Eastchester Presbyterian Church**

3154 Fish Ave., 10469

(718) 798-1855

**Soup Kitchen: Thu** 5:30pm-6:30pm

**Food Pantry: 3rd Sat** of the month 10am.

ID required.

**93 Black Forum of CO-OP City, Inc.**

177 Dreiser Loop, 10475

718-320-8035

**Food Pantry: Tue, Wed, Thu, Fri** 11am-12:45pm.

Photo ID with address required. Serves residents of 10475. Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Bring 2 clean grocery bags & shopping cart to carry heavy items. Free healthy cooking workshops offered - call for details.

**94 Co-op City SDA Church**

1010 Baychester Avenue, 10475

646-851-8591

**Food Pantry: 1st, 3rd Wed** 4:30pm-6pm.



# JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

## EMPLOYMENT & TRAINING

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Visit the following sites to find out more about training and education programs across the city:

[www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml](http://www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml)

[www1.nyc.gov/site/hra/help/types-training-education.page](http://www1.nyc.gov/site/hra/help/types-training-education.page)



# FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

## FARMERS' MARKETS

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All farmers' markets listed accept EBT/SNAP (food stamps).

- 95 Bronx Borough Hall Greenmarket**  
Grand Concourse bet. 161st St. & 162nd St., 10451  
**Tue** 8am-4pm, Jun 5-Nov 27.
- 96 Lincoln Hospital Greenmarket**  
149th St. between Park Ave. & Morris Ave., 10456  
**Tue, Fri** 8am-3pm, Jun 29 - Nov 20 Closed 11/6 (Election).
- 97 Learn It Grow It Eat It Youthmarket**  
at McKinley Square (169th Street and Boston Road), 10456  
Wednesdays, 10:00 am - 3:00 pm, July 11-Nov 21, 2018
- 98 La Familia Verde Farmers' Market**  
E. Tremont Ave & LaFontaine Ave (in Tremont Park), 10457  
**Tue** 8am-2pm, Jul 11 - Nov 13
- 99 Poe Park Greenmarket**  
E. 192 St. & Grand Concourse, 10458  
**Tue** 8am-3pm, Jun 20-Nov 28.
- 100 Parkchester Greenmarket**  
Westchester Ave. & White Plains Rd., 10472  
**Fri** 8am-4pm, Jun 15-Nov 30 Closed 11/23 (Black Fri).

- 101 Harvest Home Mt. Eden Farmers' Market**  
Claremont Park, Mt. Eden and Morris Ave., 10457  
**Tue, Thu** 8am-4pm, Jun 5-Nov 20.
- 102 Harvest Home St. Mary's Park Market**  
St. Mary's Park (149th & St. Ann's Ave), 10455  
**Thu** 8am-4pm, Jun 7-Nov 15
- 103 Harvest Home Hunts Point Market**  
Monsignor Del Valle Park bwtm 163 St. & Hunts Point Ave., 10474  
**Wed** 8am-4pm, Jun 6-Nov 21
- 104 Harvest Home Jacobi Hospital Market**  
1400 Pelham Parkway, 10461  
**Tue, Fri** 8am-4pm Jun 5-Nov 20,
- 105 Harvest Home Co-op City Market**  
Asch Loop & Aldrich St., 10475  
**Wed** 8am-4pm Jun 8-Nov 21
- 106 Harvest Home North Central Bronx Market**  
Mosholu Parkway & Jerome Ave., 10467  
**Wed** 8am-4pm, Jun 6-Nov 20,

## CSA PROGRAMS

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CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

### Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

**Contact:** [info@corbinhillfarm.com](mailto:info@corbinhillfarm.com), 646 254 2250

**Web:** [www.corbinhillfoodproject.org/new-farm-share/](http://www.corbinhillfoodproject.org/new-farm-share/)

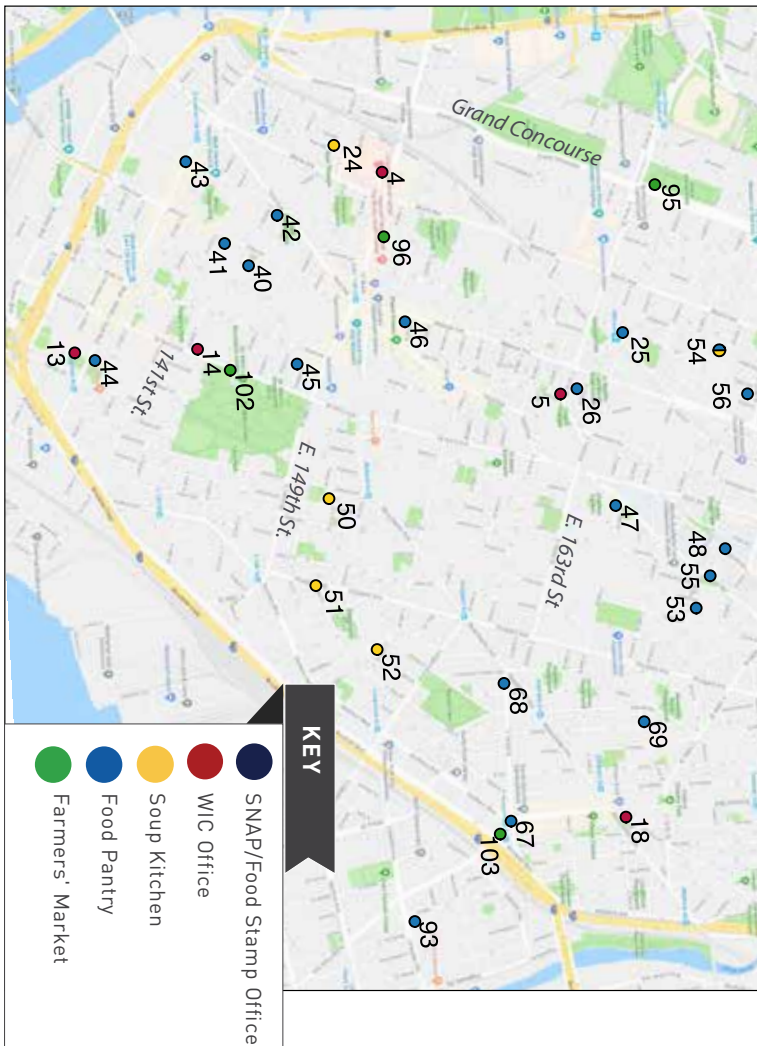
### Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

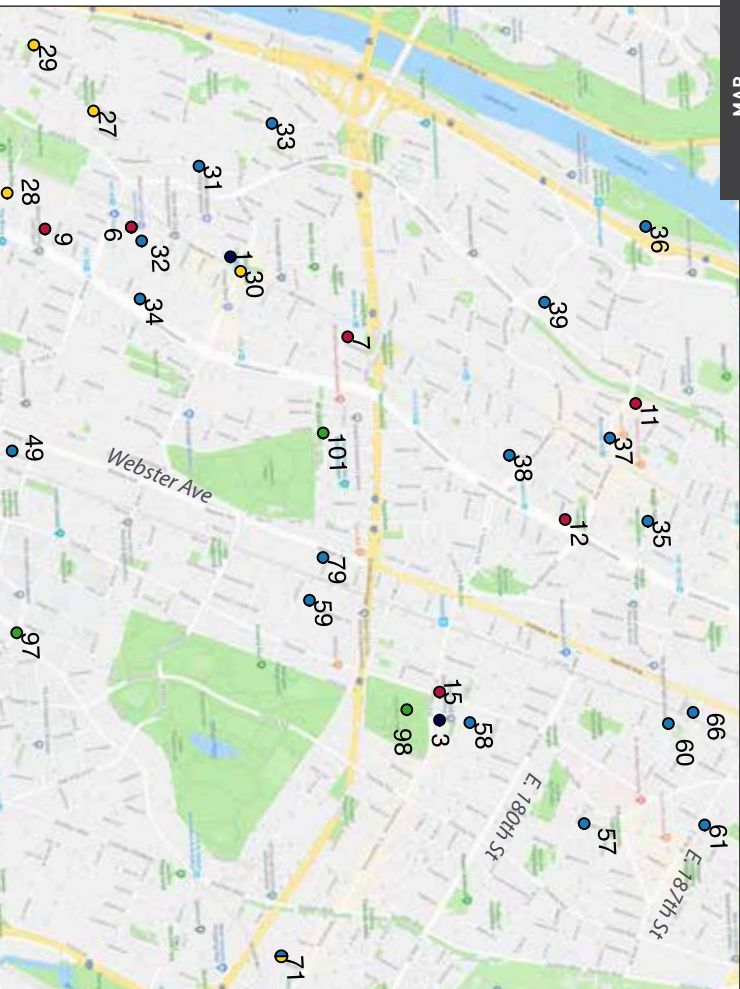
**Contact:** [info@justfood.org](mailto:info@justfood.org), 212 645 9880

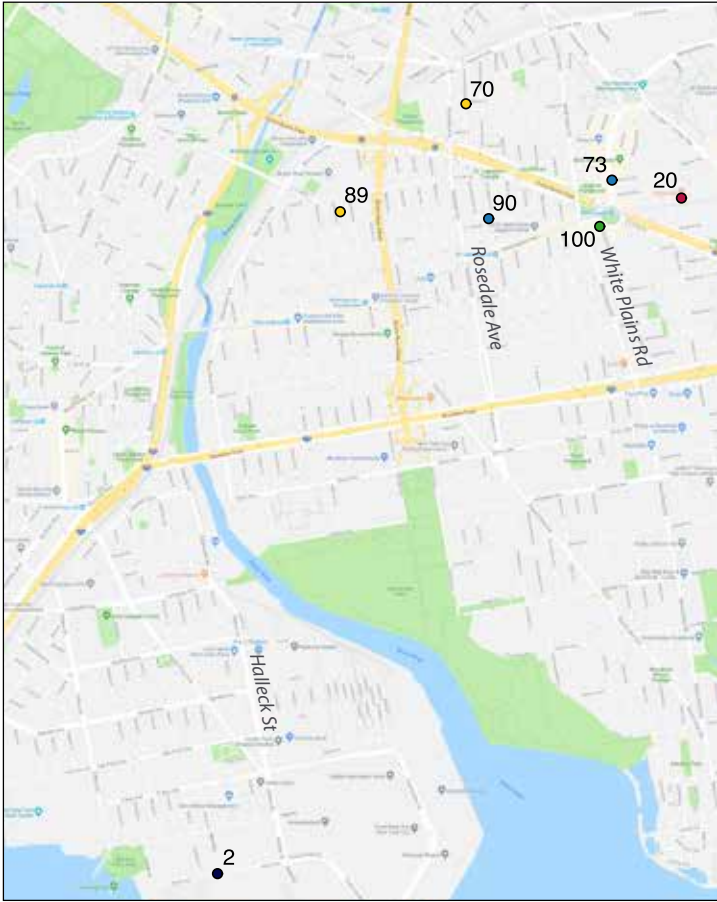
**Web:** [www.justfood.org/csaloc](http://www.justfood.org/csaloc)

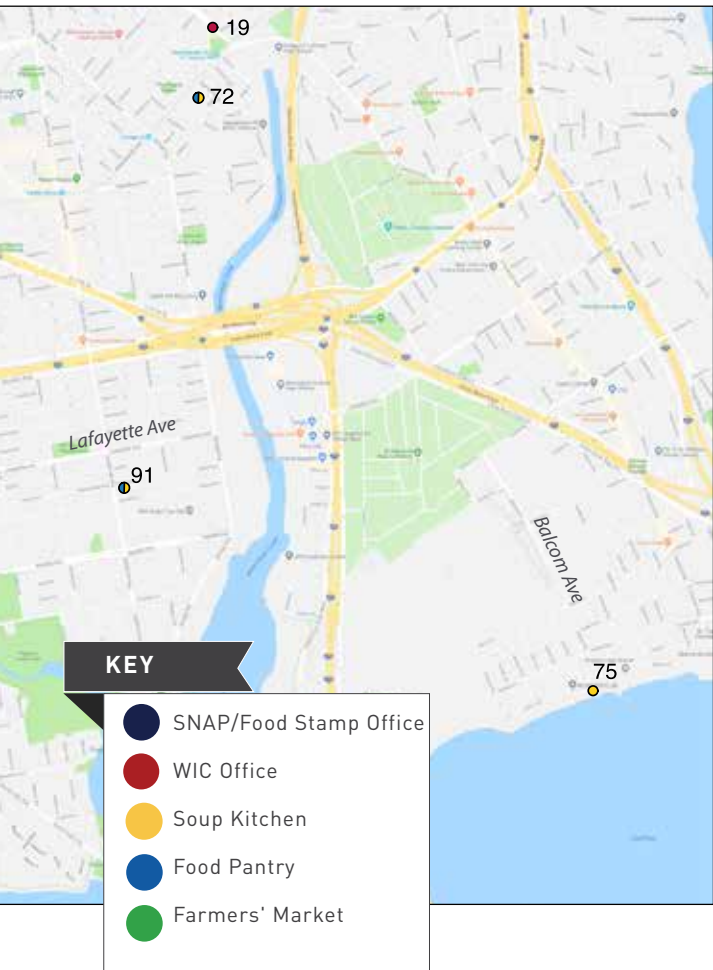






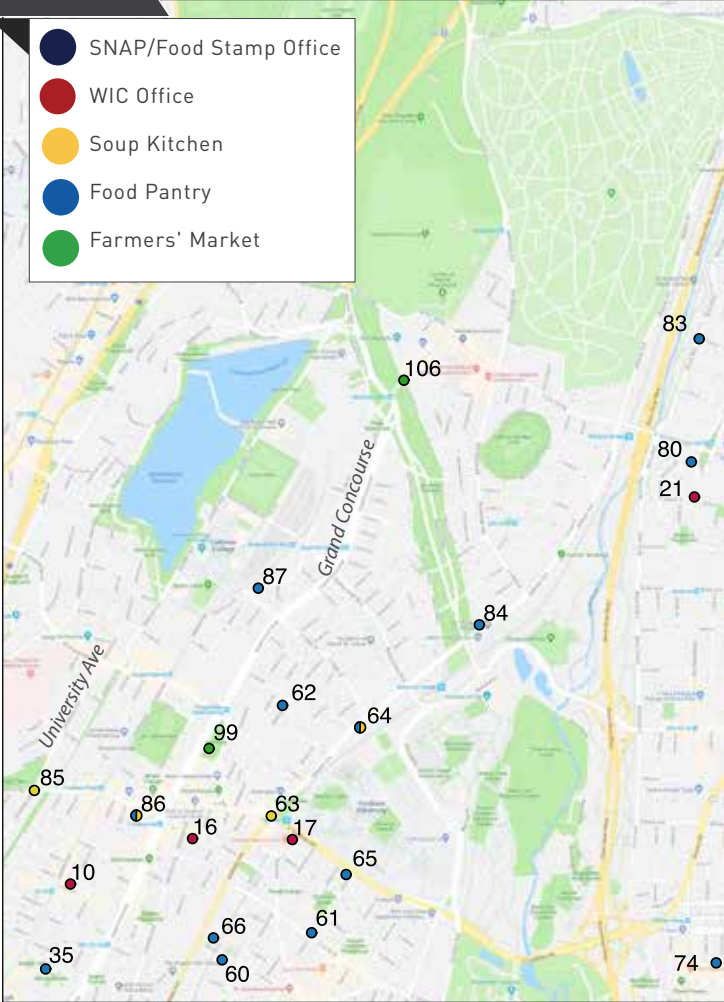


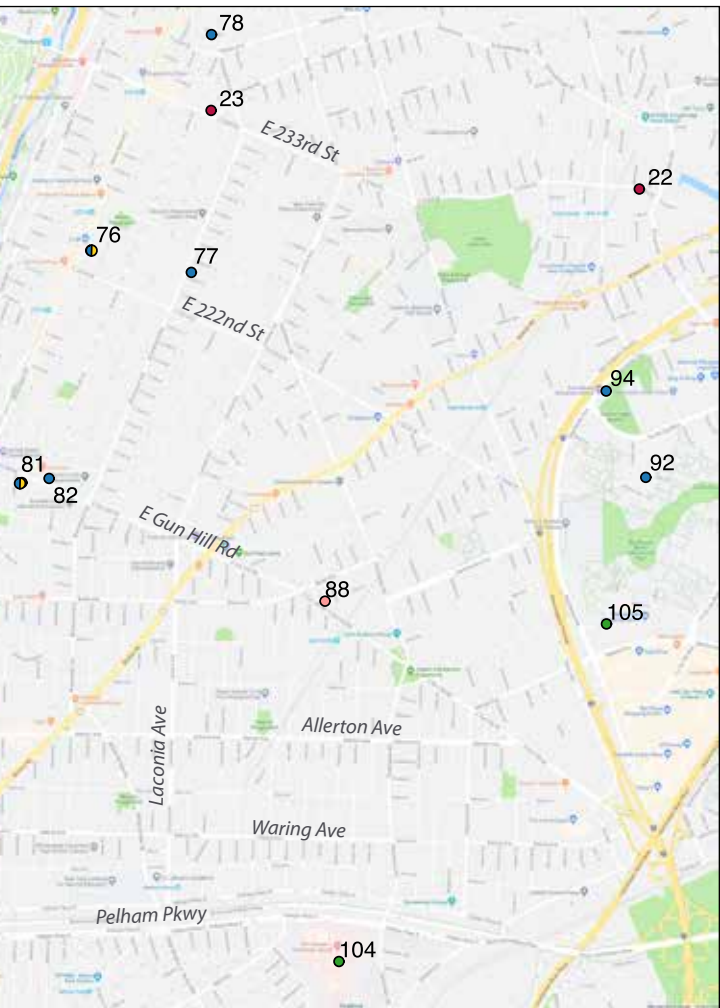




# KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market





# OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

## MEDICAL CARE

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### **Lincoln Medical & Mental Health Center**

234 E. 149 St., 10451  
718 579 5000

### **North Central Bronx Hospital**

3424 Kossuth Ave., 10467  
718 519 5000

### **Jacobi Medical Center**

1400 Pelham Parkway South, 10461  
718 918 5000

### **Segundo Ruiz Belvis Neighborhood Care Center**

545 E. 142 St., 10469  
718 918 4000

### **Morrisania Diagnostic and Treatment Center**

1225 Gerard Ave., 10452  
718 960 2805

### **Tremont Health Center**

1826 Arthur Ave., 10457  
718 918 8750

## HEALTH INSURANCE

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### **Affinity Health System**

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

### **General Info** 866 694 9809

2831 3 Ave., 10455  
301 E. Fordham Rd., 10458  
1250 Water Pl. (Metro Center Tower 1, entrance off Marconi St), 10461

## LEGAL ASSISTANCE

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### The City Bar Justice Hotline

212 626 7383

**Mon–Thu** 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

### [www.lawhelpny.org](http://www.lawhelpny.org)

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

## EMERGENCY NUMBERS

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**National Hunger Hotline** 866 3-HUNGRY (866 348 6479)

**NYC Hunger Hotline** 866 888 8777

**Police, Fire or Ambulance:** 911

**Emergency Shelter:** 311

**Homeless Hotline:** 800 994 6494, 212 533 5151

**Immigration Hotline:** 212 419 3737, 800 566 7636

**Center for Disease Control:** 800 232 4636

**Poison Control:** 800 222 1222

**AIDS Hotline:** 800 541 AIDS, 800 233 7432 (Spanish)

**Alcoholics Anonymous:** 212 647 1680

**Narcotics Anonymous:** 212 929 6262

**Gamblers Anonymous Hotline:** 855 222 5542

**Domestic Violence Hotline:** 800 621 4673

**Battered Women Hotline:** 718 499 2151

**Rape & Sexual Assault Hotline:** 212 423 2140, 212 227 3000

**Child Abuse Hotline:** 800 342 3720

**Runaway Hotline:** 800 786 2929 (800 RUN AWAY)

**Crime Victim Hotline:** 212 577 7777, 800 689 4357

**Suicide Hotline:** 800 273 8255























**National Crisis Line:** 800 999 9999

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## WHAT AM I ELIGIBLE FOR?

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Use the chart below to see what programs may be available for you and your family.

<b>PEOPLE WITH CHILDREN</b>				
<b>PEOPLE WITHOUT CHILDREN</b>				
<b>SENIOR CITIZENS</b>				
<b>HOMELESS INDIVIDUALS</b>				
<b>LEGAL IMMIGRANTS</b>				
<b>UNDOCUMENTED IMMIGRANTS</b>				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages  
School Breakfast & Lunch  
Free Summer Meals  
for Children



Meals at Soup Kitchens



Meals at Senior Centers  
Home-delivered Meals

~~HUNGER~~  
**FREE**  
**NYC**

Have any suggestions on how to make this Guide better? Email [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).