

NEW YORK

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

2016

ABOUT

THIS GUIDE WAS PRODUCED BY HUNGER FREE NYC TO CONNECT THOSE IN NEED WITH FREE COMMUNITY RESOURCES.

WE HOPE IT PROVES USEFUL TO YOU.

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides

To order additional copies of this guide, call (212) 825-0028 x216 or send us an email at guides@hungerfreenyc.org.

**HUNGER
FREE
NYC**

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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP




Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

- ➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- ➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.
- ➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 31.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependent care, can have higher incomes and still be eligible.

 NUMBER OF PEOPLE IN HOUSEHOLD	 MONTHLY INCOME, LIMIT (PRE-TAXES) ¹	 MAX. MONTHLY SNAP BENEFITS ²
1	\$1,276	\$194
2	\$1,726	\$357
3	\$2,177	\$511
4	\$2,628	\$649
Each additional household member	+\$451	+\$146 (approximately)
	¹ In effect 10/1/15 - 9/30/16.	² In effect 10/1/15 - 9/30/16.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; **or**
- are children (ages 18 or under).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is **not** negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 358 4917 & 646 350 1104

2

ACCESSNYC

Apply online at:

www.nyc.gov/accessnyc

3

Visit Your Local HRA Office

Apply at a SNAP office near you:

BRONX

- 1 Concourse SNAP Center**
1375 Jerome Ave., 2nd Floor, 10452
718 722 8013
Mon-Fri 8:30am-6pm; **Sat** 9am-5pm
- 2 Hunts Point SNAP Center**
845 Barretto St., Level B, 10474
718 722 8013
Mon-Fri 8:30am-5pm
- 3 Crotona SNAP Center**
1910 Monterey Ave., 5th Floor, 10457
718 722 8013
Mon-Fri 8:30am-5pm

MANHATTAN

- 4 Washington Heights SNAP Center**
4055 10 Ave., Lower Level, 10034
718 722 8013
Mon-Fri 8:30am-5pm
- 5 St. Nicholas SNAP Center**
132 W. 125 St., 3rd Floor, 10027
718 722 8013
Mon-Fri 8:30am-5pm
- 6 East End SNAP Center**
2322 3 Ave., 3rd Floor, 10035
718 722 8013
Mon-Fri 8:30am-5pm
- 7 Waverly SNAP Center**
12 W. 14 St., 4th Floor, 10011
718 722 8013
Mon-Fri 8:30am-6pm, **Sat** 9am-5pm

BROOKLYN

- 8 Coney Island SNAP Office**
2857-2865 W. 8 St., 1st Floor, 11224
718 722 8013
Mon-Fri 8:30am-5pm
- 9 Fort Greene SNAP Center**
275 Bergen St., 1st Floor, 11217
718 722 8013
Mon-Fri 8:30am-6pm, Sat 9am-5pm
- 10 North Brooklyn SNAP Center**
500 Dekalb Ave., 4th Floor, 11205
718 722 8013
Mon-Fri 8:30am-5pm
- 11 Williamsburg SNAP Center**
30 Thornton St., 4th Floor, 11206
718 722 8013
Mon-Fri 8:30am-5pm
- 12 East New York SNAP Center**
404 Pine St., 1st Floor, 11208
718 722 8013
Mon-Fri 8:30am-5pm

QUEENS

- 13 Queens SNAP Office**
32-20 Northern Blvd., 2nd Floor, 11101
(entrance on Honeywell St.)
718 722 8013
Mon-Fri 8:30am-5pm
- 14 Jamaica SNAP Center**
165-08 88 Ave., 3rd Floor, 11432
718 722 8013
Mon-Fri 8:30am-6pm, Sat 9am-5pm
- 15 Rockaway SNAP Center**
219 Beach 59 St., 1st Floor, 11692
718 722 8013
Mon-Fri 8:30am-5pm

STATEN ISLAND

- 16 Richmond SNAP Center**
201 Bay St., 1st Floor, 10301
718 722 8013
Mon-Fri 8:30am-6pm, Sat 9am-5pm



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- You can work and still get WIC.
- You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call **800 522 5006**, call **866 3-HUNGRY** or visit these local WIC offices.

BRONX

- 17 Sound Shore Medical Center**
3401 White Plains Rd., 10467
718 547 6345
Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm
- 18 Montefiore Medical Center**
22 Westchester Square, 10461
718 829 4401
Mon, Tue, Thu, Fri 8:30am-4:30pm; **Wed** 9am-6pm; **Sat** once a month by appointment
- 19 Montefiore - Fordham Plaza**
1 Fordham Plaza, 5th Floor, 10458
718 405 4066
Mon-Wed, Fri 8:30am-4pm, **Thu** 9am-5:30pm, **Sat** once a month by appt.

20 Urban Health Plan

1070 Southern Blvd., 10459
718 589 4776
Mon-Fri 9am-5pm, **Sat** 8:30am-1pm

21 Lincoln Medical & Mental Health Center

234 E. 149th St., 1st Floor, 10451
718 579 5397
Mon 8:30am-7pm; **Tue-Fri** 8:30am-5pm

MANHATTAN

22 Nagle Avenue Clinic

68 Nagle Ave., 1st Floor, 10040
212 304 4723
Mon 8am-4:30pm; **Tue, Wed** 7am-4:30pm, **Thu** 8am-7pm, **Fri** 8am-4:30pm

23 Harlem Hospital Center WIC-Center for Problems of Living

1727 Amsterdam Ave., 2nd Floor Room 201, 10031
212 926 3273
Mon-Fri 8:30am-4:30pm; **1st & 3rd Tue** 8:30am-7pm

24 William F. Ryan Community Health Center WIC

801 Amsterdam Ave., 10025
212 865 0410
Mon, Thu 9am-7pm; **Tue, Wed, Fri** 8:30am-4:30pm; **Sat** 9:30am-1pm

25 Metropolitan Hospital (Bellevue Hospital)

1901 1 Ave., Room 1D31, 10029
212 423 6919
Mon, Tue, Thu, Fri 8am-5pm, **Wed** 8am-6pm, **Sat** 8:30am-3:30pm

26 Mt. Sinai Health System WIC Program- Roosevelt

515 W. 59 St., 2nd Floor, 10019
212 523 6539
Mon, Wed, Thu 9am-5pm; **Tue** 9am-7pm, **Fri** 9am-4pm

27 East Side WIC (Bellevue Hospital)

462 1 Ave., 10016
212 562 6124

Mon-Wed, Fri 8:30am-5pm; **Thu** 8:30am-6 pm; **Sat** once/
month by appt. Last appointment one hour before close.

28 New York Presbyterian Lower Manhattan Hospital WIC

244 Grand St., 4th Fl., 10002
646 588 2646

Mon-Fri 8am-5pm, **Wed** until 6pm

BROOKLYN**29 Coney Island Hospital WIC Program**

2601 Ocean Parkway, 11235
718 616 4338

Mon-Fri 8am-6pm, **Sat** 9am-5pm

30 Brooklyn Hospital

485 Coney Island Ave., 11218
718 282 8904

Mon, Wed 9am-7pm, **Tue, Thu** 9am-5pm, **Fri** 8:30am-
4:30pm, **2nd, 3rd & 4th Sat** 9am-4pm

31 Yeled v'Yalda Early Childhood Center (Farragut Rd)

6002 Farragut Rd., 11236
718 943 8812

Tue, Wed 10am-5pm

32 North Brooklyn Health Network

100 North Portland Ave., 11205
718 260 7676

Mon-Fri 8am-4pm

33 Bedford Stuyvesant FHC WIC Program

20 New York Ave., 1st Floor, 11216
718 857 4268

Mon, Thu 9am-7pm; **Tue** 9am-5pm; **Wed** 8am-5pm; **Fri**
9am-3pm; **Sat** 9am-2pm

34 Northern Brooklyn Health Network/ Woodhull Medical and Mental Health Center

760 Broadway, 11206
718 963 8559

Mon, Wed, Fri 8am-4pm; **Tue, Thu** 8am-7pm

35 Medisys (East New York)

3080 Atlantic Ave., 11208
718 647 0240

Mon-Sat 8:30am-4pm

QUEENS**36 Public Health Solutions Astoria WIC Center**

12-26 31st Ave., 11106
718 726 5816

Mon-Sat 8:30am-4pm

37 Public Health Solutions Ridgewood WIC Center

853 Onderdonk Ave., 11385
718 381 8343

Mon 11am-6:30pm; **Tue-Sat** 8:30am-4pm

38 Elmhurst Hospital Center

81-06 Baxter Ave., 11373
718 334 3265

Mon, Wed, Fri 8am-5pm; **Tue, Thu** 10am-6pm

39 Public Health Solutions Flushing WIC Center

42-60 Main St., 11355
718 961 6381

Mon 11am-6:30pm; **Tue-Sat** 8:30am-4pm

40 Queens Hospital Center

114-02 Guy R. Brewer Blvd., Suite 213, 11434
718 883 6630

Mon, Wed, Thu 9am-5pm, **Tue** 8am-6:30pm, **Fri** hours
vary, call to confirm

STATEN ISLAND

- 41 Bay Street Health Center**
57 Bay St., 2nd Floor, 10301
718 226 5235
Mon, Wed, Fri 8:30am-4:30pm, Tue 8:30am-6pm
- 42 Richmond University Medical Center**
355 Bard Ave. Residence Bldg. 1st. Floor, 10310
718 818 2373
Mon-Thur 7:30am-4:30pm; Fri 7:30am-3:30pm
- 43 Staten Island University Hospital**
242 Mason Ave., MAP Bldg., 10305
718 226 6270
Mon-Thurs 8am-5pm, Fri 8am-4pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- Many public school students are also eligible for free or reduced price lunch. An application may be required.
- Eligibility for school meals is **not** impacted by immigration status.
- In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text **FOOD to 877-877**, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY.

BRONX

44 Black Forum of Co-Op City, Inc.

177 Dreiser Loop, Room #20, 2nd Floor, 10475
718 320 8035

Food Pantry: Tue-Fri 11am-12:45pm

Photo ID with address required. Serves residents of 10475. Will serve others first time and provide a referral to a food pantry nearest them. Bring 2 clean grocery bags & shopping cart. Free healthy cooking workshops offered - call for details.

45 Eastchester Presbyterian Church

3154 Fish Ave., 10469
718 798 1855

Soup Kitchen: Thu 5:30pm-6:30pm

Food Pantry: 3rd Sat 10am

ID required.

46 POTS - Part of the Solution

2759 Webster Ave., 10458
718 220 4892

Soup Kitchen: Every day 12:30pm-3:30pm

Food Pantry: Mon, Sat 9am-12pm; Sat 3:30pm-5:30pm
Pantry serves 10453, 10457, 10458, 10460, 10463, 10467, 10468. Haircuts: Tue & Thu starting 9am (tickets for slots distributed at 8am). Clothing: Mon, Wed, Fri 10:30am-11:15am. Legal Clinic Intake: Mon, Thu & Fri 9am-11:30am (walk-in, limited slots). Case management Intake: Mon, Tue, Wed, & Fri 9am-3pm.

47 BOOM! Health

540 E. Fordham Rd., 10458
718 295 5605

Food Pantry: Mon-Fri 9am-4pm

48 Jewish Community Council of Pelham Parkway

2157 Holland Ave., 10462
718 792 4744

Food Pantry: Tue-Thu 1pm-4pm

ID preferred. Referrals from other social service providers can be received at all times Mon-Fri.

49 Davidson Community Center

2038 Davidson Ave., 10453
718 731 6360

Food Pantry: Wed 9am-12pm.

Food Pantry Screening Mon, Thu, Fri 9am-12pm with picture ID, proof of address, Medicaid and/or insurance card. Housing, SNAP, tax prep, job readiness, homework help, economic development, dance, art, and cultural classes and services - call for details.

50 Manna of Life/Fellowship Chapel

578 East 166 St., 10456
347 577 5788

Soup Kitchen: Sat 11am-1pm

Food Pantry: Thu, Fri - call Mon-Wed for appointment

51 The Momentum Project at Church of God of Prophecy
 85 East 165th St at Gerard & Walton Aves, 10452
 212 691 8100
Soup Kitchen: Mon 4pm-6:30pm; **Wed** 11am-1pm, 4pm-6:30pm
 Dinner clients must complete intake at 3pm on Wed.

52 The HopeLine
 402 E. 152nd St., 10455
 718 402 1212
Food Pantry: Wed 11am-1pm, 5pm-7pm
 (for working and shelter families only, must provide proof), **Thu** 9:30am-11am
 Serves first 150 people, recommended to arrive half hour before. Clothing bank Tue, Fri 10am-4pm

53 United Bronx Parents Soup Kitchen
 1006 East 151st St., 10455
 718 991 7100
Soup Kitchen: Mon-Fri 2:30pm-4pm
 First come, first served.

54 Salvation Army Bronx Citadel
 425 E. 159th St., 10451
 718 665 8472
Soup Kitchen: Mon, Wed, Fri 1pm-2pm
Food Pantry: Tue 10am-1pm
 ID and proof of address required for pantry. Must live in 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

UPPER MANHATTAN (NORTH OF 59TH ST)

55 New York City Love Kitchen
 3816 9th Ave., 10034
 212 942 4204
Soup Kitchen: Mon-Fri 4:30pm-6:30pm
Food Pantry: 1st, 2nd, 3rd Thu 2pm-3pm
 Photo ID and proof of address required for pantry.

56 JCC of Washington Heights-Inwood
 121 Bennett Ave. #11A, 10033
 212 568 5450
Food Pantry: Tue-Thu 11am-1pm
 Photo ID and proof of address required - serves residents of Inwood-Washington Heights. Families can come once/month. Kosher.

57 Community League of the Heights
 508 W. 159th St., 10032
 212 795 4779
Food Pantry: Wed, Sat 9am-11am
 Picture ID required; can come once per week.

58 Salvation Army Harlem Temple
 540 Lenox Ave., 10037
 212 862 3900
Soup Kitchen: Mon-Fri 11am-12:30pm
Food Pantry: Mon-Fri 10am-3pm
 Pantry serves residents of 10027-10045. Referral, ID & proof of address recommended.

59 Bailey House
 1751 Park Ave., 3rd Floor, 10035
 212 633 2500 x363
Food Pantry: Mon-Fri 9am to 5pm

60 Mt. Olivet Baptist Church Community Meals Program
 201 Lenox Ave., 10027
 212 864 1155
Soup Kitchen: Mon 12pm-1:30pm
Food Pantry: Tue, Wed 10:30am-11:30am
 ID Required for food pantry.

61 Food Bank Community Kitchen
 252 W. 116th St., 10026
 212 566 7855
Soup Kitchen: Mon-Fri 4pm-6pm
Food Pantry: Tue, Thu, Fri 11am-3:30pm, **Wed** 1pm-8pm
 Friday is new intake day, required for 1st time clients; must bring proof of residence, income, and family size; Emergency pantry bags available on Sat 10am-2pm.

62 Broadway Community Inc
 610 W. 114th St., 10025
 212 864 6100 X128
Soup Kitchen: Mon, Wed, Fri 10am-11:45am, 12:30pm-2pm
Food Pantry: Mon 3pm
 Produce Pantry, no referral required. Emergency Pantry Mon, Wed, Fri 4pm - referral required. Referrals distributed 10:30am-1:50pm, can come once/month. Showers, medical services, social services referrals and advocacy, and culinary training program available.

63 New York Common Pantry

8 E. 109th St., 10029
917 720 9710

Soup Kitchen: Mon-Fri 8am-9:30am; **Mon, Weds, Fri** 4:30pm-6pm; **Sat, Sun, Holidays** 4pm-5pm (brown bag)

Food Pantry: Mon-Sat 9am-6pm, **Sun** 2pm-6pm

64 West Side Campaign Against Hunger

263 W. 86th St., 10024
212 362 3662

Food Pantry: Mon, Wed, Thu, Fri 8am-12pm, 1pm-3pm, **Mon** 3pm-6:30pm for working people.

Photo ID preferred. Services for SNAP, SS, domestic violence, vocational training, ESL, HIV/AIDS support, child nutrition, health insurance enrollment, job placement assistance, homeless, legal assistance, mental health, and tax preparation available.

65 Christ and St. Stephen's Church

120 W. 69th St., 10023
212 580 8179

Soup Kitchen: Mon-Fri 9:30am-10:30am (brown bag)
Open holidays.

66 Jan Hus Presbyterian Church Homeless Outreach & Advocacy Program (HOAP)

351 E. 74th St., 10021
212 288 6743

Soup Kitchen: Tue 5:45pm

Food Pantry: Mon-Fri 10am-11:45am, 1pm-3:45pm
ID and proof of address first time. Bring your own bags. Clothing available Mon, Wed, Fri 10am-11:45pm, 2pm-3:45pm. Mail distribution Mon-Fri 8am-5pm. Outreach office open Mon-Fri 10am-4pm. Shower facilities Tues, Thurs 10am-12pm, 2pm-4pm, towels, soap and shampoo provided.

LOWER MANHATTAN (SOUTH OF 59TH ST)**67 Crossroads Community Services at St. Bartholomew's**

108 E. 51st St., 10022
212 378 0229

Food Pantry: Sun, Mon, Wed 5:30pm-6:30pm; **Thu** 10am-2pm; **Sat** 9:30am-11am

Appointment required, call 212-378-0234

68 Sylvia Rivera Food Pantry

446 W. 36th St., 10018
212 629 7440

Food Pantry: Thu 9am-10am; **Tue-Fri** 2pm-3pm (snack bags)

Bring bags. Emergency pantry Tue-Fri 10am-3pm.

69 Holy Apostles Soup Kitchen

296 9th Ave., 10001
212 924 0167

Soup Kitchen: Mon-Fri 10:30am-12:30pm

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

70 New Alternatives for Children

37 West 26th St., 6th Floor, 10010
212 994 7919

Food Pantry: Mon-Fri 2pm-5pm

71 Xavier Mission at the Church of St. Francis Xavier

55 W 15th St., 10011
212 627 2100

Soup Kitchen: Sun 12:45pm-3pm

Seniors and disabled line up on 15th St., all others on 16th St. (elevator for those unable to navigate stairs on 15 St).

Food Pantry: 2nd Sat 10am-11:30am

Customer choice pantry open only to residents of 10001-10003, 10009-10014, 10016. ID and proof of address required. Emergency pantry Mon-Fri 10am-5pm, only available once/6 months, ID required.

72 Trinity Services and Food for the Homeless

602 E 9th St., 10009
212 228 5254

Soup Kitchen: Mon-Fri 11am-12pm

Food Pantry: Mon-Thu 12:30pm-1:30pm

ID for all family members required. Pantry is client choice, may be received once a calendar month.

73 The Door

555 Broome St., 10013
212 941 9090

Soup Kitchen: Mon-Fri 12:15pm-1pm, 5:30pm-6:30pm; **Tue** 12pm-4pm

Only serves young people under age 24, required to become Door member to receive meals - can register at lunch or Mon-Fri 2pm-5pm

74 The Bowery Mission

227 Bowery, 10002
212 674 3456

Soup Kitchen: Every day 8am-9am, 1pm-2pm, 6pm-7pm

Food Pantry: Mon-Fri 9am-11am

Other social services provided, call or visit for details.

75 Trinity Church Brown Bag Program

75 Broadway, 10271
212 602 0800

Soup Kitchen: Sun 2pm, **Mon, Tue, Thu-Sat** 12:45pm-1:15pm (brown bag meals)

Fri and Sat at St. Paul's Chapel 209 Broadway

LOWER BROOKLYN (BELOW PROSPECT PARK)**76 Shorefront Jewish Community Council**

128 Brighton Beach Ave., 4th floor, 11235
718 743 0575

Food Pantry: Mon-Thu 9am-5pm, **Fri:** 9am-2pm

Food is kosher.

77 Haber House Senior Center

3024 W. 24th St., 11224
718 372 5731

Food Pantry: Mon-Thu 8:30am-4:30pm, **Fri** 8:30am-1:30pm

Upon availability - call first to confirm. Kosher only.

78 Salt and Sea Mission

2417 Stillwell Ave., 11223
718 372 3576

Food Pantry: Tue, Thu 12pm-2pm

ID and proof of residence required.

79 Kings Bay YM-YWHA, Inc.

3495 Nostrand Ave., 11229
718 648 7703

Food Pantry: Mon-Fri 9am-5pm

80 My Brother's Keepers Those Who Care, Inc.

1770 Flatbush Ave., 11210
347 312 6392

Food Pantry: Sat 1pm-3pm

Call for appointment for emergencies. ID preferred, clothing bank at same time, referrals for other social services offered.

81 Masbia of Flatbush

1372 Coney Island Ave., 11230
718 972 4446

Soup Kitchen: Sun-Thu, 4pm-8:30pm

Food Pantry: Thu 4pm-8:30pm

Meals are Kosher. All locations closed Fri & Sat. Referral letter preferred for continued services.

82 Masbia of Boro Park

4114 14th Ave., 11219
866 962 7242

Soup Kitchen: Sun-Thu 3pm-7:30pm

Food Pantry: Sun-Thu 3pm-7:30pm

Meals are kosher. All locations closed Fri & Sat.

83 Salvation Army Bay Ridge

252 86th St., 11209
718 238 2991

Food Pantry: Mon-Thu 8:30am-3:30pm

By appointment only. Photo ID and proof of address required.

84 Reaching Out Community Services Inc.

7708 New Utrecht Ave., 11214
718 373 4565

Food Pantry: Mon-Fri 10am-5pm

Call first to confirm. Food stamp assistance is available - bring photo ID, benefits card, and utility bill to apply. Call first for appointment, 718-373-4565 ext 101.

- 85 Bay Ridge Center**
411 Ovington Ave., 11209
718 748 0873
Soup Kitchen: Mon-Fri 12pm-2pm (brown bag)
Food Pantry: 1st Mon 10am-3pm
ID and proof of address required for pantry.
- 86 Salvation Army Sunset Park Corp.**
520 50th St., 11220
718 438 1771
Soup Kitchen: Mon-Fri 12pm-1pm
Food Pantry: Mon-Thu 1:30pm-4:30pm, **Fri** emergencies
Appointment necessary for pantry - call or visit office
Mon-Fri 9am-5pm. ID and proof of residence in 11215,
11218-11220, 11231, 11232 required for pantry.
- 87 Light House of Hope Food Pantry**
602 E. 89th St., 11236
347 742 7651
Food Pantry: Sat 10am-1pm
ID required.
- 88 Christian Fellowship S.D.A. Church**
777-779 Schenectady Ave., 11203
718 756 3950
Soup Kitchen: Mon-Wed 5pm-6pm
Food Pantry: Wed 10:30am-12:30pm
- UPPER BROOKLYN (ABOVE PROSPECT PARK)**
- 89 Church of God of East Flatbush**
409 East 95th St., 11212
718 385 1043
Soup Kitchen: Sat 11am-1pm
Food Pantry: Sat 11am-1pm
- 90 Church of God of Prophecy**
71 Malta St., 11207
718 649 5533
Soup Kitchen: Tue 5:30pm-7pm
Food Pantry: Tue 5:30pm-7pm
- 91 Isaiah's Temple of Mt. Hope**
862 Glenmore Ave., 11208
718 850 1499
Soup Kitchen: Tue, Thu 2pm-4pm
Food Pantry: Thu 2pm-4pm
- 92 Neighbors Together**
2094 Fulton St., 11233
718 498 7256
Soup Kitchen: Mon-Fri 12pm-2pm, **Mon-Thu** 4pm-6pm,
Fri 9am (seniors only)
Social services Mon-Fri 10am-3pm. Case managers
provide numerous social services, including assistance
with housing, public benefits, SNAP, taxes, health and
mental health care, legal services, job training, and more.
On-site clinics provide benefits, health and legal services.
- 93 Food First**
165 Conover St., entrance on Wolcott St., 11231
718 624 1950
Food Pantry: Wed 11am-1pm, **Fri** 10am-12pm
Photo ID required.
- 94 CHIPS - Park Slope Christian Help**
200 4th Ave., 11217
718 237 2962
Soup Kitchen: Mon-Fri 9:30am-11am, light breakfast;
11:30am-1pm, hot meal; 1pm-3:30pm, sandwiches.
Food Pantry: Fri 11:30am-1pm
- 95 Catholic Charities Brooklyn Community Center**
191 Joralemon St., 1st Floor, 11201
718 722 6002
Food Pantry: Tue, Thu 9:30am-3pm
ID required for all household members. Proof of residence
in Brooklyn required.
- 96 Teen Challenge, Inc**
444 Clinton Ave., 11238
718 789 1414
Soup Kitchen: Mon-Thu 3:30pm-4:45pm
Food Pantry: 1st, 2nd Sat 10am-12pm

- 97 Hebron SDA Church**
1256 Dean St., 11216
718 778 6454
Soup Kitchen: Sun 12:30pm-2pm
Food Pantry: Wed 9am-10:30am
No distribution on 5th Weds.
- 98 St. John's Bread and Life**
795 Lexington Ave., 11221
718 574 0058 x240
Soup Kitchen: Mon-Fri 8am-1pm
Food Pantry: Mon-Fri 8am-12pm
Not open major federal holidays. Pantry closed 1st Fri of every month. ID and proof of address required.
- 99 Salvation Army Bedford Temple Corps**
601 Lafayette Ave., 11216
718 622 9020
Food Pantry: Wed 10am-12pm
Photo ID & proof of address required at first visit-after first visit only photo ID required.
- 100 Transfiguration Church**
280 Marcy Ave., 11211
718 782 8181
Food Pantry: Mon-Thu 9am-12pm
Picture ID required. Food provided once a month. Serves clients from 11211 and 11206.
- 101 Trinity Human Services Corp.**
153 Johnson Ave., 11206
718 388 3176
Food Pantry: Tue-Fri 9am-12pm, 1pm-4pm
Bring ID and proof of address.
- 102 Greenpoint Reformed Church**
136 Milton St., 11222
718 383 5941
Soup Kitchen: Wed 6pm-7pm
Food Pantry: Thu 8am-11am
ID preferred for food pantry. Closed 5th Thursday.

WESTERN QUEENS

- 103 St. Margaret Mary Church Food Pantry**
9-18 27th Ave., 11102
718 721 9020
Food Pantry: Tue-Thu 11am
Only serve residents of 11102 zip code.
- 104 Hour Children Food Pantry**
In parking lot on 11th St. between 36th & 37th Ave., 11106
718 482 8226
Food Pantry: Mon 2pm-4pm, **Tue** 10:30am-12:30pm, **Thu** 4pm-6pm
Call before going. Photo ID and proof of residence required. Please bring your own bag.
- 105 Salvation Army Astoria Food Pantry**
45-18 Broadway, 11103
718 721 9046
Food Pantry: Wed 8am-10am
ID and proof of address required.
- 106 Iglesia Alianza Cristiana Misionera Ebenezer**
39-18 47th Ave., 11104
718 729 1944
Food Pantry: Sat 11am-12pm, **Sun** 3pm-4pm
- 107 ACQC (AIDS Center of Queens County), Woodside**
62-07 Woodside Ave., 3rd Floor, 11377
718 472 9400
Food Pantry: Tue-Thu 10am-12pm
Arrive early to get a ticket, first come first served-only 60 people will be served. ID required.
- 108 Atonement Lutheran Church**
30-61 87th St., 11369
718 639 6074
Food Pantry: Thu 9am-10am
- 109 Mt. Olivet Gospel Church**
33-27 97 St., 11368
718 478 0780
Food Pantry: Wed 5:30pm-6:30pm
ID required. Bring bags.

110 New Life Food & Clothing Pantry
 82-10 Queens Blvd., 11373
 718 424 0122
Soup Kitchen: Tue 6pm-8pm, Thu 6pm-7:30pm, Sat 10am-12pm
Food Pantry: Tue 6pm-8pm, Sat 10am-12pm
 Photo ID required. Soup Kitchen for homeless. Inside New Life Fellowship Church, located in Old Elks Club.

111 La Jornada
 135-32 38th Ave., 11354
Food Pantry: Sat 3pm-4pm

112 Sacred Heart R.C.
 83-17 78th Ave., 11385
 718 821 3285
Food Pantry: Mon-Thu 9am-4pm
 Open to Glendale residents only. Proof of address, photo ID, and proof of SNAP required. Follows Catholic school schedule-closed summers, winter break, spring break.

113 Queens Jewish Community Council
 119-45 Union Turnpike, 11375
 718 544 9033
Food Pantry: Mon-Thu 11am-3pm
 Photo ID preferred. Food is kosher.

EASTERN QUEENS

114 The River Fund
 89-11 Lefferts Blvd., 11418
 718 441 1125
Food Pantry: Sat 7am-11am
 Benefits Enrollment & Recertification Mon-Fri 9am-4pm, Sat by appointment only.

115 Jamaica Service Program for Older Adults
 92-47 165th St., 11433
 718 657 6618
Food Pantry: Mon-Fri 8:30am-4:30pm.

116 Walk in Love Family Center
 202-11 Jamaica Avenue, 11423
Food Pantry: Wed 1pm-3:30pm, Thu 5pm-6:30pm, Sun 1pm-3pm
 Distribution is while supplies last.

117 First Church of God in Christ
 187-10 Baisley Blvd., 11412
 718 712 4831
Soup Kitchen: Wed 12pm-1:30pm
Food Pantry: Thu 1:30-3pm
 ID required for pantry.

118 Greater Allen A.M.E. Cathedral of New York
 111-54 Merrick Blvd., 11433
 718 206 4600
Soup Kitchen: Mon, Thu 11am-1pm
Food Pantry: Mon, Thu 11am-1pm

119 The Harding Ford Vision, Inc
 110-12 Liverpool Street, 11435
 347 661 7382
Food Pantry: Wed 10am-2pm, Sat 2pm-4pm

120 Morris Brown AME Church - Helping Hand
 145-03 Rockaway Blvd., 11436
 718 322 7596
Soup Kitchen: Sat 1pm-2pm
Food Pantry: Wed 10am-12pm
 ID preferred for pantry.

121 Jewish Community Council of the Rockaway Peninsula
 1525 Central Avenue, 11691
 718 327 7755
Food Pantry: Tue, Thu 9:30am-1:30pm
 ID required. Can come once/month.

STATEN ISLAND

122 Project Hospitality
 514 Bay St., 10304
 718 815 0800
Soup Kitchen: Tue, Thu 12pm-1pm
Food Pantry: Tue 9am-11am, 1pm-3pm; Thu 9am-11am
 Photo ID & proof of address required, bring your own bags.

- 123 Salvation Army Stapleton**
15 Broad Street, 10304
718 448 9604
Soup Kitchen: Mon, Fri 11am-12pm
Food Pantry: Tue-Thu 12:30pm-3pm by appt. only
ID with proof of address required. Closed all major federal holidays.
- 124 Salvation Army Port Richmond Corps**
1295 Forest Ave., 10302
718 442 2145
Soup Kitchen: Mon, Wed, Fri 11:30am-12:30pm
Food Pantry: Mon, Tue, Thu 10am-2pm
Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301, 10302, 10303, 10310, 10311, 10313 and 10314.
- 125 Jewish Community Center of Staten Island**
1466 Manor Rd., 10314
718 475 5242
Food Pantry: Mon-Thu 10:30am-6:30pm, **Fri** 10am-12pm
By appointment only, ID required.
- 126 St. Edward's Food Pantry**
6581 Hylan Blvd., 10309
718 984 1625
Food Pantry: Mon, Wed, Sat 10am-1pm
Proof of address and proof of child presence in home required for first time registration. Photo ID required. Can come to pantry once every two weeks.
- 127 St. Paul's Methodist Church South Shore Food Pantry**
7558 Amboy Road, 10307
718 227 2485
Food Pantry: Tue, Thu 10am-2pm
Must call and make an appointment first, proof of address required.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

BRONX

- 128 Harvest Home Co-op City Market**
Asch Loop & Aldrich St., 10475
Wed 8am-4pm, Jul 6-Nov 23
- 129 Harvest Home Jacobi Hospital Market**
Jacobi Hospital (1400 Pelham Parkway), 10461
Tue, Fri 8am-4pm, May 10-Nov 22
- 130 Harvest Home North Central Bronx Market**
Mosholu Parkway & Jerome Ave., 10467
Wed 8am-4pm, Jul 6-Nov 23
- 131 La Familia Verde Farmers' Market**
E. Tremont Ave & LaFontaine Ave (in Tremont Park), 10457
Tue 8am-3pm, Jul 5-Nov 8
- 132 Lincoln Hospital Greenmarket**
149 St. between Park Ave. & Morris Ave., 10456
Fri 8am-3pm, Jun 24-Nov 18
- 133 La Finca del Sur/South Bronx Farmers' Market**
138 St. between Willis and Alexander, 10451
Sat 10am-4pm, Jun 18-Nov 19
- 134 Mott Haven Farmers' Market**
Padre Plaza Community Garden, 139 St. and St. Ann's Ave., 10454
Tue 10am-5pm, Jul 5-Nov 8

MANHATTAN

- 135 175th Street Greenmarket**
175 St. between Wadsworth and St. Nicholas, 10033
Thu 8am-5pm, Jun 30-Nov 17
- 136 Grass Roots Farmers' Market**
W. 145th St. & Edgewcombe Ave., 10030
Tue, Sat 9am-4pm, Jul 5 -Nov 26
- 137 Harvest Home Harlem Hospital Market**
506 Lenox Ave. between W. 135 and W. 137 St., 10037
Fri 8am-6pm, year round
- 138 Morningside Park Down to Earth Farmers' Market**
110th St. & Manhattan Ave., 10025
Sat 9am-5pm, Apr 23-Dec 17
- 139 82nd Street Greenmarket**
E 82 St., between 1 Ave. and York Ave., 10028
Sat 9am-2:30pm, year round
- 140 79th Street Greenmarket**
Columbus Ave. between 78 and 81 St., 10024
Sun 9am-4pm, year round. EBT 9am-3pm only. Closed Christmas and New Years Day.
- 141 Rockefeller Center Greenmarket**
Rockefeller Plaza between W. 50 St. & W. 51 St., 10112
Wed, Thurs, Fri 8am-5pm Jul 20-Oct 14
- 142 Dag Hammarskjold Plaza Greenmarket**
E. 47th St. & 2 Ave., 10017
Wed 8am-4pm, year round. EBT 8am-3pm only, closed Sep 21
- 143 Union Square Greenmarket**
E. 17 St. & Broadway, 10003
Mon, Wed, Fri, Sat 8am-6pm, year round. EBT 9am-4pm only. Closed Fri after Thanksgiving.
- 144 Staten Island Ferry/Whitehall Greenmarket**
4 South St. (inside terminal), 10004
Tue, Fri 8am-7pm, year round

BROOKLYN

- 145 Harvest Home Coney Island Hospital Market**
Ocean Parkway between Ave Z & Shore Rd., 11235
Wed, Fri 8am-4pm, Jun 15-Nov 25
- 146 Bensonhurst Greenmarket**
81 St. & 18 Ave., 11214
Sun 9am-4pm, Jun 5-Nov 20
- 147 Sunset Park Greenmarket**
59 St. & 4 Ave., 11220
Sat 8am-3pm, Jul 9-Nov 19
- 148 Cortelyou Greenmarket**
Cortelyou Rd. and Rugby Rd., 11226
Sun 8am-3pm, year round. EBT 8am-2pm only. Closed Christmas and New Years Day.
- 149 Red Hook Farmers' Market**
Columbia St. and Halleck St., 11231
Sat 8am-4pm, Jun-Nov
- 150 Brooklyn Borough Hall Greenmarket**
Court St. and Montague St., 11201
Tue, Thu, Sat 8am-4pm, year round. EBT Sat 8am-2pm only. Closed Thanksgiving.
- 151 Grand Army Plaza Greenmarket**
Northwest entrance to Prospect Park, at Flatbush Ave. and Prospect Park West, 11217
Sat 8am-4pm, year round. EBT 8am-2pm only.
- 152 Youth Farm Market**
Kingston Ave. between Rutland and Withrop, 11203
Wed 2:30pm-6:30pm, Jun 22-Nov 9.
- 153 East New York Farms! Farmers' Market**
New Lots Ave. & Schenk Ave., 11207
Sat 9am-3pm, Jun-Nov
- 154 Malcolm X Blvd Community Farmers' Market**
Malcolm X Blvd between Chauncey and Marion, 11233
Sat 7am-4pm, Jul 9-Nov 12
- 155 Walt L. Shamel Farmers' Market**
Dean St. between Bedford and Franklin, 11216
Sat 8am-3pm, Jul-Oct

- 156 Harvest Home Marcy Park Market**
Myrtle & Marcy Aves., 11206
Thu 8am-4pm, Jul 7-Nov 17
- 157 Bushwick Farmers' Market-Maria Hernandez Park**
Knickerbocker Ave. and Starr St., 11237
Sat 9am-4pm, Jul-Nov
- 158 Greenpoint/McCarren Park Greenmarket**
Union between Driggs and N12th St., 11222
Sat 8am-3pm, year round. EBT 8am-2pm only.

QUEENS

- 159 Socrates Sculpture Park Greenmarket**
Vernon Blvd. & Broadway, 11106
Sat 8am-4pm, Jun 4-Nov 19
- 160 Sunnyside Greenmarket**
Skillman Ave. - 42 St. & 43 St., 11104
Sat 8am-2pm, year round. EBT 8am-1pm only.
- 161 Jackson Heights Greenmarket**
34 Ave. between 77 St. & 78 St., 11372
Sun 8am-2pm, year round. EBT 8am-1pm only. Closed Christmas and New Years Day.
- 162 Corona Greenmarket**
Roosevelt Ave. & 103 St., 11368
Fri 8am-3pm, Jul 8-Nov 18
- 163 Queens Botanical Gardens Down to Earth Farmers' Market**
Sidewalk outside Garden, Dahlia Ave.. at Main St., 11355
Fri 8:30am-4pm, Jun 17-Nov 18
- 164 Forest Hills Greenmarket**
70 Ave. & Queens Blvd. (Post Office), 11375
Sun 8am-2pm, year round. EBT 8am-1pm only. Closed Christmas and New Years Day.
- 165 Jamaica Down to Earth Farmers' Market**
Jamaica Ave. and Parsons Blvd./160 St., 11432
Fri 8:30am-4pm (at Parsons), Sat 8:30am-4pm (at 160 St.), Jun 17-Nov 19
- 166 Edgemere Farm Market**
Beach Channel Dr. and Beach 45 St., 11691
Sat 10am-2pm, May 14-Oct 29

STATEN ISLAND

- 167 St. George Greenmarket**
St. Marks Pl. & Hyatt St., 10301
Sat 9am-1pm, year round
- 168 Staten Island Mall Greenmarket**
Richmond Ave. entrance (parking lot), 10314
Sat 8am-3pm, Jun 4-Nov 19

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

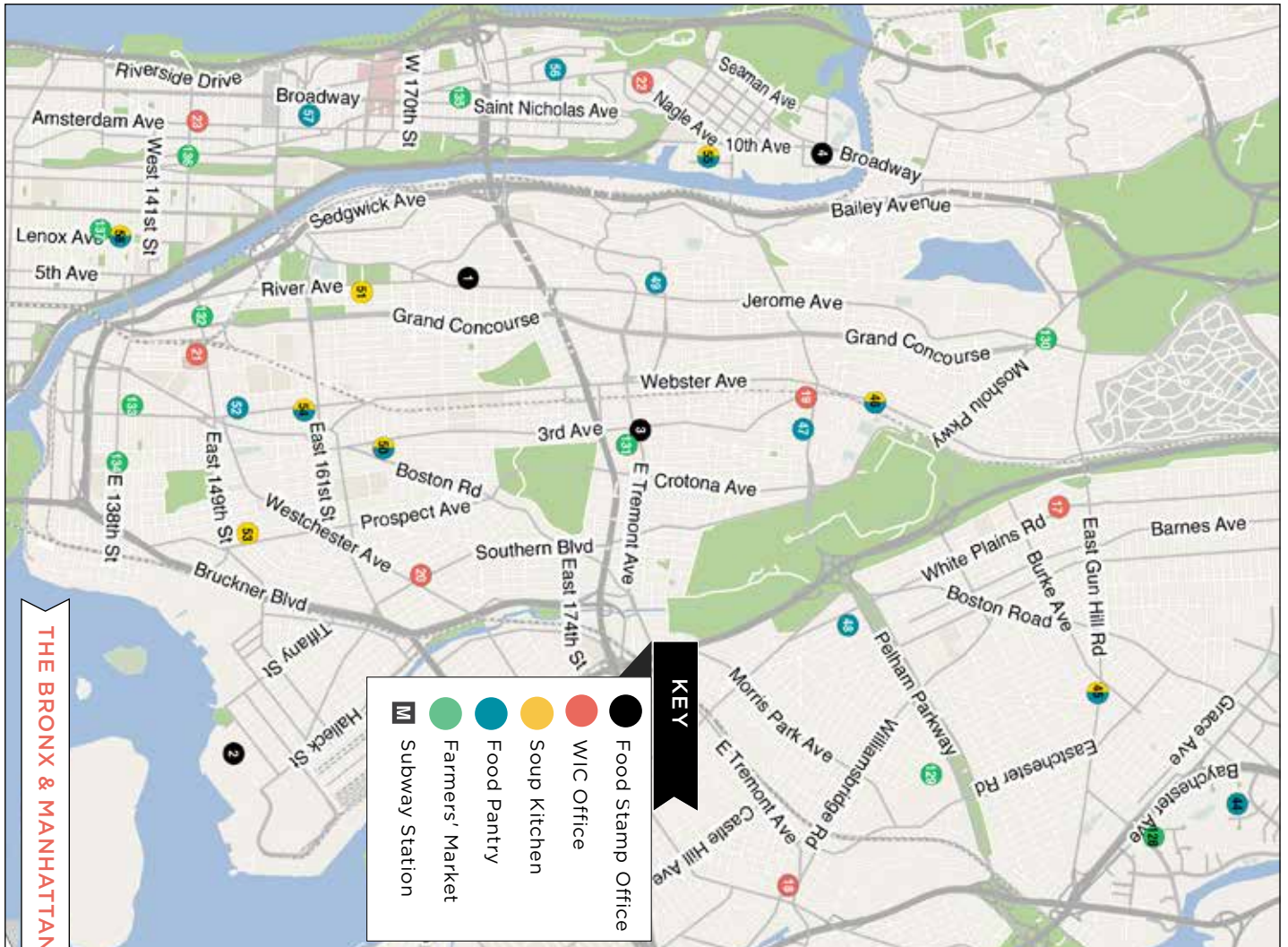
Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food







Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

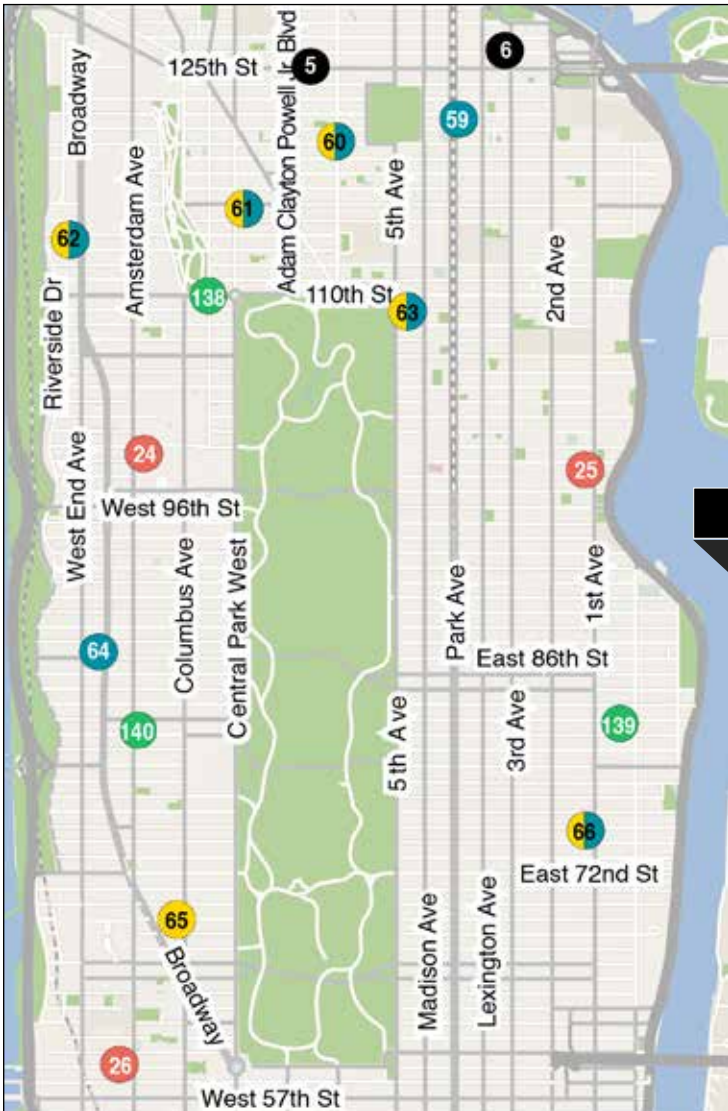
Web: www.justfood.org/csalloc



KEY

-  Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market
-  Subway Station

THE BRONX & MANHATTAN



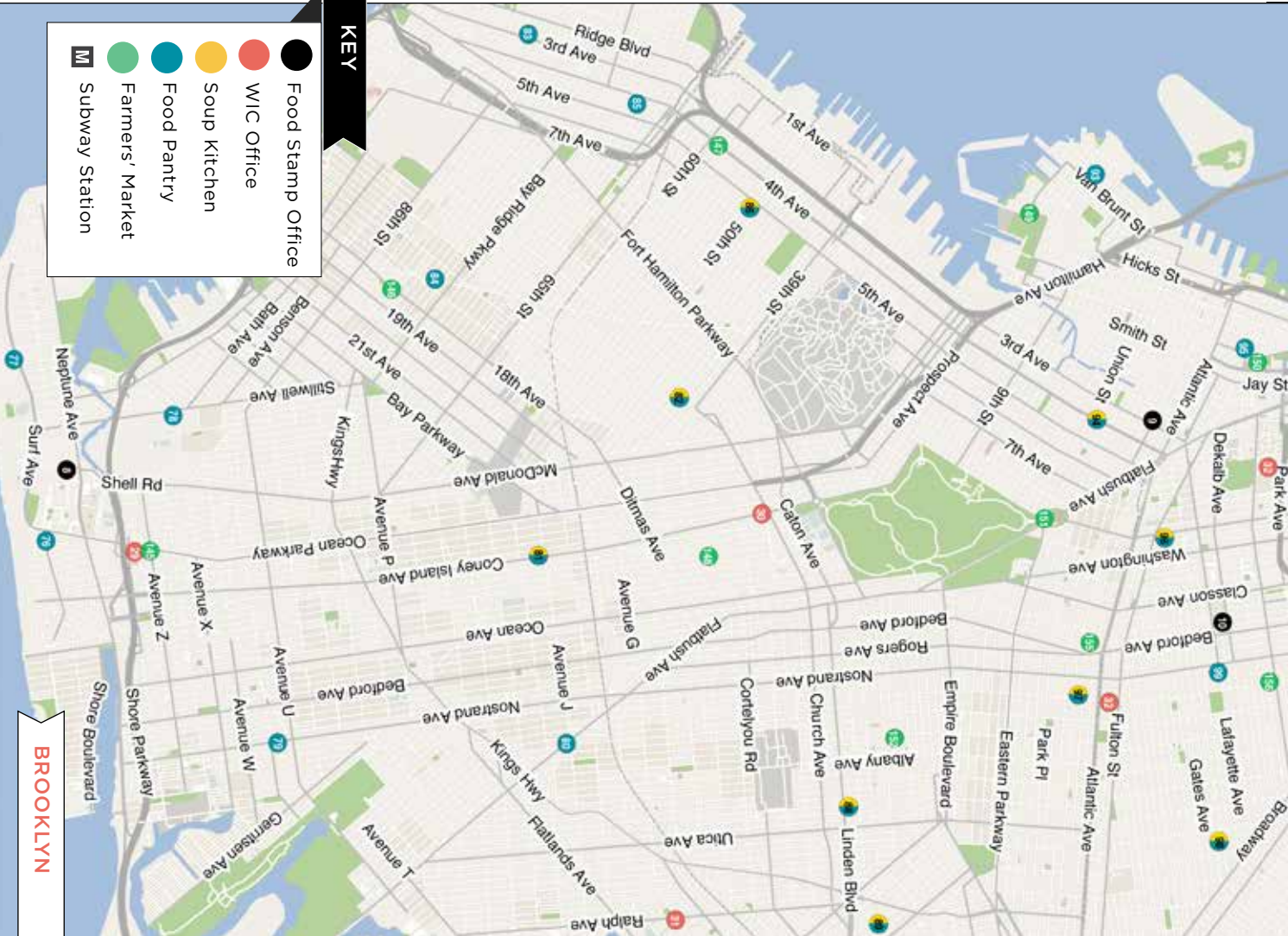
KEY

- Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market
- Subway Station

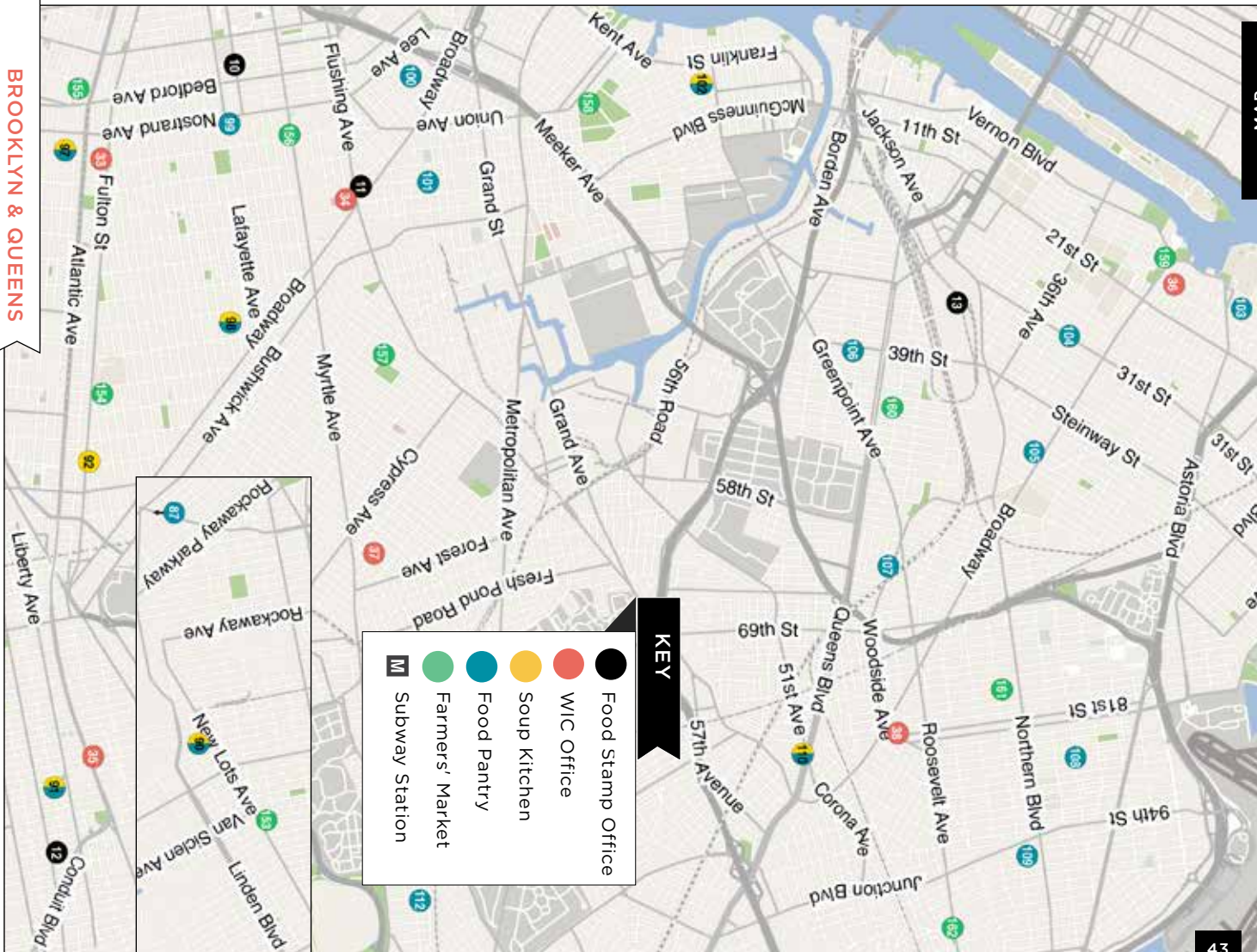
MANHATTAN

KEY

- Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market
- Subway Station



BROOKLYN

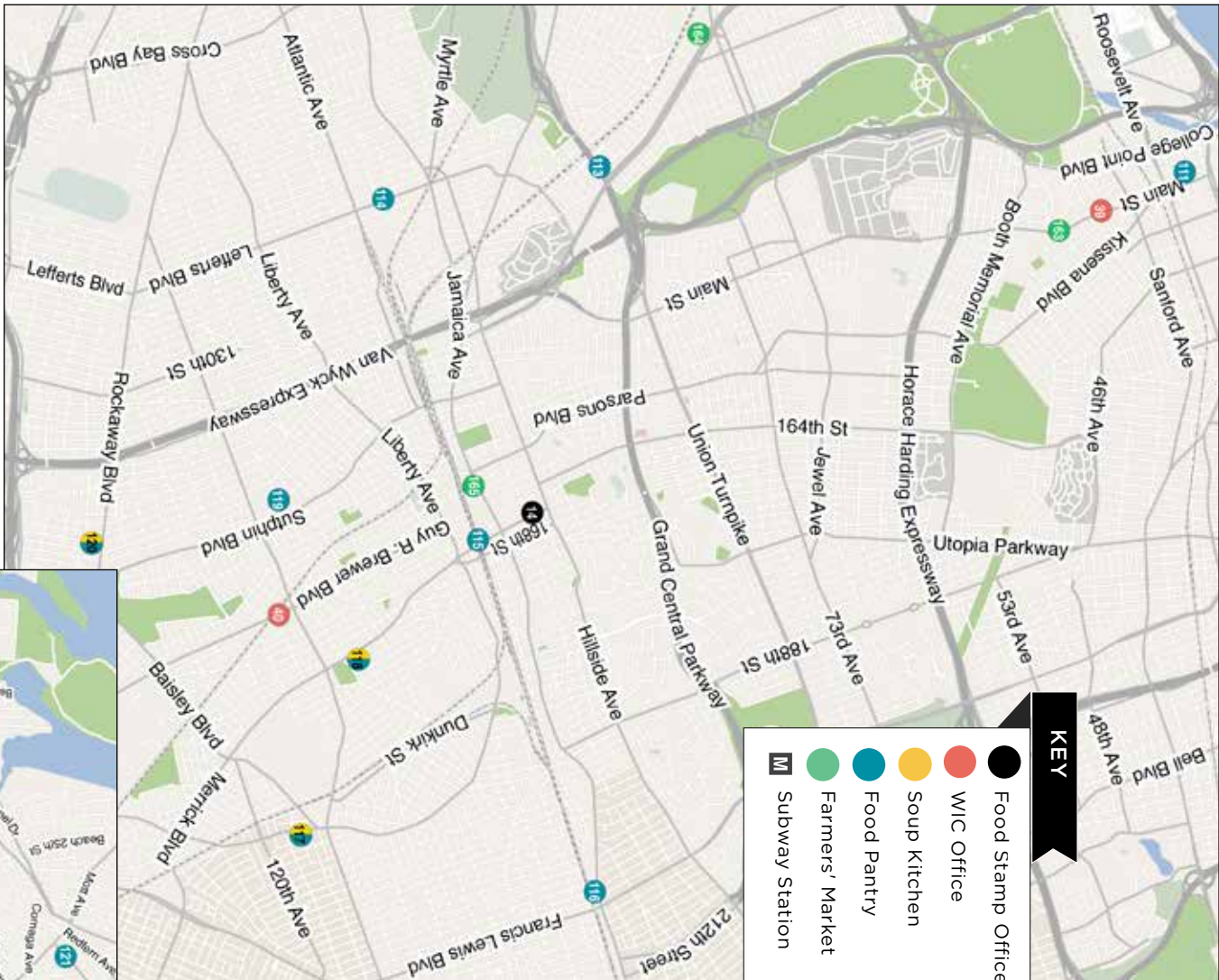


KEY

- Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market
- M Subway Station



QUEENS



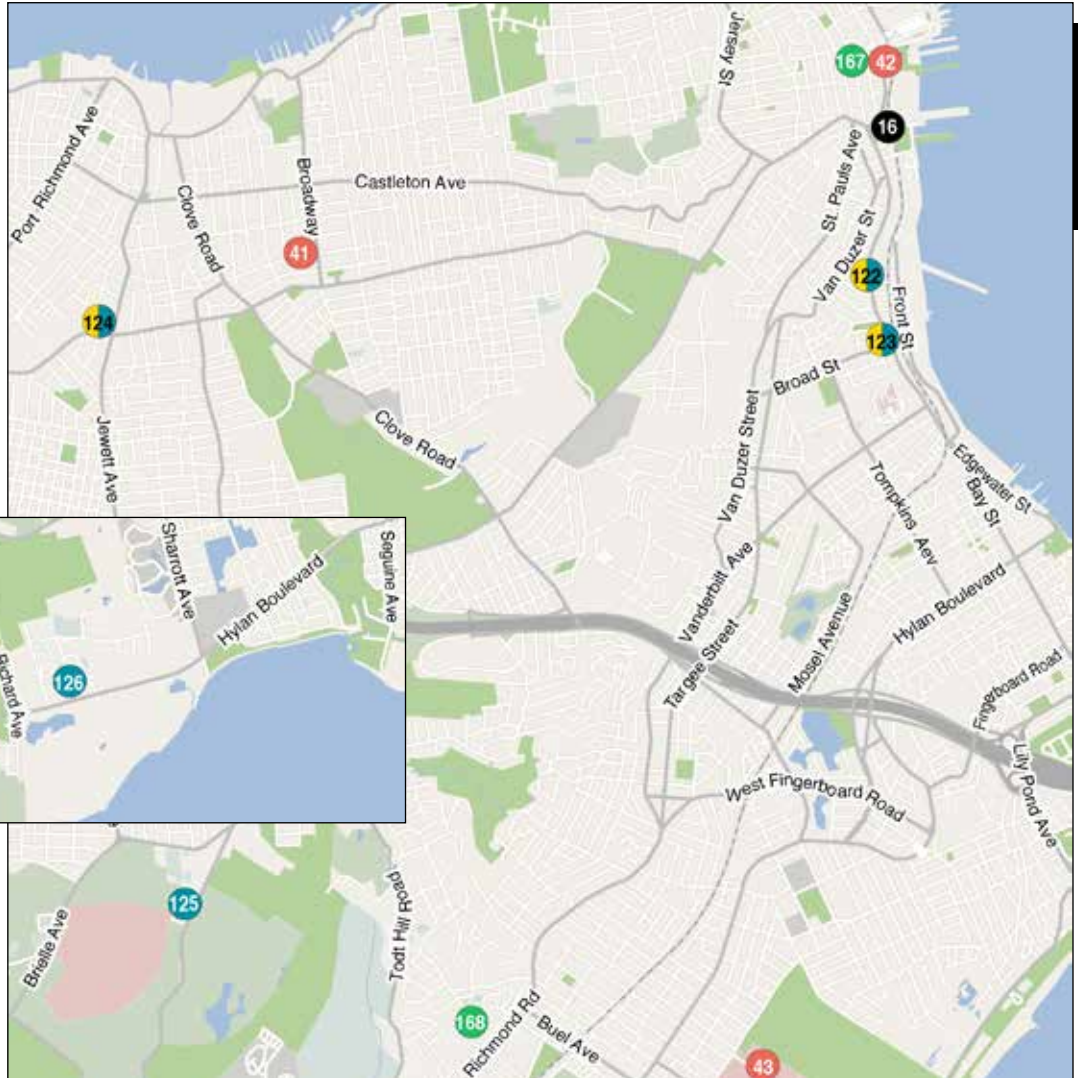
KEY

- Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market
- M Subway Station



KEY

-  Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market
-  Subway Station



STATEN ISLAND

OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

BRONX

Lincoln Medical & Mental Health Center
234 E. 149 St., 10451
General Info 718 579 5000

North Central Bronx Hospital
3424 Kossuth Ave. & 210 St., 10467
General Info 718 519 5000

Jacobi Medical Center
1400 Pelham Parkway South, 10461
General Info 718 918 5000

MANHATTAN

Harlem Hospital Center
506 Lenox Ave., 10037
Patient Info 212 939 5000
General Info 212 939 1000

**Community Healthcare Network
Helen B. Atkinson Health Center**
80 W. 115 St., 10026
General Info 212 426 0088

Mt. Sinai Hospital
1190 5 Ave. at 101 St., 10029
General Info 212 241 6500

Bellevue Hospital
462 1 Ave., 10016
General Info 212 562 5525

Gouverneur Hospital
227 Madison St., 10002
General Info 212 238 7000

New York-Presbyterian Lower Manhattan Hospital
170 William St., 10038
General Info 212 312 5110

Judson Health Center
34 Spring St., 10012
General Info 212 925 5000

Ryan-NENA Community Health Center
279 E. 3 St., 10009
General Info 212 477 8500
Call first to confirm that doctors are available.

BROOKLYN

Kings County Hospital Center
451 Clarkson Ave., 11203
General Info 718 245 3131

Woodhull Medical Center
760 Broadway, 11206
General Info 718 963 8000

Coney Island Hospital
2601 Ocean Parkway, 11235
General Info 718 616 3000

Maimonides Medical Center
4802 10 Ave., 11219
General Info 718 283 6000

Lutheran Medical Center
150 55 St., 11220
General Info 718 630 7000

Greenpoint Community Health Center
875 Manhattan Ave., 11222
General Info 718 630 3220

Williamsburg Health Center
279 Graham Ave., 11211
General Info 718 782 5725

Bushwick Health Center
1420 Bushwick Ave., 11207
General Info 718 919 1200

QUEENS

Elmhurst Hospital Center
79-01 Broadway, 11373
General Info 718 334 4000

Ridgewood Medical Center
769 Onderdonk Ave., 11385
General Info 718 334 6190

Junction Medical Center
34-33 Junction Blvd., 11372
General Info 718 334 6150

Queens Hospital Center
82-68 164 St., 11432
General Info 718 883 3000

Jamaica Hospital
8900 Van Wyck Expressway, 11418
General Info 718 206 6000

Queens Health Network Medical Center at Springfield Blvd.
134-64 Springfield Blvd., 11413
General Info 718 334 6801

Joseph P. Addabbo Family Health Center
6200 Beach Channel Dr., 11692
General Info 718 945 7150

STATEN ISLAND

Stapleton Family Health Center
111 Canal St., 10304
General Info 718 390 0712

Staten Island University Hospital South Site
375 Seguine Ave., 10309
General Info 718 226 2000

Mariner's Harbor Family Health Center
2040 Forest Ave., 10303
General Info 718 761 2060

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in MediCaid, Medicare and other plans.

General Info 866 694 9809

Bronx 2831 3 Ave., 10455; 301 E. Fordham Rd., 10458

Manhattan 1307 St. Nicholas Ave., 10033; 57 Division St., 10002

Brooklyn 2230D Church Ave., 11226; 5221 8 Ave., 11220

Queens 41-46 Main St., 11355; 37-06 74 Ave., 11372; 168-22 Jamaica Ave., 11432; 21-03 Mott Ave., 11691

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon – Thu 9am - 5pm, **Fri** 9am - 1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 9-1-1

Emergency Shelter: 3-1-1

Homeless Hotline: 800 994 6494, 212 533 515

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Seniors Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better?
Email guides@hungerfreenyc.org.